



Congregation Tikkun v'Or

Ithaca Reform Temple
Spirit • Community • Justice

Newsletter Issue 198

March-April 2017

אדר - ניסן - אייר

From Rabbi Brian Walt

Dear Friends,

As you may know, Caryn and I have been living in Boston since the middle of January. Caryn is on sabbatical and has a fellowship for this semester at Harvard, so we will be in Boston through May. One of the things that I have appreciated about living in a big city is the wide variety of options, including the opportunity to attend services in different synagogues, especially at this disturbing time.

So far we have attended two different synagogues and I have been struck by how these congregations, like ours, are providing people with a loving and sacred place to share our concern and to encourage and inspire one another. Synagogues are now more than ever before becoming communities that provide opportunities for activism.

On the Friday night of the Inauguration, I went to an inspiring, ecstatic chanting Kabbalat Shabbat service led by a rabbinical student attended by 200 or more mostly young people. People were crying and dancing, pouring our emotional and spiritual response to the changes in the country into the service. It was amazing to witness the energy among this next generation of Jews and the creative way in which they integrated spirit, justice and community.

I have also had other opportunities to connect with young Jewish activists over this time and their creativity and commitment is particularly inspiring to me. They are creating new spiritual/activist Jewish music, prayer and activism.

This past Saturday, as we entered the synagogue for a Shabbat morning service, we were given a flyer about the initial meeting of a new synagogue group called Resist that held its first organizing meeting this week. The service itself was suffused with inspiration about taking care of one another at this time and about various outreach and activist initiatives that the congregation was engaged in to protect American democracy.

Last week, I went to New York to participate in a convening of 200 rabbis organized by Rabbis for Human Rights at which we shared and explored spiritual, educational and other resources to help us and our communities respond to this critical moment. On Monday night, I participated in a march to the Trump Hotel in support of immigrants. It was inspiring to walk down Broadway with a group of Jews, many holding signs like “our people were refugees,” and “you shall love the stranger.” As we passed Zabars and other stores on Broadway,



continued on next page

there were so many people who expressed their support. The march ended at the Trump Hotel where nineteen of my rabbinic colleagues were arrested in an act of civil disobedience that was widely covered on TV.

And, although I haven't come to Ithaca in January or February for several years now, this year I have particularly missed not being with you during this critical time. I have been so inspired by the way our community has responded to this moment in time: the beautiful *aleinu* statement that appeared in The Ithaca Journal, the meetings with the Muslim community, the upcoming workshop offered by Judy Saul on difficult conversations, the ongoing work on racial justice and much more. I am really looking forward to my upcoming visits in March and April and hope to share and teach some of what I have learned and explore with you the rich resources that our tradition has to offer us at this time.

One of the most important things religious communities offer at disheartening times is a vision and a sense of hope. The *aleinu* statement was such a vision and our community has just finalized the text of a congregational mission statement, entitled "Spirit Justice and Community." The statement is an inspiring vision of our values and goals as a community. You will find a letter from Shawn and Miranda below, and the statement on the facing page. I trust you will find it inspiring.

I know this has been a turbulent and challenging time for all of us. I look forward to seeing you very soon and joining together in prayer, song, conversation and committed action that helps to build a world of love, justice, dignity and peace for all.

Shalom,
Rabbi Brian

Co-Presidents' Words

דברי הנשיא

It is with great pride and excitement that we are writing to share our new TVO mission statement "Spirit, Community and Justice." We include it here in this newsletter, as well as on our website under "About Us / Core Values." This mission statement is the product of many hours of deep conversation among the leadership and members of our congregation over the past two years. We have wrestled to define our highest aspirations, the core values that we share. Along the way we engaged in the difficult process of listening to one another, sometimes across some passionately held differences. The process itself was sacred and we all grew and benefited from what was at times, a challenging conversation. What we created collectively, is more meaningful than anything we could have written individually.

We encourage you to read the statement and to reflect on which pieces feel most important to you. Is there a sentence, a word, or a paragraph that touches your heart/mind, that expresses what is most important to you about TVO? Is there something you are not sure about? Like the Torah, or any important communal text, the statement will speak to each of us differently. It is our hope that we can share our responses to it. Our mission statement is a living document and over time, as we change and as our world changes, it too will be open to change.

In this time, where our country is wrestling with a threat to its core values, it feels especially important for us as a religious community to provide a vision of our highest aspirations. May Tikkun v'Or be a place where "love and truth meet" – a compassionate, caring, joyful, generous community dedicated to love, justice and peace for all.

With gratitude and pride,
Shawn Murphy and Miranda Phillips

CORE VALUES:

Congregation Tikkun v'Or (Ithaca Reform Temple) is a vibrant progressive congregation that strives for a warm personal bond among its members, quality education for the children, a dynamic program for adults, and meaningful worship for all. We welcome those from diverse backgrounds, interfaith families, LGBTQ families, people who are newly discovering Jewish connections as well as those with a wide range of Jewish experiences. Our core values are best described by three words: **Spirit, Community, and Justice.**

SPIRIT

At heart, our community embraces living with compassion רחמים (*rachamim*), love תחסד (*chesed*), awe יראה (*yirah*), gratitude תהכרת הטוב (*hakarat hatov*), joy שמחה (*simcha*), and generosity נדיבות (*nedivut*) - Jewish spiritual values that nurture our congregation and each of us as individuals.

We treasure the richness and complexity of our community. Our wide diversity of beliefs and relationships to God are a source of strength and learning. Our congregation is a safe place to share our faith and our doubt as we support one another in our search for meaning and purpose in our lives.

We offer an array of member and rabbi-led religious services on Shabbat and holidays, and educational programs for children and adults.

COMMUNITY

A caring and loving community, we sanctify and celebrate significant moments in our lives within the framework of Jewish ritual and values.

We take to heart “my house is a house of prayer for all people” (Isaiah 56:7) and seek to include, rather than exclude. We welcome interfaith families, LGBTQ people, and others who have been denied full acceptance in the broader community. We treasure the members of our congregation who are not Jewish and celebrate the interfaith character of our community.

The final word of the Shema - *Echad* אחד, all one - resonates as we join hands with other faith communities, community organizations and activist groups to fulfill our shared values.

JUSTICE

Inspired by the Prophetic tradition and the historical experience of the Jewish People, we are dedicated to the pursuit of justice and peace, locally and globally. The Torah teaches that humankind was created in God’s image and we honor this inherent godliness in each person.

Toward that end our community actively seeks to promote racial and economic justice for all, resist Islamophobia, encourage education and dialogue about Israel and Palestine, support refugees in our community, feed the hungry, and protect the environment.

We are dedicated to justice, equality, human rights, and security for people all over the world, and specifically for all Israelis and Palestinians. We are committed to an open and respectful dialogue about these issues and welcome those who feel excluded or silenced by other Jewish communities because of their opinions. Our congregation is enriched by the multiplicity of views of our members.

“Spirit, Community and Justice” are integrated into all aspects of the life of our congregation.

*May we be blessed to witness the day when
“love and truth will meet, justice and peace will kiss.”*

Psalms 85:11

KABBALAT SHABBAT / WELCOMING SHABBAT *Fridays 7:30 p.m. unless otherwise noted*

March 3 Led by Judy Saul

March 10, 6-8 p.m. Purim Celebration

March 17 Led by Cantor Abbe Lyons and kitah vav/zayin (6th and 7th grade)

6:45 dish-to-pass veggie/dairy dinner, followed by 7:30 pm service

Come support our young people - you might be surprised at just how amazing they are! Our middle school students really get into Torah study; You won't want to miss hearing what they come up with for this week's Torah portion which is Ki Tissa: a census, the half-shekel, and the golden calf.

March 24 Led by Rabbi Brian Walt, with Sam Sachs (*see below*)

March 31 Led by Kenny and Duffy Berkowitz

April 7 Led by Carol and Sam Shama

April 14 No services scheduled

April 21 Led by Rabbi Brian Walt, with Sabine Zentner (*see below*)

April 28 Led by Rabbi Brian Walt, with Robby Bael (*see below*)

SHABBAT MORNING

March 4, 9:15-10:30 a.m. Shabbat morning service led by Miranda Phillips

See below for information about Shabbat morning services on March 25, April 22, and April 29

WEEKENDS WITH RABBI BRIAN**Friday, March 24**

7:30 p.m. – 8:30 p.m. Kabbalat Shabbat (Welcoming Shabbat) led by Rabbi Brian and Sam Sachs. Sam Sachs, who is celebrating his Bar Mitzvah this Shabbat, will lead parts of the service with Rabbi Brian. Marnie O'Shae and Lauren Korfine will lead the music. Come join us for a joyful Shabbat service.

After the service, from 8:45-9:20 p.m. Rabbi Brian will teach a passage from the Pesach haggadah with passages from modern and contemporary haggadot that offer new interpretation and meanings to the traditional text. He will focus on ways you may incorporate these ideas into your own seder.

Saturday, March 25 Shabbat Morning Service / Bar Mitzvah of Sam Sachs

8:45-9:30 a.m. Chanting and Silent Meditation with Rabbi Walt

10:00 – 10:40 a.m. Shabbat Morning Service

10:40-12:00 noon Torah Reading

11:20-12:00 noon Torah Study, blessing Sam, concluding prayers and Kaddish.

12:15 p.m. Kiddush/Lunch

Sam Sachs, son of Aaron Sachs and Christine Evans, will be called to the Torah in honor of his bar mitzvah.

This Shabbat is a Shabbat Hachodesh, one of four special Shabbatot before Pesach, on which we read a special passage related to Pesach (Exodus 12:1-20) in addition to the regular Torah portion. The regular Torah portion (Vayakhel-Pekuday) is about Shabbat (the sanctuary in time) and the mishkan (the portable sanctuary in space) that the Israelites carried in the desert. Sam will read section from the special passage about Pesach and two sections from the Torah portion. Following the Torah reading, Sam will share his insights about the Torah reading and invite us all to engage in a short discussion. Samuel Debbie, who celebrated his bar mitzvah one year ago, will also read a section from the Torah.

Friday, April 21 SHABBAT SHEMINI

7:30 p.m. – 8:30 Kabbalat Shabbat (Welcoming Shabbat) led by Rabbi Brian and Sabine Zentner

Marnie O’Shae and Lauren Korfine will lead the music.

We will welcome Brian Cutler on his conversion to Judaism. Please join us in celebrating Shabbat and to mark two important life-cycle ceremonies.

Cantor Jordan Shaner and Katie Richards will be visiting in honor of Brian’s conversion. They will lead some special music in honor of Brian.

Saturday April 22 Shabbat Morning Service / Bat Mitzvah of Sabine Zentner

8:45-9:30 a.m. Chanting and Silent Meditation with Rabbi Walt

10:00 – 10:40 a.m. Shabbat Morning Service

10:40-12:00 noon Torah Reading

11:20-12:00 noon Torah Study, blessing Sabine, concluding prayers and Kaddish

12:15 p.m. Kiddush/Lunch

Sabine Zentner, daughter of Laurie Willick and Alexi Zentner, will be called to the Torah in honor of her bat mitzvah. This Shabbat we read Shabbat Shemini that includes the Biblical rules on which the rules of kosher food are based. Sabine, who is a passionate “foodie” will share her insights about the portion and what it teaches us about food customs and our values in relation to food.

Friday, April 28

7:30 p.m. – 8:30 p.m. Kabbalat Shabbat (Welcoming Shabbat) led by Rabbi Brian. Robby Bael, who is celebrating his bar mitzvah this Shabbat, will lead parts of the service with Rabbi Brian.

Marnie O’Shae and Lauren Korfine will lead the music. Come join us for a joyful Shabbat service.

After the service, from 8:45-9:20 p.m. Rabbi Brian will lead a short discussion session.

Saturday April 29 Shabbat Morning Service / Bar Mitzvah of Robby Bael

8:45-9:30 a.m. Chanting and Silent Meditation with Rabbi Walt

10:00 – 10:40 a.m. Shabbat Morning Service

10:40-12:00 noon Torah Reading

11:20-12:00 noon Torah Study, blessing Robby, concluding prayers and Kaddish.

12:15 p.m. Kiddush/Lunch

Robby Bael, son of Tim Bael and Sandra Thananart, will be called to the Torah in honor of his Bar Mitzvah. The Torah portion Tazria/Metzora tells us how the ancient Israelites dealt with issues of infectious diseases and public health. Robby, the son of two medical professionals, and a person with a wide range of knowledge and an eagerness to share his knowledge and opinions, will comment on what we may learn from this parsha.

Bat and bar mitzvah services are communal events at which we welcome a young person into our community. We hope that many congregants will come to the services and join in welcoming Sam, Sabine, and Robby by celebrating with them and their families.

Adult Education

The Book of Exodus and our National Crisis:

Text Study and Conversation with Rabbi Brian

Rabbi Brian is offering a three-session class on the book of Exodus and how it speaks to our current crisis in America. We will meet three times and study the first three chapters of the book of Exodus. We'll read the text with rabbinic interpretation and midrash, exploring the question what we can learn about ourselves and our own moment in history from the encounter with the text. How could we best respond to the crisis we face, both in the way we take care of ourselves personally and in actions we take to preserve freedom, justice, and dignity for all?

The class will meet on Monday nights from 7-9 p.m.: March 27, April 24, June 12.

Fee: \$20 TVO members, \$30 non-members.

To register, contact info@tikkunvor.org.

Hebrew for Adults

עברית מבוגרים

Join us on a self-paced, independent study journey to learn to read Hebrew, focusing on prayer-book Hebrew. We meet once a month to support and encourage each other, share tricks, ask questions, and read aloud with each other.

Next meeting: March 5, from 10:30-11:15 a.m. at Ithaca Bakery at Triphammer Marketplace.

Contact Lauren Korfine <lkorfine@gmail.com>.

Dinner & a Movie: Season 7 Finale

What? There's only one more Dinner and a Movie left this season? Yes, dearest Dinner & a Movie friends, spring is right around the corner and if you've been counting as we go, that means that the fifth and final evening is coming up! We've had a truly wonderful Season 7 so don't miss one last chance to pile up your plate with Arthur's inspired smorgasbord and schmooze with old friends and soon to be friends. Please join us for all the things that are good about filling up a room with that spirit of curiosity and anticipation that makes a special film a special experience. Last chance!

“Noodle” Saturday, March 18 at 6:30 p.m.

At some other time and place in history, “Noodle” would be a film about loss, about how loss so often leads to the fear of loss and how finding what you've lost can be scary too. And it is, but at this particular moment, it's also a story about immigration and it does something that's difficult to do well - it takes that which is overwhelming, that which is unreal, and holds it right against your heart where you can truly feel it. All that, and true to its title, “Noodle” is a story told simply with good humor and a generous helping of adorable.

Hmmm, I wonder what Arthur will be cooking up for dinner?

Food is served at 6:30 and films begin promptly at 7:00. This is not a publicly advertised event but all human beings are most welcome so feel free to bring friends. There is no charge but a small voluntary donation is requested. Contact Jonathan Plotkin with any questions at 607-227-3618 or jjplotkin@gmail.com.

Religious School

בית ספר תיקון ואור

Students came back to classes in January to a special program about Dr Martin Luther King Jr and Jewish thoughts on peace and justice. Some of their artwork is displayed on the dividers. We also read Patrica Polacco's *The Keeping Quilt* about her family's immigration experience, and made welcoming quilt squares in many different languages.

Current chugim (electives) include laughing about Jewish comedy (thanks to TVO RS alum Joshua Machlin), cooking (delicious challah babka, Tu B'shvat fruit rolls, and pomegranate salad), and writing song parodies ala "cHamilton."

More highlights from our classes:

Gan and Kitah Alef כיתה א (K/grade 1) made their own tzedakah boxes and held a Tu B'shvat seder.

Kitah Bet/Gimel כיתה ב/ג (grades 2/3) are finding some role models in stories about

Ruth Bader Ginsburg, Albert Einstein, Steven Spielberg, and other change-makers.

Kitah Daled/Hey כיתה ד/ה (grades 4/5) considered the words of the Amidah, and the emotional responses of the prophets Jonah and Jeremiah when being called by God to do difficult things. They also held a Tu b'Shvat seder.

Kitah Vav/ Zayin כיתה ז/ו (grade 6/7) connected their own lives to those of Moshe and the Israelites in Egypt, and celebrated Tu b'Shvat with residents of Longview.

In the upcoming months we are looking forward to several b'nai mitzvah services, making Purim crafts with Corinne Stern, and participating in both the TVO Purim Comedy Night on March 10 and the community Purim Carnival on March 12, and musical guest Joshua Davis on March 19.

Membership & Welcoming Committee

ועד החברות

Introducing a new member:

Hallie Mitnick: *I moved back to Ithaca in September of 2015 to work as a staff attorney at Prisoners' Legal Services of New York. I went to Cornell for my undergraduate and have loved returning to Ithaca from NYC after law school. I especially have enjoyed the vibrant Jewish community I found at TvO; from the moment I set foot in the Hangar for Yom Kippur last year, I was made to feel very welcome. TvO is unique in that the value of Tikkun Olam (repairing the world) is at the forefront of so much of our practice of Judaism.*

The best way to support Tikkun v'Or is by becoming a member. For more information contact Ann Wexler <annwex1@gmail.com>

WELCOMING BRUNCH Sunday, March 26 from 10-11:30 a.m.

New and prospective members of TvO are invited to a bagel brunch at the home of Robin and Ed Dubovi (less than one mile from TvO). There will be time to socialize, to learn about TvO, to ask questions. Rabbi Brian will be joining us for part of this event.

If you are interested in attending or would like more information, please e-mail Robin at <robinad@twcny.rr.com> or call 607-227-5550.

*Please join us as our son,
Sam
becomes a bar mitzvah.
Saturday, March 25, 2017 at 10 a.m.
— Aaron Sachs and Christine Evans*

*Laurie Willick and Alexi Zentner
Welcome you to join us
as our daughter,
Sabine Evan Zentner
is called to the Torah as a Bat Mitzvah
Saturday, April 22, 2017
10:00 a.m.*

*We invite you to join us as our son,
Robert Louis
is called to the Torah as a bar mitzvah.
Saturday, April 29, 2017,
at 10:00 a.m.
— Sandra Thananart & Timothy Bael*

Special Musical Guest: Joshua Davis* *Sunday, March 19, 4 p.m.

A Miracle of Birds concert/presentation and discussion

\$15 suggested donation

Open to the public.

Joshua Davis is a singer-songwriter from Michigan steeped in the traditions of American folk, gospel and blues. He performs genuine blue-eyed soul music informed by poignant lyrics, and accentuated by deft guitar work. Joshua was a finalist on The Voice in 2015, and his many covers and one original song from the show are available on itunes.

A Miracle of Birds is an album of songs reflecting feelings and impressions Joshua experienced when, in 2012, he joined On the Ground for the Run Across Palestine, a five day, 129 mile ultra-marathon to raise money to support fair-trade olive growing communities in the West Bank.

For an idea of the brilliance and relevance of these songs and stories, please listen to the song Two Brothers. Joshua has a TED talk about the project as well if you want to check it out.

For more information, please contact Aron Gutman at gutmanik@gmail.com, 607-227-0073.

Feeding the Hungry: Machil Re'avim

מאכיל רעבים

Thanks to Robin Dubovi, Daniel Sverdlik, and Dorothy Debbie for making lunches and Paul Debbie for delivering lunches to the Rescue Mission Friendship Center in January. Thanks to Karin Suskin, Melissa & Sonia Enns, and Samuel & Dorothy Debbie for making lunches in February.

If you are interested in making lunches in March or April (any number is appreciated), or want to contribute financially and have someone else make the lunches, contact Dorothy Debbie at dorothynetwork@gmail.com or 272-3893.

If you can help make lunches that would be great. For those of you who would like to help out but can't come make the lunches, you can still contribute financially to the lunchmaking. The temple has a Feeding the Hungry Fund that you can contribute to and these contributions will be used to reimburse the person who buys the supplies.

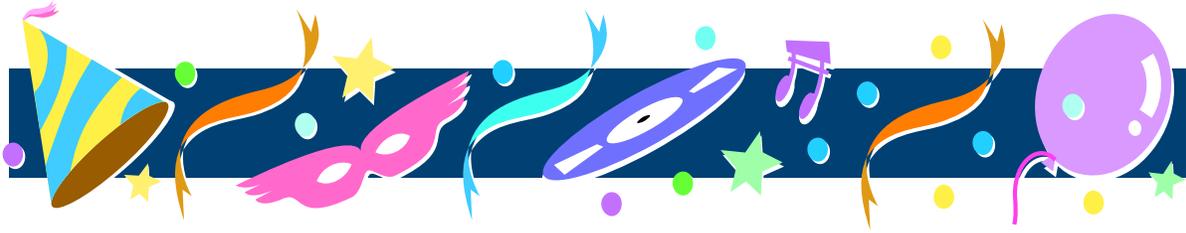
If you would like to contribute financially you can send a check to the temple, made out to Congregation Tikkun v'Or or the Ithaca Reform Temple and just note that you want your contribution to go to the Feeding the Hungry Fund.

Condolences

תנחומים

Tikkun v'Or sends condolences to the family of Barbara Barol. She died on January 15, 2017, at age 86. Barbara was an early member of Ithaca Reform Temple, was a member of local writers groups and historical societies, as well as an activist on issues of social justice and the environment. She is survived by daughters Sylvia Lavin (husband Thomas), Margaret Barol, and Mary Irish (husband Richard) and by grandchildren Kathleen, Carolyn, and Holly Lavin and Graham Irish.

May her memory be a blessing.



Tikkun v'Or Purim Comedy & Music Night Friday, March 10 6:15 – 8:30 p.m.

6:15–6:45 p.m, Brief Shabbat service

6:45–7:30 p.m. Potluck dinner

Triangular foods (be creative!)

7:30–8:30 p.m. Purim Bash!

A cabaret atmosphere complete with bar
serving grown-up and kid-friendly drinks

Bring:

*Veggie/dairy triangular foods to share (be creative!)

*A non-perishable can/box of food to donate

*Your family and friends

*A sense of humor

Do you want to tell a funny story, perform a skit,
tell some jokes, share a song...
(content should be amusing and/or lighthearted and
appropriate for audiences of all ages).

Please email Joan Friedman (jfriedman102@gmail.com)
with your name (and a brief description of your act)

To help in other ways, email Lauren Korfine
(lkorfine@gmail.com).





Ithaca Purim Celebration!

Sunday, March 12 ~ 2:30-5:30
Daylight Savings Time

The Space @ GreenStar
700 W Buffalo St in Ithaca

Carnival, Bouncy House, Balloons, Crafts,
Megillah, Refreshments, Come in Costume

Learn About the Jewish Holiday
Admission - \$5 per person/\$10 per family
*proceeds to benefit Friendship Donation Network,
Women's Opportunity Center and American Jewish World Service*



Sponsored by Avital Apiaries, Congregation Tikun v'Or, C.S.P. Management, Elaan Greenfield Designs,
Heidi Oros, Ithaca College Hillel, Ithaca Area United Jewish Community, Lifespan Therapies,
Linz Real Estate, Marcia Zax DDS, Sunny Days, Temple Beth El, Wegmans
For further information contact Director@tbeithaca.org

ANNUAL CONGREGATION TIKKUN V'OR COMMUNITY SEDER

Tuesday, April 11, 2017 at 6:00 p.m.

At Tikkun v'Or, 2550 North Triphammer Rd. in Lansing

The Tikkun v'Or Community Passover Seder will be held on Tuesday, April 11, the second night of Pesach. The meal will be partially catered and partially dish-to-pass. Our caterer will provide a vegetarian or chicken entree, vegetarian matzo ball soup, beverages, and some ceremonial foods. To supplement this, we ask that each family bring a vegetarian dish to share that will comfortably feed 8–12 people. This can be a side dish, a large salad, or a dessert. All dishes must be Pesachdikhe (kosher for Passover), so remember: no bread, pasta, or other grains, though the Sephardic tradition allows rice and beans.

The fee, the same as last year, covers the costs incurred for the Seder, including catering, table/chair rentals, and other incidentals. But we do not want anyone to miss the Seder because of financial circumstances, so if cost is an issue, please send what is affordable to you.

This event is brought to you by volunteers. We will need help with some ceremonial foods, setup, and other preparation. Please contact Alita at <alitahoward@yahoo.com> if you can help.

Please complete and mail the form below with your check. Because the caterer needs an accurate headcount, registrations **MUST** be received by Monday, April 3.

Mail registration with check (payable to Tikkun v'Or) to:

Tikkun v'Or c/o Alita Howard, 100 Lower Creek Rd., Ithaca, NY 14850

Passover is a time when many Jews make contributions to tzedakah. As part of TvO's effort to help end hunger in our community, we are collecting monetary donations for the Ithaca Kitchen Cupboard. A space for monetary donations is included on the form below.

SEDER RESERVATION FORM – Must be returned by April 1, 2017

#Adult temple members	_____	@ \$18 per person	\$_____
# Members age 6–12	_____	@ \$10 per person	\$_____
# Adult non-members	_____	@ \$28 per person	\$_____
# Non-members age 6–12	_____	@ \$15 per person	\$_____

**children 5 & under are free*

Or Family Rates:

Member family of four	_____	@ \$50 + \$5/add. child	\$_____
Non-member family of four	_____	@ \$80 + \$8/add. child	\$_____

Donation to the Ithaca Kitchen Cupboard \$_____

Donation to help others attend the 2017 Seder \$_____

TOTAL AMOUNT ENCLOSED \$_____

of vegetarian entrees we would like _____ # of meat entrees we would like _____

Names of adults:

Names & ages of children

E-mail:

Contact us to help with the Seder: Y / N

We will bring: Dessert _____ Salad _____ Kugel/Side dish _____

We can also bring: An empty Seder plate _____ A full Seder plate _____

Energy Task Force

Energy Project Completes Second Phase:

TVO has completed the second phase of a deep energy retrofit, installing heat pumps to heat and cool the building, and programmable thermostats which can also be set remotely over the internet. The previously-completed first phase added attic insulation, air-sealing, and LED lighting. We also now procure 100% of our energy from renewable sources (wind), and so at this juncture have reduced our carbon emissions by approximately 95%. With these improvements in place we can now gather the data necessary for a possible final phase of the project, in which we will consider adopting a solar photovoltaic solution for the building's electricity, bringing the renewable energy generation on-site.

The project began in 2014 with an offer from an anonymous donor to significantly pay for reducing carbon emissions. An energy workgroup was formed to guide the process. A NYSERDA energy audit was completed in 2014 by Taitem Engineering, and guided prioritization of energy improvements and planning. Halco did the insulation, air-sealing, lighting, and heating work. Thanks to all involved, as well as our thoughtful and generous donor, and to the past and current presidents for their guidance and active work on this project.

-- *The Energy Workgroup*

WHAT TO DO WITH THOSE LEFTOVERS FROM THE ONEG? DINNERS OR PARTIES?

No Need to Eat Them All!

Clean food is welcome at the Friendship Center (618 W. State St. across from Kinkos)

Monday - Friday 9:30 AM to 4:30 PM

phone 273-6684

Outside of those hours, call the shelter at 273-9177 to arrange to deliver food to the shelter.

Many Thanks

רב תודה

Thanks to:

- Recent service leaders: Dorothy and Samuel Debbie, Beth Cohen and Marne Oshae, Anne Brous, Cantor Abbe and the students of kitah daled/hey (4th and 5th grade), and Patti Jacobson;
- Oneg hosts: Vilasini Mills, Richard and Lise Rosenfield, Peter Silberman, Jen Kagan, and the families of kitah daled/hey (4th and 5th grade);
- Miranda Phillips for leading Shabbat morning services;
- All who were involved in our of Tu b'Shevat: Diana Levy, Nomi Talmi, Judy Saul, Lauren Korfine, Miranda Phillips, Lois Levitan, Denice Cassaro, Martha Armstrong Beth Cohen, Robin Dubovi, Sue Merkel;
- Elan Shapiro, Mihal Ronen, and Judy Saul for organizing the program on strengthening ties with the local Muslim community, and to our guests from Islamic Community Outreach Services, our Muslim neighbors Nagiane Lacka Arriaza, Mahmud Burton, Dieynab Diatta, Doa Abdel-Ghany and Sabah Ahmed Hathawy, who educated us about Islam on Sunday, January 29;
- Lauren Korfine for leading Family Music Shabbat;
- Jonathan Plotkin and Arthur Birnbaum for hosting Dinner and a Movie Nights;

Donors

צדקה

Thank you to our recent donors:*Refugee Relief:*

Peter & Sherry Burford
 Howard & Harriet London
 Judith Saul & Regi Teasley
 Doug Stayman & Nina Cummings
 Sue Merkel & Joe Yavitt

Social Action Fund

Ellen Baer

Bryna & Harvey Fireside Rabbi Fund:

Leslie Chernikoff-Berman & David Berman,
 in honor of Carol Chernikoff
 Ted Schiele

Nediv LevFund:

Sharon Ziegler

Tribute Cards:

Peter & Sherry Burford

General Fund:

William & Ellen Apfel,
 in honor of Isaac Alder Apfel's naming
 Peter & Sherry Burford
 Peter & Sherry Burford
 Steve Gordon & Jaime Wolffe
 Greene-Milstein Family Foundation
 Roy Luft & Nancy Emerson
 Mara Sapon-Shevin

*Special thanks to the Ithaca Area United Jewish
 Community (IAUJC) for a grant to support our
 Religious School and congregation through tuition
 assistance.*

Bereavement Support Committee

When a loved one dies, we want to assist you as quickly as possible.

Please use the following procedure:

- Email the Bereavement Support Group at: <BereavementSupport@tikkunvor.org>
- Call Naomi Wilensky: (607) 280-6781 or email <naomi.wilensky@tikkunvor.org>
- If Naomi is unavailable or not able to return your call/email, call Rabbi Brian Walt: (508) 560-0589 or <rabbi@tikkunvor.org>

Tikkun v'Or Tribute Cards

Tribute cards are an easy way to acknowledge lifecycle events (simchas, yahrzeits, memorials, expressions of appreciation and thanks), while reinforcing our community connections, and supporting our financial needs. Each card sent is a donation to our synagogue. For more information, contact Sherry Burford at <sherry@tikkunvor.org> or at (607) 319-4982.

Are you looking for a beautiful space for a workshop,
 retreat, meeting or family celebration?
 How about renting Tikkun v'Or?
 Gorgeous views, free parking, quiet location, peaceful surroundings
 & reasonable rental fees.
 Contact <info@tikkunvor.org> or call (607) 256-1471



Ithaca Area United Jewish Community

Honoring Our Past, Shaping Our Future

Holocaust Related Activities of IAUJC ~ 2017

BOARD MEMBERS AND OFFICERS

Marcia Zax
Board Chair

Miri Birk
Corresponding Secretary

Edward Weissman
Treasurer

Ariel Avgar

Alan Blankstein

Marcus Brody

Richard Ehrlich

Ann Erlich, *Nominating
Committee Chair*

Howard Erlich, *Allocations &
Endowment & Investment
Committees Chair*

Rabbi Scott Glass, *ex officio*

Marjorie Hoffman,
*Campaign Committee Chair
Program Chair*

Sara Kabakov

Cantor Abbe Lyons, *ex officio*

Sherrie Negrea

John Rosenthal

Rabbi Eli Silberstein, *ex officio*

David Sinefeld

Tehia Sinefeld

Rabbi Ari Weiss, *ex officio*

Naomi Wilensky, *ex officio*

David Sagan, *Data Supervisor*

PO BOX 4214
ITHACA, NY
14852-4214
email: info@iaujc.org
www.iaujc.org
Look for us on Facebook

Dear Community Member,

In recent years, the IAUJC has been focusing efforts on Holocaust education and commemoration. What follows are some updates that may be of interest to you. Your attention and participation are welcome and encouraged. Our goal is to include as many community members as possible in these efforts.

The Holocaust Education Committee hosts a speaker's bureau as a resource for local educators. First and second generation survivors visit schoolrooms to help bring history alive for teachers and students learning about the Holocaust. Last year, approximately 1000 local high school and middle school students welcomed these speakers. Contact holocaust-awareness@iaujc.org with questions about this program.

A series of local survivor and refugee interviews are now available online, developed as a community service project by Park Scholars in the Ithaca College Park School of Communication. The videos can be viewed on our website at <https://iaujc.org/family-stories-videos-local-interest>. They are designed as a resource for teachers, but are a valuable archive for us all. Children or friends who conducted the interviews are available to visit classrooms, and answer questions or elaborate on the stories.

A group of second generation survivors are currently interested in establishing a Second Generation (2G) Holocaust group to develop some understanding and sharing of their unique place in history. An initial, organizational meeting is planned for Sunday, February 12th at 1 p.m. at the The History Center of Tompkins County. There are many ideas from other communities of what a 2G group could be: book reads, movie screenings, engaging the wider community, workshops and/or social events are all possibilities. To learn more, email: SecondGeneration@IAUJC.org.

The IAUJC's third, annual Holocaust commemoration will take place on the evening of Monday, April 24th at Temple Beth El. Dr. Roald Hoffmann, Professor Emeritus of Chemistry at Cornell University and a Nobel Prize winner, will speak of his own experience. As a child, he was hidden with other members of his family in the attic of a one room school house, thanks to the kindness and bravery of a Ukrainian school teacher. His talk, entitled "*Remembering, Returning, Forgiving*," is the first event that will be sponsored by the new Jacob and Jeanette Geldwert Holocaust Memorial Lectures Fund, which was established last spring by the Geldwert's children, Josef and Ella. We hope you will be able to attend. Professor Hoffmann's talk is appropriate for people ages 10 and up.

Please let us know of any ideas you may have for future programming and educational initiatives.



The Jewish Federations
OF NORTH AMERICA

The Network
of Independent
Communities

March 2017 - Tikkun v'Or

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 No Religious School	27	28 Board meeting 7-9 pm	1 Vav/Zayin 4:30-6 pm	2 Building Rental	3 Kabbalat Shabbat 7:30 pm Judy Saul	4 Parashat Terumah Shabbat morning service 9:15 - 10:30 am
5 Religious School 9:15-12 Adult Hebrew 10:30-11:15 at Ithaca Bakery Conflict Workshop 1-7 pm	6	7 Vav/Zayin 4:30-6 pm Bookgroup 7 pm	8	9	10 Purim celebration 6 p.m.	11 Purim (5777) begins at sundown Parashat Tetzaveh
12 Daylight Saving Time begins Purim (5777) Religious School 9:15-12 Ithaca Purim Carnival 2:30-5:30 TheSpace	13	14 Exec meeting	15 Vav/Zayin 4:30-6 pm	16	17 St. Patrick's Day Kabbalat Shabbat vav/zayin (grade 6/7) and Cantor Abbe 6:45 dinner, 7:30 pm service	18 Parashat Ki Tisa Dinner & a Movie 6:30 pm
19 Religious School 9:15-12 Concert/Presentation: Joshua Davis 4 pm	20 Vernal Equinox	21	22 Rabbi in residence 3/22-3/29 Vav/Zayin 4:30-6 pm Friendship Center lunches 6 pm	23	24 Kabbalat Shabbat Rabbi Brian 7:30 pm	25 Vayak'heil-Pekudei 8:45 am Chanting & meditation 10 am Shabbat service: bar mitzvah - Sam Sachs
26 Religious School 9:15-12 New Member Brunch 10-11:30 at Dubov's	27 Adult Ed with Rabbi Brian 7-9 pm	28 Board meeting 7-9 pm	29 Vav/Zayin 4:30-6 pm	30	31 Kabbalat Shabbat 7:30 pm Kenny & Duffy Berkowitz	1 April Fool's Day Parashat Vayikra

April 2017 - Tikkun v'Or

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 Religious School 9:15-12 <i>farbrengen</i> New Member Brunch 10-11:30 at <i>Dubov's</i>	27 Adult Ed with Rabbi Brian 7-9 pm	28 Board meeting 7-9 pm	29 Vav/Zayin 4:30-6 pm	30	31 Kabbalat Shabbat 7:30 pm Kenny & Dufy Berkowitz	1 April Fool's Day <i>Parashat Vayikra</i>
2 Religious School 9:15-12	3	4	5 Vav/Zayin 4:30-6 pm	6	7 Kabbalat Shabbat 7:30 pm Carol & Sam Shama	8 <i>Parashat Tzav</i>
9 No Religious School	10 <i>Passover (5777)</i> (Pesach) begins at sundown	11 <i>Passover (5777)</i> (Pesach) Community Seder 6 pm	12 No classes Bookgroup 7 pm	13 Exec meeting	14 <i>newsletter deadline</i> No service	15
16 Easter Sunday No Religious School	17 Tax Returns due	18	19 No classes	20 Rabbi in residence 4/20-4/30	21 Kabbalat Shabbat 7:30 pm Rabbi Brian Conversion: Brian Cutler	22 Earth Day <i>Parashat Shemini</i> 8:45 am Chanting & Meditation 10 am Shabbat service: bat mitzvah - Sabine Zentner ...
23 No Religious School	24 <i>Yom HaShoah (5777)</i> (Holocaust Remembrance Day) begins at sundown Adult Education with Rabbi Brian 7-9 pm	25 <i>Yom HaShoah (5777)</i> Board meeting 7-9 pm	26 Vav/Zayin 4:30-6 pm Friendship Center lunches 6 pm	27	28 Kabbalat Shabbat 7:30 pm Rabbi Brian	29 <i>Parashat Tazria/Mezorah</i> 8:45 am Chanting & Meditation 10 am Shabbat service: bat mitzvah - Robby Bael
30 <i>Yom HaZikaron (5777)</i> (Israel Memorial Day) begins at sundown Religious School 9:15-12 <i>farbrengen</i>	1 <i>Yom HaZikaron (5777)</i> , <i>Yom HaAtzmaut (5777)</i> (Israel Independence Day) begins at sundown	2 <i>Yom HaAtzmaut (5777)</i>	3 Vav/Zayin 4:30-6 pm	4	5 Cinco de Mayo Kabbalat Shabbat 7:30 pm Faith Rogow	6

**COURT STREET
CHIROPRACTIC**

Patti L. Jacobson, D.C.

122 West Court Street · Ithaca, New York 14850
607.273.7682

Horizons
CAREER COACHING

for college students, young professionals,
and career transitioners

Sherry Burford, M.S., C.P.R.W.
607.319.4982 sherry@horizonscareercoaching.com

www.horizonscareercoaching.com

• BAGELS • SMOKED FISH • SALADS • PASTRY • BREAD • CATERING

ITHACA BAKERY



Visit all our Ithaca locations!
N. Meadow Street
Triphammer Mall
College Ave. • N. Aurora St.
East Hill Plaza

COLLEGETOWN BAGELS

www.ithacabakery.com



B. Beth Cohen, Ph.D.
Licensed Psychologist
george@bbethcohenphd.com
Phone 607-319-5778; Fax 607-319-5779

George J. Dillmann, Practice Manager
118 North Tioga St., Suite 401, Ithaca, NY 14850
Located in TC3 Tioga Place on the Ithaca Commons
www.bbethcohenphd.com

Reliable Computer Assistance

Free consultation.
Your satisfaction is guaranteed.
I can solve many common problems.
There will be no charge if I cannot solve your problem.
References provided.
Call Neil Snyder 607-533-4627
<neilsnyder6@gmail.com>

Healing Arts of the Finger Lakes
Will Fudeman, Lic.Ac., C.S.W.



- Acupuncture
- Counseling
- Chinese Herbs

www.willfudeman.com
109 S. Albany Street • Ithaca, NY 14850 • 607-272-8390



Elan and Rachael Shapiro
211 Rachel Carson Way
Ithaca, New York, 14850

607-275-0249
607-592-8402
www.frogsway-bnb.com

spectacular views, trails and pond • family friendly • bright peaceful rooms
close to town and surrounding sites • located at EcoVillage at Ithaca

ITHACA UPHOLSTERY.COM

by Poppy
ithacaupholstery@gmail.com 273-4041

Congregational Leadership

מנהיגות

Rabbi Brian Walt			rabbi@tikkunvor.org
Administrative Coordinator and Religious School Director	Naomi Wilensky	256-1471	naomi.wilensky@tikkunvor.org
Bookkeeper	Sally Ezra	257-7017	sally_ezra@yahoo.com
Presidents	Shawn Murphy	351-7898	presidents@tikkunvor.org
	Miranda Phillips		presidents@tikkunvor.org
Vice President	Lauren Korfine	256-0132	lk79@cornell.edu
Past-Presidents	Nina Cummings	319-0298	ncummings430@gmail.com
	Dorothy Debbie	272-3893	dorothynotwork@gmail.com
Scribe	Denice Cassaro	256-0373	denicecassaro@gmail.c
Treasurers	Nancy Saltzman	257-2036	nsse@mindspring.com
	Peter Burford	319-4982	pburford@burfordbooks.com
At-Large Board Members	Laurie Willick	319-4235	lbwillick@hotmail.com
	Karen Schachere	273-2065	kschach1@twcny.rr.com
Avodah Committee	Anne Brous	272-5535	Anne@ithacabakery.com
	Ann Hoffman	277-3260	annlhoffman@yahoo.com
Building Committee	Anne Brous	272-5535	Anne@ithacabakery.com
Caring Committee	Carol Shama	315 480-6365	csshama462@gmail.com
Finance Committee	Ira Brous	272-5535	ira@ithacabakery.com
	Doug Stayman	280-8975	dms43@cornell.edu
Jewish Education Committee	Abby Thomas	836-1029	Abby.Thomas@cortland.edu
	Alita Howard	347-4415	alitaoward@gmail.com
Israel/Palestine Committee	Lois Levitan		LCL3@cornell.edu
Racial Justice Committee	Diana Levy	273-2708	dlevy@twcny.rr.com
Program Committee	Aron Gutman	277-0573	gutmanik@gmail.com
Action Against Hunger Committee	Harriet London	257-1502	londonharriet@gmail.com
Welcoming & Membership Committee	Ann Wexler	273-2191	annwex1@gmail.com
	Sharon Ziegler	272-0680	ziegler.sharon@gmail.com
Bereavement Support	Patti Jacobson	279-3895	BereavementSupport@tikkunvor.org
Area Congregations Together (ACT)	Open		
Teens V'Or	Ilana Goldstein		teensvor@gmail.com

The Tikkun v'Or Newsletter offers free business-card sized ads to all members, as space allows in each issue. For non-members or those who would like guaranteed ad space, the fees are \$30/issue or \$150 for 6 issues/one year. For more information, please contact info@tikkunvor.org or call 607-256-1471.

For updated calendar information,
call 607-256-1471
or check <www.tikkunvor.org>

LIKE us on Facebook!

Congregation Tikkun v'Or
PO Box 3981
Ithaca NY 14852



**Tikkun v'Or Welcomes
Interfaith Families!**

Issue # 198 Tikkun v'Or Newsletter published bi-monthly
by Congregation Tikkun v'Or, *Ithaca Reform Temple*
Mailing address: P.O. Box 3981, Ithaca, New York 14852
Location: 2550 N. Triphammer Road, Ithaca
(607) 256-1471 <www.tikkunvor.org>

Contents תוכן

- Rabbi's Letter.....1-2
- From the Co-President.....2
- Core Values.....3
- Shabbat and Holidays.....4-5
- Adult Education.....6
- Dinner and Movie.....6
- Membership and Welcoming.....7
- Religious School7
- Mazel Tov.....8
- Feeding the Hungry.....9
- Hebrew for Adults.....9
- Condolences.....9
- Purim Celebrations.....10-11
- Passover Seder.....12
- Energy Task Force.....13
- Thanks.....13
- Donors.....13
- Tribute Cards.....14
- IAUJC.....15
- March-April 2017.....16-17
- Community Ads.....14
- Congregational Leadership15