



Congregation Tikkun v'Or

Ithaca Reform Temple
Spirit • Community • Justice

We welcome children (and their caregivers) at services at Tikkun v'Or!

Children learn about Jewish community and worship services by participating. At Tikkun v'Or, we believe it is the joy, privilege, and responsibility of every person in our community to guide and nurture our children. Please join us in teaching our children our community's values.

What all adults can do ...

- Welcome families to our community! Let parents know they are welcome and wanted here, encourage them to participate, and celebrate families' presence in your prayers or gratitude.
- Be patient as children learn to use their synagogue voices.

What parents can do...

- Relax and know we are so glad you and your children are here.
- If you're more comfortable sitting with other families with young children, sit on the left side of the theater (as you face the stage), especially in the upper rows, for easy access to the exits. Please do not exit from the bottom/stage area.
- Use the HOLIDAY HELPERS (ages 3-5, available in the upper left entrance) or HOLIDAY FUN BAGS (for ages 6-10, available in the lobby) so your kids have quiet, fun activities to do during the service.
- If your children (or you) need a break, they can go outside, take a walk, use the bathroom, have a snack, and then join us again. If they require supervision, please go with them.
- Children can come and go at appropriate times, but please do not let them run in the aisles or leave during quiet/silent prayers or while someone is speaking. Also, kindly remind children to use quiet voices in the lobby and outside the doors, as voices carry loudly into the sanctuary

Resources for young children – under age 5

- Childcare is available on the front patio during morning services.
- Feel free to bring small quiet toys, snacks, and other items to keep children occupied.
- Use our HOLIDAY HELPERS, which are on the top level on the left:
 - Board books, to be borrowed and read quietly
 - Fall lacing cards, to be borrowed and used quietly
 - Noah's Ark sticker scenes, to be used quietly and taken home

Resources for children ages 6–10

We encourage older children to stay in the main service as much as they are able. Our childcare is designed for younger children (ages 2–5). If older children would like to be there, they must be independent, or their parents need to supervise.

What school-age children can do:

- Know how happy we are to have you here!
- If it is hard to sit still, try one of the suggestions in the HOLIDAY FUN BAG (available in the lobby), read a book, change seats with a parent, or take a short break and then come back.
- Remember that as people get older it becomes harder to hear when there is noise around them, so use a quiet voice during times in the service when people need to listen carefully.
- Watch the adults, learn, ask questions, and be a part of our community.

Childcare and Children's Services 2018

Please note that each children's service takes place during the Rabbi's sermon, and we ask that people not go in and out of the service at this time. Parents are welcome to join in the children's service or to stay in the main service, but please do not expect to move back and forth during that time. We encourage all children above age 10 to stay in the main service for the Rabbi's sermon.

The patio has a tent with walls, but layers of clothing would be best in case of inclement weather.

Parents should make sure they let childcare workers/volunteers know where in the Hangar Theatre they are seated.

ROSH HASHANAH: Monday, September 10

9 a.m.-12 noon Childcare for ages 2-5 is available on the front patio.

11:15-11:45 a.m. Children's services will be held during the Rabbi's sermon:

- For children ages 2-5, the children's service will be held on the front patio.
- For children ages 6-11, the children's service will be held on the back patio. (Please ask a greeter in the lobby if you need directions.)

YOM KIPPUR: Wednesday, September 19

9 a.m.-1 p.m. Childcare for ages 2-5 is available on the front patio.

12:15-12:45 p.m. Children's services will be held during the Rabbi's sermon:

- For children ages 2-5, the children's service will be held on the front patio.
- For children ages 6-11, the children's service will be held on the back patio. (Please ask a greeter in the lobby if you need directions.)