Machzor for the High Holy Days

Congregation Tikkun v’Or
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Acknowledgements

We extend great appreciation to Hill Havurah, Washington DC for making their 2019 High Holiday Mahzor accessible as an Open Siddur Project (opensiddur.org) document. This work was shared under the Creative Commons Attribution-ShareAlike (CC BY-SA) 4.0 International copyleft license.

Having Rabbi Hannah Spero and Hill Havurah's work available to use as a base made the creation of this Machzor possible.

Coming up on September

White butterflies, with single
black fingerprint eyes on their wings,
.dart and settle, eddy and mate
over the green tangle of vines
in Labor Day morning steam

The year grinds into ripeness
and rot, grapes darkening,
pears yellowing, the first
Virginia creeper twining crimson,
the grasses, dry straw to burn.

The New Year rises, beckoning
across the umbrellas on the sand.
I begin to reconsider my life.
What is the yield of my impatience?
What is the fruit of my resolve?
I turn from my frantic white dance
over the jungle of productivity
and slowly a niggun slides,
cold water down my throat.
I rest on a leaf spotted red.

Now is the time to let the mind
search backwards like the raven loosed
to see what can feed us. Now,
the time to cast the mind forward
to chart an aerial map of the months.

The New Year is a great door
that stands across the evening and Yom
Kippur is the second door. Between
them are song and silence, stone and
clay pot to be filled from within myself.

I will find there both ripeness and rot,
what I have done and undone,
what I must let go with the waning days,
and what I must take in. With the last
tomatoes, we harvest the fruit of our lives.

Marge Piercy
Service for Erev Rosh Hashanah
Candle Lighting

Baruch atah Adonai Eloheinu melech ha'olam, asher kidshanu b'mitzvotav v'tzivanu l'hadlik ner (shel Shabbat v') shel Yom Tov.

Blessed are You, Adonai our God, Ruler of the Universe, who makes our lives sacred with commandments and bids us to kindle the light of (the Sabbath and) the holiday.

Shehecheyanu

N'varech et ma'ayan chayeinu,
Shehecheyanu v'kiy'manu v'higiyanu lazman hazeh,
Let us bless the wellspring of life,
Who has given us life, sustained us and brought us to this season.

Music: Linda Hirschhorn Words: Marcia Falk

Barchu, Dear One

Barchu, Dear One,
Shechina, Holy Name
When I call on the light of my soul,
I come home.

Barchu - Call to Prayer

Leader: Barchu et Adonai ham'vorach
Bless the Eternal, the Source of all Blessing.

All: Baruch Adonai ham'vorach le'olam va'ed
Blessed is the Eternal, the Source of all Blessing, forever.
Leader:  *Baruch Adonai ham’vorach le’olam va’ed*

Blessed is the Eternal, the Source of all Blessing, forever.

**Praying the Sunset Prayer**

I’ll let you in on a secret
about how one should pray the sunset prayer.
It’s a juicy bit of praying,
like strolling on grass,
obody’s chasing you, nobody hurries you.
You walk toward your Creator
with gifts in pure, empty hands.
The words are golden
their meaning is transparent,
it’s as though you’re saying them
for the first time.
If you don’t catch on
that you should feel a little elevated,
you’re not praying the sunset prayer.
The tune is sheer simplicity,
you’re just lending a helping hand
to the sinking day.
It’s a heavy responsibility.
You take a created day
and you slip it
into the archive of life,
where all our lived-out days are lying together.
The day is departing with a quiet kiss.
It lies open at your feet
while you stand saying the blessings.
You can’t create anything yourself, but you
can lead the day to its end and see
clearly the smile of its going down.
See how whole it all is,
not diminished for a second,
how you age with the days
that keep dawning,
how you bring your lived-out day
as a gift to eternity.

*Jacob Glatstein (Translated from Yiddish by Ruth Whitman)*
Ma’ariv Aravim

Baruch atah Adonai hama’ariv aravim.

Blessed are You, Adonai, who brings on evening.

Ahavat Olam: We are Loved

We are loved by an unending love.
We are embraced by arms that find us even when we are hidden from ourselves.

We are touched by fingers that soothe us even when we are too proud for soothing.
We are counseled by voices that guide us even when we are too embittered to hear.
We are loved by an unending love.

We are supported by hands that uplift us even in the midst of a fall.
We are urged on by eyes that meet us even when we are too weak for meeting.
We are loved by an unending love.

Embraced, touched, soothed, and counseled, ours are the arms, the fingers, the voices; ours are the hands, the eyes, the smiles; We are loved by an unending love.

Rabbi Rami Shapiro

Shema

Shema Yisrael, Adonai Eloheinu, Adonai echad.

Listen, Israel – the Eternal is God, the Eternal is one.

Baruch sheim k’vod malchuto le’olam va’ed.

Blessed is the name and glory of God’s realm, forever.
Love your God with every heartbeat
with every breath,
with every conscious act.
Keep in mind the words I command you today.
Teach them to your children,
talk about them at work;
whether you are tired or you are rested.

Let them guide the work of your hands;
keep them in the forefront of your vision.
Do not leave them at the doorway of your house, or outside your gate.
They are reminders to do all of My mitzvot,
so that you can be holy for God.
I am Adonai your God.
I led you out of Egypt to become your God.
I am Adonai your God!

Mi Chamocha

מי כמוך באלים יהת, מי כמוך פקוד, נורה חכירת, עשה פלא.

Mi chamocha ba’eilim Adonai. Mi kamocha nedar bakodesh.
Nora tehilot osei feleh.

Malchutecha ra’u vanecha bokea yam lifnei Moshe uMiryam, zeh Eli anu v’amru: Adonai yimloch l’olam va’ed.

Who is like You, O God, among the gods that are worshipped?
Who is like You, majestic in holiness, awesome in splendor, working wonders?
Your children witnessed Your sovereignty, the sea splitting before Moses and Miriam.
“This is our God!” they cried out, “Adonai will reign forever!”
Ufros Aleynu

Spread over us your canopy of peace

Amidah

Open my lips, Eternal One, and let my mouth declare Your praise.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah.

Remember us for life, Sovereign who wishes us to live. Write us in the Book of Life for Your sake, Eternal God.

Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.
Atah gibor l’olam Adonai, m’chayei hakol Atah rav l’hosha. Morid ha’tal. M’chalkeil chayim b’chesed, m’chayei hakol b’rachamim rabim, someich nofli v’rofei cholim, umatir asurim, um’kayeim emunato lisheinei afar. Mi chamocha ba’al g’vurot umi chayim Atah gibor l’olam Adonai, m’chayei hakol Atah rav l’hosha. Morid ha’tal. M’chalkeil chayim b’chesed, m’chayei hakol b’rachamim rabim, someich nofli v’rofei cholim, umatir asurim, um’kayeim emunato lisheinei afar. Mi chamocha ba’al g’vurot umi domeh lach melech meimit um’chayeh umatzmi’ach y’shuah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

Mi kemach ab d’vot meitzar kadosh l’chol hakol hakadosh v’shimcha kadosh u’kedoshim b’chol yom yehalelu l’selah.

Mi chamocha av harachamim, zocher y’tzurav l’chayim b’rachamim;

Who is like You, merciful parent, who remembers God’s creatures for life with mercy?

V’ne’eman atah lehachayot hakol. Baruch atah Adonai m’chayei hakol.

Blessed are You, the fountain of life, who gives and renews life.

Atah kedosh v’shimcha kedosh u’kedoshim b’chol yom yehalelu l’selah. Baruch atah Adonai ha’melech hakadosh.

Holy are You. Your name is holy. And all holy beings hail you each day.

(On Shabbat, include the words in parenthesis)

Atah gibor l’olam Adonai, m’chayei hakol Atah rav l’hosha. Morid ha’tal. M’chalkeil chayim b’chesed, m’chayei hakol b’rachamim rabim, someich nofli v’rofei cholim, umatir asurim, um’kayeim emunato lisheinei afar. Mi chamocha ba’al g’vurot umi chayim Atah gibor l’olam Adonai, m’chayei hakol Atah rav l’hosha. Morid ha’tal. M’chalkeil chayim b’chesed, m’chayei hakol b’rachamim rabim, someich nofli v’rofei cholim, umatir asurim, um’kayeim emunato lisheinei afar. Mi chamocha ba’al g’vurot umi domeh lach melech meimit um’chayeh umatzmi’ach y’shuah.

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Holy are You. Your name is holy. And all holy beings hail you each day.

(On Shabbat, include the words in parenthesis)
Eloheinu vei'elohei avoteinu v'imoteinu, (r'tzei vimmuchateinu). Kad'sheinu b'mitzvoticha, v'tein cheleiku b'toratecha. Sab'einu mituvecha, v'sam cheinu bishu'atecha. V'taheir lieinu l'avad'cha be'emet (v'hanchileinu, Adonai Eloheinu, b'ahavah uv'ratson Shabbat kadshecha, v'yanuchu vo Yisrael m'kad'she sh'mecha), ki atah Elohim emet ud'varcha emet v'kayam la'ad. Baruch atah Adonai, m'kadesh (haShabat v')Yisrael v'Yom HaZikaron.

Our God, God of our ancestors, (take pleasure in our rest), enable us to realize holiness through Your commandments, give us our portion in Your Torah, let us enjoy the good things of Your world, and gladden us with Your salvation. Refine our hearts to serve You truthfully (and help us to perpetuate, Eternal One, our God, with love and with desire, Your holy Shabbat, and may all your people Israel, and all who treat Your name as holy, find rest and peace on this day), for You are a God of truth, and Your word is truthful and endures forever. Blessed are You, Eternal One, the sovereign power over all the earth, who raises up to holiness (Shabbat) the people Israel and the Day of Truthful and endures forever. Blessed are You, Eternal One, the sovereign power over all the earth, who raises up to holiness (Shabbat) the people Israel and the Day of Remembrance.

Retzei adonai eloheinu b'amcha yisrael u'tefilatam b'ahavah tekabeil b'ratzon u'tehi l'ratzon tamid avodat yisrael amecha. Eil karov l'chol korav p'nei el avdecha v'chonenu Retzei adonai eloheinu b'amcha yisrael u'tefilatam b'ahavah tekabeil b'ratzon u'tehi l'ratzon tamid avodat yisrael amecha. Eil karov l'chol korav p'nei el avdecha v'chonenu shefoch ruchacha aleinu.

Be pleased, Adonai our God, with Your people Israel and accept our prayer in love, and may You find pleasure always in our worship. God who is near all who call, turn toward us and be gracious to us by sending Your spirit to us.

Modim anachnu lach, she'Atah hu Adonay Eloheinu vei'elohei avoteinu v'imoteinu, l'olam va'ed. Tzur chayeinu, magein yish'einu, Atah hu l'dor vador. Nodeh l'cha u'nsappeir t'hilatecha, al chayeinu ham'surim, b'yadecha, v'al nishmoteinu, hap'kudot lach, v'al nissecha, sheb'chol yom immanu, v'al nif'votcha v'tovotecha sheb'chol eit: erev vavoker, v'tzohorayim. Hatov ki lo chalu rachamecha. v'ham'racheim ki lo tamu chasadecha; mei'olam kivinu lach.
You are our God today as You were our ancestors’ God throughout the ages; firm foundation of our lives, we are Yours in gratitude and love. Our lives are safe in Your hand, our souls entrusted to Your care. Our sense of wonder at Your miracles and kindness greet You daily at dawn, at dusk, and throughout the day.

For all these things, Your name is blessed and raised in honor always, Sovereign of ours, forever. Write down for a good life all the people of Your covenant. Let all of life acknowledge You. May all beings praise Your name in truth. O God, our rescuer and aid, blessed are You, whose name is good, to whom all thanks are due.

Shalom rav al Yisrael amcha tasim l’olam
Ki Atah hu melech adon l’chol hashalom
V’tov b’einecha l’vareich et amcha Yisrael
Ki Atah hu melech adon l’chol hashalom

Grant abundant peace eternally for Israel, Your people, for You are the sovereign source of all peace. So, may it be a good thing in your eyes to bless Your people Israel, and all who dwell on earth, in every time and hour, with Your peace.

B’seifer chayim berachah v’shalom v’farnasah tovah v’nizacher v’nikateiv lefanecha.
Anachnu v’chol amecha beit yisrael l’chayim tovim ul’shalom. Baruch atah adonai oseh hashalom.

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, Compassionate One, maker of peace.

Dear God, protect my tongue from evil, and my lips from telling lies. May I turn away from evil and do what is good in your sight. Let me be counted among those who seek peace. May my words of prayer and my heart’s meditation be seen favorably, Beloved One, my rock and my redeemer.


May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth. To which we say: Amen

Tiku Shofar - Announcing Rosh Hashanah

Tiku vachodesh shofar bakeseh leyom chageinu  
Ki chok l’yisrael hu mishpat lelohei Ya’akov

Blast piercing notes upon the shofar for the New Moon, for the full moon, for our festive holiday. For it is Israel’s law, a statute of the God of Jacob.

Baruch ata adonai, eloheinu melech ha’olam, asher kidshanu b’mitzvotav v’tzivanu lishmoa kol shofar.

Blessed are you, Eternal One our God, the sovereign of all worlds, who raises us to holiness with your mitzvot and has commanded us to hear the shofar sound.
Areshet s’ fateinu ye’erav lefanecha, eil ram v’nisah
Areshet s’ fateinu ye’erav lefanecha, eil ram v’nisah
Meivin uma’azin, mabit umakshiv lekol tekiyateinu
Ut’kabel b’rachamim uv’ratzon seider shofroteinu.

May the prayers of our lips be pleasing to You, O exalted God, who hears our shofar sounds. May You lovingly accept our recitation of Shofarot.

Min hametzar karati yah, anani bamirchav yah.

From the narrow place I called out to Yah, who answers me from an open place.

Aleinu

It is ours to praise the beauty of the world, even as we discern its tatteredness.

For nothing is whole that is not first rent and out of the torn we make whole again.

May we live with promise in creation’s lap, redemption budding in our hands.

It is up to us to hallow creation, to respond to Life with the fullness of our lives.

It is up to us to meet the world, to embrace the whole even as we wrestle with its parts.

Interpretive translation by Marcia Falk
Therefore we bend the knee and shake off the stiffness that keeps us from the subtle graces of life and the supple gestures of love. With reverence and thanksgiving we accept our destiny and set for ourselves the task of redemption.

_Interpretive translation by Rabbi Rami Shapiro_
Yitgadal v’yitkadash sh’mei rabah

B’alma d’vra chirutei v’yamlich malchutei, b’chayeichon uv’yomeichon uv’chaiyei d’chol beit Yisrael ba’agalah uviz’man kariv. V’imru: Amen.

Y’hei sh’mei raba m’varach l’alam ul’almei almaya.

Yitbarach v’yishtabach v’yitpa’ar v’yitromam v’yitnasei, v’yit’hadar v’yitaleh v’yithalal shemei d’Kudsha B’rich hu,

Le’eila min mikol birchata v’shirata, tush’chata v’nechemata da’amiran b’alma. V’imru: Amen.


Exalted and hallowed be God’s great name in the world which God created, according to plan.

May God’s majesty be revealed in the days of our lifetime and the life of all Israel — speedily, imminently. To which we say: Amen.

Blessed be God’s great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen.

May there be abundant peace from heaven, and life, for us and all Israel. To which we say: Amen.

May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth. To which we say: Amen.
**Oseh Shalom**

עַשֶּה שָלוֹם בְּמוֹרָאוֹתָיו הוה ישׁשֶה שָלוֹם עֲלֵינוּ וְעָלֵי כָּל יִשְרָאֵל וּעֲלֵי כָּל נֶפֶשְׁת בְּאֶמוֹרָו אַֽמָּה


May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth. To which we say: Amen.

**Olam Chesed Yibaneh**

Olam Chesed Yibaneh,
yadai dadi dadi, yadai dadi (4x)

We must build this world from love (justice, peace),
yadai dadi dadi, yadai dadi (2x)

We will build this world from love (justice, peace),
yadai dadi dadi, yadai dadi (2x)

לָשֶׁן תֹּבוּ שְׁכֵכְבוּ וּפְטִימוֹ

L’shana tova tikateivu v’teichateimu!

May a good year be written and sealed for you!

**V’shamru**

שֵׁם רוֹבֵי בְּנֵי יִשְׂרָאֵל אַתָּה הַשִּׂמְחָה לְשֵׁם אֵת הוּא לְלוּלָתָה כֶּרֶם בֵּרֵית

V’shamru v’nei Yisrael et HaShabbat,
lasot et HaShabbat l’dorotam b’rit olam.
Beini u’veein b’nei Yisrael ot hi l’olam,
ki sheishet yamim asah Adonai et hashamayim v’et haaretz,
u’vayom hashvi-i shavat vayinafash.

The people of Israel shall keep Shabbat,
observing Shabbat throughout the ages as a covenant for all time.

It is a sign for all time between Me and the people of Israel.

For in six days Adonai made heaven and earth,
and on the seventh day God ceased from work and was refreshed.
Kiddush

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.
Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'ratzah
vanu, v'Shabbat kodsho b'ahavah u'v'ratzon hinchilanu, zikaron l'maaseih v'reishit. Ki
hu yom t'chilah l'mikra-ei kodesh, zecher litziat Mitzrayim. Ki vanu vacharta, v'otanu
kidashta, mikol ha'amim. V'Shabbat kodsh'cha b'ahavah u'v'ratzon hinchaltanu.
Baruch atah, Adonai, m'kadeish haShabbat.

Blessed are You, Adonai our God, Sovereign of all, Creator of the fruit of the vine.
Blessed are You, Adonai our God, Sovereign of all, who sanctified us with mitzvot. In love and
favor, You made the holy Shabbat our heritage as a reminder of the work of Creation. As first among our sacred days, it recalls the Exodus
from Egypt. You chose us and set us apart from the peoples. In love and favor You have
given us Your holy Shabbat as an inheritance. Blessed are You, Adonai, who sanctifies
Shabbat.

HaMotzi

Baruch atah, Adonai Eloheinu melech ha'olam, hamotzi lechem min ha'
aretz.

Blessed are You, Adonai our God, sovereign of all, who brings forth bread from the
earth.

Apples and Honey

Y'hi ratzon milpanecha, Adonai Eloheinu vei'elohei avoteinu v'imoteinu, shet'chadeish
aleinu shanah tovah um'tukah.

May it be Your will, Adonai, our God and the God of our ancestors, that You renew for
us a good and sweet year.
Service for Rosh Hashanah Morning
Ma Tovu

Mah tovu ohalecha Yaakov, mishkenotecha Yisrael.

How goodly are your tents, O Jacob, your dwelling places, O Israel.

Birchot HaShachar - Morning Blessings

Baruch atah Adonai Eloheinu melech ha'olam asher natan lasechvi vinah l'havchin bein yom uvein lailah.

For the ability to distinguish day from night.

Baruch atah Adonai Eloheinu melech ha'olam roka ha'aretz al hamayim.

For placing us in an ordered universe.

Baruch atah Adonai Eloheinu melech ha'olam pokei'ach ivrim.

For opening our eyes.

Baruch atah Adonai Eloheinu melech ha'olam malbish arumim.

For clothing our bodies.

Baruch atah Adonai Eloheinu melech ha'olam matir asurim.

For helping us break free when we are bound.

Baruch atah Adonai Eloheinu melech ha'olam zokeif k'fu=m.

For helping us rise when we have fallen.

Baruch atah Adonai Eloheinu melech ha'olam hameichin mitzadei gaver.

For guiding us in proper paths.

Baruch atah Adonai Eloheinu cmelech ha'olam she'asah li kol tzarki.

For enabling us to meet our needs.
In recognition of the miracle of the human body, we acknowledge the artistic and functional brilliance of its creator:

Blessed are You, Adonai our God, Sovereign of the universe. With divine wisdom You have made our bodies, combining veins, arteries, and vital organs into a finely balanced network. Wonderous maker and sustainer of life, were one of them to fail - how well we are aware! - we would lack the strength to sustain life before You.

Blessed are you, Adonai, Source of our health and strength.
Kol Haneshamah - Psalm 150

Call out to God in heaven's holy place. Exclaim to God across the firmament. Shout to God for God's mighty deeds. Proclaim to God as loud as God is great. Blast out for God with piercing shofar sound. Strum to God with sweet lute and strings. Drum to God with mighty rhythm. Dance to God with joyous abandon. Sing out to the Creator with strings and husky flute! Sing out to the Eternal with cymbals that resound! Let every living thing praise God, Halleluyah.

Nishmat Kol Chai

The Breath of all living beings
Praises the Source of Life.
Hamelech

Hamelech yoshev al kiseh ram v’nisah!


Chatzi Kaddish

B’rich hu

From the innermost parts of holy people does God’s holiness shine forth.

The sovereign be praised who sits upon the high and lofty throne!
The Shechina is our intimate forever, yet with a Name exalted and holy.
Sing to Adonai, those who do justly, for praise becomes the upright.

From the mouths of the upright, comes God’s praise,
Blessing is in the words of doers of justice,
Exaltation springs from the tongues of those who do more than is required,
From the innermost parts of holy people does God’s holiness shine forth.
Let God’s name be made great and holy in the world that was created as God willed. May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And say: Amen.

May God’s great name be blessed, forever and as long as worlds endure.

Barchu - Call to Prayer

Leader: Barchu et Adonai ham’vorach

Bless the Eternal, the Source of all Blessing.

All: Baruch Adonai ham’vorach le’olam va’ed

Blessed is the Eternal, the Source of all Blessing, forever.

Yotzer

Baruch ata adonai eloheinu melech ha’olam yotzer or u’voray choshech, oseh shalom u’voray et hakol.

Blessed are you, Eternal One, our God, sovereign of all worlds who fashions light and creates darkness, maker of peace and creator of all.
You are praised who rolls out the rough, raw clay of the universe into the delicate vessels of light; and from nothing at all we could perceive in a world that has turned old a shimmering new Creation right before our eyes made this moment just for us. How much of life reveals Your presence? How much Torah unfolds from each new flower, from each new wave that breaks upon the sea! You are Praised, who forms from the clay that cloaks our lives, the delicate vessels which contain our light.

**Ahavah Rabbah - Great Love**

אָהַבָּה רַבָּה וְרָאֵל

Ahavah v’rachamim, chesed v’shalom

Love and compassion, kindness and peace

ברוך אתה וּמַעֲשֵׂה יָדֶךָ אָבֵן יְהוָּה.

Blessed are You, our God, who loves Your people Israel.

**V’ahavta**

Say these words when you lie down and when you rise up, when you go out and when you return. In times of mourning and in times of joy. Inscribe them on your doorposts, embroider them on your garments, tattoo them on your shoulders, teach them to your children, your neighbors, your enemies, recite them in your sleep, here in the cruel shadow of empire: *Another world is possible.*

Thus spoke the prophet Roque Dalton:

*All together they have more death than we, but all together, we have more life than they.*

There is more bloody death in their hands than we could ever wield, unless we lay down our souls to become them, and then we will lose everything. So instead,

imagine winning. This is your sacred task. This is your power. Imagine every detail of winning, the exact smell of the summer streets in which no one has been shot, the muscles you have never unclenched from worry, gone soft as newborn skin, the sparkling taste of food when we know that no one on earth is hungry, that the beggars are fed, that the old man under the bridge and the woman wrapping herself in thin sheets in the back seat of a car,
and the children who suck on stones, 
nest under a flock of roofs that keep multiplying their shelter.
Lean with all your being towards that day 
when the poor of the world shake down a rain of good fortune 
out of the heavy clouds, and justice rolls down like waters.

Defend the world in which we win as if it were your child. 
It is your child. 
Defend it as if it were your lover. 
It is your lover.

When you inhale and when you exhale 
breathe the possibility of another world 
into the 37.2 trillion cells of your body 
until it shines with hope. 
Then imagine more.

Imagine rape is unimaginable. Imagine war is a scarcely credible rumor 
That the crimes of our age, the grotesque inhumanities of greed, 
the sheer and astounding shamelessness of it, the vast fortunes 
made by stealing lives, the horrible normalcy it came to have, 
is unimaginable to our heirs, the generations of the free.

Don't waver. Don't let despair sink its sharp teeth 
Into the throat with which you sing. Escalate your dreams. 
Make them burn so fiercely that you can follow them down 
any dark alleyway of history and not lose your way. 
Make them burn clear as a starry drinking gourd 
Over the grim fog of exhaustion, and keep walking.

Hold hands. Share water. Keep imagining. 
So that we, and the children of our children's children 
may live.

_Aurora Levin Morales_

**Shema**

שְׁמַע יִשְׂרָאֵל, יְהֹוָה אֱלֹהֵינוּ, יְהֹוָה אַחֲדָּה.

_Shema Yisrael, Adonai Eloheinu, Adonai echad._

Listen, Israel - the Eternal is God, the Eternal is one.

ברוך seçim ק"וד מלכותו ל"ום ו"ם.

_Baruch sheim k‘vod malchuto le’olam va‘ed._

Blessed is the name and glory of God’s realm, forever.
And you must love The One, your God, with your whole heart, with every breath, with all you have. Take these words that I command you now to heart. Teach them intently to your children. Speak them when you sit inside your house or walk upon the road, when you lie down at night and when you rise. And bind them as a sign upon your hand, and keep them visible before your eyes. Inscribe them on the doorposts of your house and on your gates.

Teach them diligently and gently to your children and all who follow. Speak of them when you are at home and when you are out, when you lie down at night and when you rise in the morning. Write them on the doorposts of your homes and on your gates as reminders of God's presence. In this way, the “Land” that is your soul will flourish for as long as you live.

- Interpretive Translation of Penultimate Section of Shema by Rabbi Leila Gal Berner

Thus may you remember to fulfill all My commandments and be holy to your God. I am Adonai your God who brought you out of the land of Egypt to be your God; I, Adonai, am your God. Truth.

Mi Chamocha

Mi chamocha ba’eilim Adonai. Mi kamocha nedar bakodesh. Nora tehilot osei feleh.
Who is like You, Eternal One, among heavenly powers? Who is like You, awesome in splendor, doing wonders?" - Exodus 15.11

Shirah chadashah shib'chu ge'ulim l'shimcha al s'fat hayam, yachad kulam hodu v'himl'chu v'amru:

The redeemed praised You on the shore of the sea with a new song dedicated to Your name. Together they acknowledged You and declared You sovereign, saying:

Adonai yimloch l'olam va'ed.

The Eternal shall reign throughout all time.

Tzur Yisrael kuma b'ezrat Yisrael uf'dei chinumecha Yehuda v'Yisrael. Go'aleinu Adonai tz'va'ot shemo kedosh Yisrael. Baruch Atah Adonai, ga'al Yisrael.

Rock of Israel, rise in support of Israel, and liberate, as You pledged, Judah and Israel. Our Redeemer - Adonai, Master of Legions, is God's Name - is the Holy One of Israel. Blessed are You Adonai, redeemer of Israel.

Amidah

Adonai sefatai tiftach, ufi yagid tehilatecha.

Adonai, open up my lips, that my mouth declare Your praise.

Baruch atah Adonai, Eloheinu vei'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak, vei'Elohei Yaakov; Elohei Sarah, Elohei Rivka, Elohei Rachel, v'Elohei Leah. Ha'Eil hagadol hagibor v'hanora, Eil elyon, gomel chasadim tovin, v'konei hakol, v'zocher chasdei avot v'imahot, umeivi ge'ulah livnei v'neihem l'ma'an sh'mo b'ahavah.
Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

זוכריינו לחיים مثل השם והשם ונתנו להם חיים לישראל ולעם אבותינו

Remember us for life, Sovereign who wishes us to live. Write us in the Book of Life for Your sake, Eternal God.

Melech ozer umoshi’a umagein. Baruch ata Adonai, magein Avraham v’ezrat Sarah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

Atah gibor l’olam Adonai, m’chayei hakol Atah rav l’hoshia. Morid ha’tal. M’chalkeil chayim b’chesed, m’chayei hakol b’rachamim rabim, someich noflim v’rofei cholim, umatir asurim, um’kayeim emunato lisheinei afar. Mi chamocha ba’al g’vurot umi domeh lach melech meimit um’chayeh umatzmi’ach y’shuah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

Mi chamocha av harachamim, zocher y’tzurav l’chayim b’rachamim;

Who is like You, merciful parent, who remembers God's creatures for life with mercy?

V’ne’eman Atah lehachayot hakol. Baruch Atah Adonai m’chayei hakol.

Blessed are You, the fountain of life, who gives and renews life.
Atah kadosh v'shimcha kadosh u'kedoshim b'chol yom yehalelucha selah. Baruch Atah Adonai ha'melech hakadosh.

Holy are You. Your name is holy. And all holy beings hail You each day.

(On Shabbat, include the words in parenthesis)

Eloheinu v'Elohei avoteinu v'imoteinu, (r'tzei vimnuchateinu). Kad'sheinu b'mitzvotach, v'te'ein chelkeinu b'toratecha. Sabeinu mituvecha, v'samcheinu bishuatecha. V'taheir libeinu l'avd'cha be'emet (v'hanchileinu, Adonai Eloheinu, b'ahavah u'ratson Shabbat kadshecha, v'yanuchu vo Yisrael m'kad'shei sh'mecha), ki atah Elohim emet u'dvarcha emet v'kayam la'ad. Baruch atah Adonai, m'kadesh (haShabat v')Yisrael v'Yom HaZikaron.

Our God, God of our ancestors, (take pleasure in our rest) enable us to realize holiness through Your commandments, give us our portion in Your Torah, let us enjoy the good things of Your world, and gladden us with Your salvation. Refine our hearts to serve You truthfully (and help us to perpetuate, Eternal One, our God, with love and with desire, Your holy Shabbat, and may all Your people Israel, and all who treat Your name as holy, find rest and peace on this day), for You are a God of truth, and Your word is truthful and endures forever. Blessed are You, Eternal One, the sovereign power over all the earth, who raises up to holiness (Shabbat) the people Israel and the Day of Remembrance.

Retzei adonai eloheinu b'amcha yisrael u'tefilatam b'ahavah tekabeil b'ratzon ut'ehi l'ratzon tamid avodat yisrael amecha. Eil karov l'chol korav p'nei el avdecha v'choneinu shefoch ruchacha aleinu.

Be pleased, Adonai our God, with Your people Israel and accept our prayer in love, and may You find pleasure always in our worship. God who is near all who call, turn toward us and be gracious to us by sending Your spirit to us.
Modim anachnu lach, she'Atah hu Adonay Eloheinu veElohei avoteinu v'imoteinu, l'olam va'ed. Tzur chayeinu, magein yish'einu, Atah hu l'dor vedor. Nodeh l'cha oun'sappeir t'hilatecha, al chayeinu ham'surim, b'yadecha, v'al nishmoteinu, hap'kudot lach, v'al nissecha, she'b'chol yom immannu, v'al ni'f'otecha v'tovotecha sheb'chol eit: erev vavoker, v'tzohorayim. HaTov ki lo chalu rachamecha. v'ham'racheinu ki lo tamu chasadecha; mei'olam kivinu lach.

V'al kulam yitbarach v'yi'tromam shimcha, Malkeinu, tamid l'olam va'ed. Uch'tov l'chayim tovim kol b'ney vr'itecha. V'chol hachayim yoducha selah. Vihal'lu et Shimcha be'emet: Ha'Eil y'shu'ateinu, v'ezrateinu selah. Baruch Atah, Adonay, hatov Shimcha; ul'cha na'eh l'hodot.

You are our God today as You were our ancestors’ God throughout the ages; firm foundation of our lives, we are Yours in gratitude and love. Our lives are safe in Your hand, our souls entrusted to Your care. Our sense of wonder at Your miracles and kindness greet You daily at dawn, at dusk, and throughout the day.

For all these things, Your name is blessed and raised in honor always, Sovereign of ours, forever. Write down for a good life all the people of Your covenant. Let all of life acknowledge You. May all beings praise Your name in truth. O God, our rescuer and aid, blessed are You, whose name is good, to whom all thanks are due.

Sim shalom tovah be'ah. Mo'asek ve'razim aleyni 'elol kul Yisrael amecha.

Establish peace, goodness, blessing, grace, loving kindness and mercy upon us and upon all Israel Your people.

Dear God, protect my tongue from evil, and my lips from telling lies. May I turn away from evil and do what is good in your sight. Let me be counted among those who seek peace. May my words of prayer and my heart's meditation be seen favorably, Beloved One, my rock and my redeemer.


May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth. To which we say: Amen.

B'seifer chayim beracha v'shalom u'farnasa tova ni'zacher v'nikateiv lefanecha. Anachnu v'chol amecha beit yisrael l'chayim tovim u'l'shalom. Baruch atah adonai oseh hashalom.

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

Unetaneh Tokef - “And now we declare”

Unetaneh tokef kedushat hayom, ki hu nora v'ayom, uvo tinaseih malchutecha, v'yikon b'chesed kisecha, v'teishev alav b'emet.

Now, we declare the sacred power of this day, for it is awesome and frightening. On it Your Sovereignty will be exalted; Your throne will be firmed with kindness and You will sit upon it in truth.
As a shepherd counts the flock, counting each with a staff as they pass, so we pass before You, as You count and number and account for the souls of all that live.

Adonai, Adonai, Eil rachum v’chanun, erach apayim, v’rav chesed v’emet.
Notzer chesed la’ala=m, nosei avon vafesha, v’chata’ah v’nakeih.

Adonai, Adonai, God, compassionate and gracious. Slow to anger, abounding in kindness and faithfulness. Extending kindness to the thousandth generation, forgiving iniquity, transgression, and sin, and granting pardon.

On Rosh Hashanah all is written and revealed. And on Yom Kippur the course of every life is sealed.


How many shall pass on, how many shall be born.
Who shall live and who shall die.
Who shall see a ripe old age and who shall not.
Who shall perish by fire and who by water,
Who by sword and who by beast,
Who by hunger and who by thirst,
Who by earthquake and who by plague,
Who shall be secure and who shall be driven,
Who shall be tranquil and who shall be troubled.
Who shall be poor and who shall be rich,
Who shall be humbled and who shall be exalted.
Who shall be truly alive and who shall merely exist;
Who shall be happy and who shall be miserable.
Who shall be tormented by the fire of ambition.
And whose hopes shall be quenched by the waters of failure.
Who shall be pierced by the sharp sword of envy;
And who shall be torn by the wild beast of resentment.
Who shall hunger for companionship, and who shall thirst for approval.
Who shall be shattered by the storms of change
And who shall be stressed by the pressures of conformity.
Who shall be strangled by insecurity;
And who shall be beaten into submission.
Who shall be content with their lot;
And who shall wander in search of satisfaction.
Who shall be serene; and who shall be distraught.
Who shall be at ease; and who shall be afflicted with anxiety.

בְּרוּשׁ הַשָּׁנָה יֵיקַתֵּי רֻפָּא. וּבְיוֹם קְפֶר זוּפֶר יֵחָתֵמ

B’Rosh Hashanah yikateivun. Uv’Yom tzom Kippur yechateimun.

On Rosh Hashanah all is written and revealed, and on Yom Kippur the course of every life is sealed.

עַתָּה וְתַפְּלֵיָה וְצָדָקָה מַעֲבַּרְיָהּ אֲתָה רֹעַ הַגְּזַרָה

U’Tshuvah, u’Tefilah, u’Tzedakah ma’avirin et ro’a ha-g’zeirah.

But teshuvah, prayer, and charitable acts will move us past the pain of the decree.

Torah Service

Pitchu Li

פָּתַחוּ לִי שַּעֲרֵי צָדָקָא צֶבַּא בּ טַבָּאָה יִה

Pitchu li shaarei tzedek
avo vam odeh Yah

Open for us the gates of justice/love
We will enter and give thanks to You
Шema Yisrael Adonai Eloheinu Adonai Echad
Hear, O Israel! Adonai, our God, Adonai is One.

Echad Eloheinu, gadol adoneinu, kadosh v'norah shemo.
One is our God, great is our sovereign, holy and awesome is God's name.

Gadlu l'Adonai iti, un'romema shemo yachdav
Declare with me the greatness of the Infinite, together let us raise God's name.

Holy Mountain
And they will come to my holy mountain
and rejoice in my house of prayer.
My house will be a house of prayer for all people.
My house will be a house of prayer for all peoples.

Rabbi Aryeh Hirschfield  Isaiah 56:7

Torah Blessing Before Reading
Reader:
Barchu et Adonai ham'vorach.
Blessed is Adonai, who is blessed.

All:
Baruch Adonai ham'vorach l'olam va'ed.
Blessed is Adonai, who is blessed, now and forever.

Reader:
Baruch Adonai ham'vorach l'olam va'ed.
Blessed is Adonai, who is blessed, now and forever.
Now Abraham was a hundred years old when his son Isaac was born to him. (6) Sarah said, “God has brought me laughter; had promised, and Adonai did for Sarah as God had spoken. (2) Sarah conceived and bore a son to Abraham in his old age, at the set time of which God had spoken. (3) Abraham gave his newborn son, whom Sarah had borne, which God had spoken. (3) Abraham gave his newborn son, whom Sarah had borne, which God had spoken.

Blessed are You, our God, Ruler of the universe, who has chosen us along with all other peoples, and given us the Torah. Blessed are You, Adonai, who gives us the Torah. Amen.

**Torah Blessing After Reading**

Reader:


Blessed are You, our God, Ruler of the universe, who has given us a Torah of truth, and implanting within us eternal life. Blessed are You, Adonai, who gives us Torah. Amen.

**Torah Reading**

**Rosh Hashanah First Day**

**First Aliyah - Genesis 21:1-8**

(א) ייוהו הקד אתחשוה כיושבר אפר ניניו ושיהו הראה פאשה דבר: (ב) נרח מתל שרה האברם ולקוני יפומא אשת-דבר אתי אליהם: (ג) ויקרא האברם את-שם ביניו מחוללות לאשת-כליה-เลยו יקרא: (ד) נגסל אברים ואת-שם בעונ שמי ינושא את-אהליהם: (ה) עמרם בר-ณา שעה מתל לא את-שם בני: (ו) עמרם בה שרה כל-יכול קינתי תקן-לפי: (ז) ואת- (*)(ל) פאשה מיל-לבנים ופלמים-לחי נאש: (מ) האברם משמע תлеч מתים בני-אתי-יכץ: (נ)
everyone who hears will laugh with me." (7) And she added, "Who would have said to Abraham that Sarah would suckle children! Yet I have borne a son in his old age." (8)
The child grew up and was weaned, and Abraham held a great feast on the day that Isaac was weaned.

Healer of the Brokenhearted by Shir Yaakov

Harofe lish'vurey lev
U'Mechabesh latzvotam
Moneh mispar lakochavim
Le'kulam sheymot yikra

Healer of the Brokenhearted
Binder of our Wounds
Counter of Uncountable Stars
You know where we are

Ana el na refa na la
Ana el na refa na la

Halleluyah, Halleluyah
Halleluyah, Halleluyah
Lifting and Dressing the Torah

V’zot ha’Torah asher sam Moshe lifnei b’nei Yisrael al pi Adonai b’yad Moshe.

This is the Torah, which Moses placed before the children of Israel, by the word of the Almighty One, through the hand of Moses.

Let us all bless the name of God, who alone is to be exalted. God's splendor is found on earth and in the heavens. God has lifted up our people's strength. May praise reflect on all God's followers, to the children of Israel, and to all people. Halleluyah.

It is a Tree of Life to those who hold fast to it, and all who support it are happy. Its ways are ways of pleasantness, and all its paths are peace. Return us, O God, to You – let us return. Renew our days as of old, now and evermore.

Od Navi Shalom Aleinu

We will pursue peace for us and everyone.
Salaam/Shalom for us and for the entire world.
Malchuyot, Zichronot, Shofarot

Malchuyot - Power

Where shall I find you?
Your glory fills the world.
Behold, I find You
Where we earn our bread by the sweat of our brows,
Among the lonely and the poor, the lowly, the lost,
You are with us in blazing heat and shattering storm.
Behold, I find You
In the mind free to sail by its own star,
In words that spring from the depth of truth.
Wherever we struggle for justice and freedom.
Where we toil to unravel the secrets of Your world.
Where we make beauty out of words,
Wherever noble deeds are done.
Behold, I find You
In the merry shouts of children at their play;
In words that spring from the depth of truth.
Wherever we struggle for justice and freedom.
Where we toil to unravel the secrets of Your world.
Where we make beauty out of words,
Wherever noble deeds are done.
Behold, I find You
In the merry shouts of children at their play;
In the sleep falling on their infant eyelids,
And in the smile that dances on their sleeping lips.
Let me find the strength not to cast off one in need.
Not to bend the knee before a haughty tyrant.
Give me strength to lift my spirits above the trivial,
To bear lightly my joys and sorrows.

Rabindranath Tagore (adapted in Kol Haneshama Machzor for the Yamim Nora‘im)

Aleinu

עֲלֵיָּנוּ לְשֵׁבַח לַאֲדֹנָה לְכָל לִחְתָּמְת הָאָרֶץ בָּאָרֶתֶשׁ שֶלָּא עָשָׁה קָשִׁי
הֶאָרֶתֶשׁ וּלְא שָׁמְנוּ קְמִשְׁפָחוֹת הָאָדָם שֶלָּא שֶׁשֶׁהָאֲרָצָם כָּל הָמוֹנָם

Aleinu l’shabe’ach la’adon hakol, la’teit gedula l’yotser b’reishit,
Shelo asanu k’goyei ha’aratzot, v’lo samanu k’mishpachot ha’adamah.
Shelo sam chelkeinu kahem v’goraleinu k’chol hamonam.

It is ours to praise the beauty of the world, even as we discern its tatteredness.
For nothing is whole that is not first rent and out of the torn we make whole again.
May we live with promise in creation’s lap, redemption budding in our hands.
It is up to us to hallow creation, to respond to Life with the fullness of our lives.
It is up to us to meet the world, to embrace the whole even as we wrestle with its parts.

Interpretive translation by Marcia Falk
Therefore we bend the knee and shake off the stiffness that keeps us from the subtle graces of life and the supple gestures of love. With reverence and thanksgiving we accept our destiny and set for ourselves the task of redemption.

*Interpretive translation by Rabbi Rami Shapiro*

[The One] who stretched out the heavens and founded the earth, whose realm embraces heaven's heights, whose mighty presence stalks celestial ramparts. This is our God; there is none else besides, as it is written in the Torah: “You shall know this day, and bring it home inside your heart, that Adonai is God in the heavens above and on the earth below. There is no other God.”

May the prayers of our lips be pleasing to You, O exalted God, who hears our shofar sounds. May You lovingly accept our recitation of Malchuyot.
We are part of God's memory,
Because nothing precious is ever lost in the universe,
And love is more precious than anything.
Love's promise and love's fulfillment are never lost.
They always turn up.
They are our inheritance,
If we remember.

*Zichronot - Remembrance*

_Rabbi Sheila Peltz Weinberg in Kol Haneshama Machzor_

God remembered Noah and every living thing, and all the beasts with him in the ark, and God caused a breeze to pass throughout the earth, and all the floodwaters subsided.

_Blessed are You, our God, Ruler of the Universe, who makes our lives sacred with commandments and has bid us to hear the sound of the shofar._

*T'KIYAH - SHEVARIM T'RU'AH - T'KIYAH*

_T'KIYAH - T'RU'AH - T'KIYAH G'DOLA_
Areshet s'fateinu ye'erav lefanecha, eil ram v’misah
Meivin uma'azin, mabit umakshiv lekol tekiyateinu
Ut'kabel b'rachamim uv'ratzon seider shofroteinu.

May the prayers of our lips be pleasing to You, O exalted God, who hears our shofar sounds.  May You lovingly accept our recitation of Shofarot.

**Eitz Chayim Hi**

_Eitz chayim hi lamachazikim ba v'tomcheha mei'ushar._

_Eitz chayim hee lamachazikim ba v'tomcheha mei'ushar._

Shalom, Shalom, Shalom, Shalom, Shalom, Shalom, Shalom, Shalom

It is a Tree of Life to those who hold fast to it, and all of its supporters are happy.

It is a Tree of Life to those who hold fast to it, and all of its supporters are happy.

Shalom, Shalom, Shalom, Shalom, Shalom, Shalom, Shalom, Shalom

**Mourners Kaddish**

יתברך ויתpsonך שם רב בעלהא די ברא בברעהו ומלכדוה

בחיינו ובנויינו ובחיי כל כי י فإליאל, בעינאوابם וברוים אמים

ואמנ:

יהא שם רב בעלהאysters בולנס וולע אולמי цветו מני

יתברך ויתpsonך ויתפזר וחניתו ויתתן ויתענה וייתמל

שם דקודישה, ברך יהא כללה כללה מקל ברקתהทรงיה, השבאתה

והמתא, זאמני ביצלה, אמונים אמונים:

יהא שמלא רב במעתה וחיינו וכל ישראל על כל ישראל אמא

ועשה שמלא בברעםיו ויהא יעשה שמלא על כל ישראל על כל

ויושבי hebt אמא אמונים אמונים
**Yitgadal v’yitkadash sh’mei rabah**

B’alma d’v’ra chirutei v’yamlich malchutei, b’chayeichon uv’yomeichon uv’chaiyei d’chol beit Yisrael ba’agalah uviz’man kariv. V’imru: Amen.

Y’hei sh’mei raba m’varach l’alam ul’almei almaya.

Yitbarach v’yishtabach v’yitpa’ar v’yitromam v’yitnasei, v’yit’hadar v’yitaleh v’yithalal shemei d’Kudsha B’rich hu,

Le’eila min mikol birchata v’shirata, tush’chata v’nechemata da’amiran b’alma. V’imru: Amen.


Exalted and hallowed be God’s great name in the world which God created, according to plan.

May God’s majesty be revealed in the days of our lifetime and the life of all Israel — speedily, imminently. To which we say: Amen.

Blessed be God’s great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen.

May there be abundant peace from heaven, and life, for us and all Israel. To which we say: Amen.

May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth.

To which we say: Amen.

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לָשֶׁנָּה תוֹבָּה تָכְתֶּבֶּה וַטָּכַחְתָּםָו!

*L’shana tova tikateivu v’techateimu!*

May a good year be written and sealed for you!

---

**Kiddush**

ברוך אתה יהוה אלוהינו מלך הָעָלָמִים, בָּעֵיר פִּי הַגָּפֶן.

*Baruch atah Adonai Eloheinu melech ha’olam, borei p’ri hagafen.*

Blessed are You, our God, sovereign of the universe, by whose power fruit comes forth from the vine.
Motzi

ברוך אתה יוצרת אללה תלך מעולם, הפונהים לך מים נאזר.

Baruch atah Adonai Eloheinu melech ha’olam, hamotzi lechem min ha’aretz.
Blessed are You, our God, sovereign of the universe, who brings forth bread from the earth.

Apples and Honey

יהי רצוןמלךיך יצורת אלהים אלהינו נהמה הבוהנים שיתמהו שיגדך שנות

Y’hi ratzon milfanecha, Adonai Eloheinu vei’elohei avoteinu v’imoteinu, shet’chadeish aleinu shanah tovah um’tukah.
May it be Your will, Adonai, our God and the God of our ancestors, that You renew for us a good and sweet year.
Service for Kol Nidrei
Volt Ikh Gehat Koyekh

Volt ikh gehat koyekh,
Volt ikh gelofn in di gasn,
Volt ikh geshri'en sholem,
Sholem, sholem, sholem!

Lu haya li koach
Hayiti ratsa barechov
Hayiti tsoeket shalom,
Shalom, shalom, shalom!

If my voice were louder,
If my body stronger,
I would tear through the streets
Shouting peace, peace, peace!

Based on a Chasidic Shabbat song. English: Sarah Gordon
Yiddish and Hebrew adapted by Adrienne Cooper

Candle Lighting
(light the candles)

Baruch atah Adonai Eloheinu melech ha'olam, asher kidshanu b'mitzvotav v'tzivanu
l'hadlik ner shel (Shabbat v'shel)Yom HaKippurim.

Blessed are You our God, Ruler of the Universe, who makes our lives sacred with commandments and bids us to kindle the light of the (Sabbath and the) Day of Atonement.

Bi'shivah shel mahal uvishivah shel matah, al da'at hamakom, v'al da'at hakhal, anu matirin l'hitpalel im ha'avaryanim.

By the heavenly court and the earthly court, with knowledge of the Omnipresent One, and with knowledge of this assembly, we are invited to pray among the transgressors.
Kol Nidrei - All Vows

First chanting

כָּל נָדְרֵי וְאֵסָרִין וְקָוֹנֵמֵי וְשָׁבִיעֲתֵי וְשָׁבֵעֲתֵיהֶמָּה
וְרָּאָהָהָה וְרָאָהָהָהָו וְרָאָהָהָו וְרָאָהָהָו וְרָאָהָהָו
וְרָּאָהָה וְרָּאָהָה וְרָּאָהָה וְרָּאָהָה וְרָּאָה
וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה
וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה
וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה
וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה
וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה וְרָּאָה

Leader: Kol nidrei ve’esarei va’charamei v’konamei v’chinu yehi v’kinusei
ush’vu’ot dindarna ud’ishtabana ud’acharimna ud’asarna al nafhatana
mi’yom kipurim zeh ad yom kipurim haba aleinu l’tovah. Kulhon
icharatna v’hon. Kulhon y’hon sharan sh’vikin sh’vitin b’tellin
um’vutalin la sh’ririn v’la kavim. Nidrana la nidrei ve’esarana la
esarei um’vutalin la sh’vu’atana la sh’vu’ot.

All: All vows, and formulas of prohibition, and declarations of taboo, and promises of
abstinence, and names of God, and pledges one assumes on penalty, and oaths,
whatever we have vowed and then forgot, whatever we have sworn but not upheld,
whatever we declared taboo that went amiss, whatever prohibitions we assumed upon
ourselves to no avail, from the last Day of Atonement to this Day of Atonement - may
the day come upon us for the good!

V’nislach

V’nislach l’chol adaht
b’nay yisrael
v’lahgare hagahr b’tochahm
kei l’kole ha’ahm bishgagah
s’lach nah la’avone ha’am hazeh
kih goh-dell chas’dechah
v’ cha-ashar nasatah la’am hazeh
mi-Mitzrayim v’ad heiynah
V’sham ne-mar:

כֶּלֶת לָכֶל עֵֽדֵת
בֵּֽי יִשְׂרֵֽאֵל
וּלָהְרָה נְגֵֽו בְּתוֹכָּֽהּ
כֵּֽי לָכֶל הָעָֽם בְּשֶׁגֶּֽגַע
cel la eloo cesem hah
celi mishdor
ve’asaresh ne’aseh la’em hazeh
momarim uyd hazeh
losh ne’amor

46
And there shall be atonement for the whole community of Israel, and the stranger dwelling in their midst-- indeed, for an entire people that has gone astray. Grant forgiveness then for the transgressions of this people, as the abundance of your love demands, and as you have always lifted from disfavor these, your people, from the time of Egypt until now, as it is told, “The Fount of Mercy said, I grant forgiveness as you ask.” (Numbers 15:26, 14:19-20)

Shehecheyanu

Let us bless the wellspring of life,
Who has given us life, sustained us and brought us to this season.

Music: Linda Hirschhorn Words: Marcia Falk

Barchu - Call to Prayer

Leader: Barchu et Adonai ham’vorach
Bless the Eternal, the Source of all Blessing.

All: Baruch Adonai ham’vorach le’olam va’ed
Blessed is the Eternal, the Source of all Blessing, forever.

Leader: Baruch Adonai ham’vorach le’olam va’ed
Blessed is the Eternal, the Source of all Blessing, forever.
Ma’ariv Aravim

This is an hour of change.
Within it we stand uncertain on the border of light. Shall we draw back or cross over?
Where shall our hearts turn?
Shall we draw back, my brother, my sister,
Or cross over?
This is the hour of change, and within it,
We stand quietly
On the border of light.

What lies before us?
Shall we draw back, my brother, my sister, Or cross over?

Leah Goldberg, adapted, Mishkan T’filah

Baruch atah Adonai hama’ariv aravim.
Blessed are You, Adonai, who brings on evening.

Ahavat Olam: We are Loved

We are loved by an unending love.
We are embraced by arms that find us even when we are hidden from ourselves.

We are touched by fingers that soothe us even when we are too proud for soothing.
We are counseled by voices that guide us even when we are too embittered to hear.
We are loved by an unending love.

We are supported by hands that uplift us even in the midst of a fall.
We are urged on by eyes that meet us even when we are too weak for meeting.
We are loved by an unending love.

Embraced, touched, soothed, and counseled, ours are the arms, the fingers, the voices;
ours are the hands, the eyes, the smiles;
We are loved by an unending love.

Rabbi Rami Shapiro
Shema

Listen, Israel – the Eternal is God, the Eternal is one.

Baruch sheim k’vod malchuto le’olam va’ed.

Blessed is the name and glory of God's realm, forever.

And you must love The One, your God, with your whole heart, with every breath, with all you have. Take these words that I command you now to heart. Teach them intently to your children. Speak them when you sit inside your house or walk upon the road, when you lie down and when you rise. And bind them as a sign upon your hand, and keep them visible before your eyes. Inscribe them on the doorposts of your house and on your gates.

Mi Chamocha

Who is like You, Eternal One, among heavenly powers? Who is like You, awesome in splendor, doing wonders? - Exodus 15.11

Your children behold Your sovereignty as You divided the sea before Moses. “This is my God,” they said, declaring:
Adonai yimloch l’olam va’ed.

“The Eternal shall reign throughout all time.”

Vene’emar ki fadah Adonai et Ya’akov ug’alo miyad chazak mimenu. Baruch atah Adonai ga’al Yisrael.

And thus it is written: “God has rescued Jacob and redeemed him from those more powerful.” Praised are You, Eternal, redeemer of the people Israel.

Hashkiveinu

Hashkiveinu Adonai, Eloheinu l’shalom
V’hamideinu Malkeinu l’chayim
Ufros aleinu sukat shlomecha
U’shmor tzeteinu u’vo’enu, l’chayim u’l’shalom may’ata v’ad olam
Baruch ata adonai, shomer amo yisrael l’ad

Help us lie down, Dear One, our God, in peace, and let us rise again, our sovereign, to life. Spread over us the shelter of your peace. Guard our going forth each day for life and peace, now and always. Spread over us the shelter of your peace. Blessed are you, Compassionate one, who spreads your canopy of peace over all your people Israel and over Jerusalem.

Walk Slowly

It only takes a reminder to breathe, a moment to be still, and just like that, something in me settles, softens, makes space for imperfection. The harsh voice of judgment drops to a whisper and I remember again that life isn’t a relay
race; that we will all cross the finish line; that waking up to life is what we were born for. As many times as I forget, catch myself charging forward without even knowing where I’m going, that many times I can make the choice to stop, to breathe, and be, and walk slowly into the mystery.

Danna Faulds

Amidah

אַדְנָן סֶפַּתָּהּ וּפיִ גִּידִ הָתְלָהְתָּה

Adonai seftai tiftach, ufi yagid tehilatecha.

Adonai, open up my lips, that my mouth declare Your praise.

Baruch atah Adonai, Eloheinu vei’lohei avoteinu v’imoteinu, Elohei Avraham, Elohei Yitzchak, vei’lohei Yaakov; Elohei Sarah, Elohei Rivkah, Elohei Rachel, vei’lohei Leah.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

זָכְרֵנִי לָיעִית מַלֵּךְ הַחֲיִים, מֶלֶךְ חַפֶּיצוּ, וְחָתַוֵּנִי בְּסִיֶּף הָחֲיִים לְמַעַן אֲלֹהִים

Remember us for life, Sovereign who wishes us to live. Write us in the Book of Life for Your sake, Eternal God.
Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.

Atah gibor l’olam Adonai, m’chayei hakol Atah rav l’hoshia. Morid ha’tal. M’chalkeil chayim b’chesed, m’chayei hakol b’rachamim rabim, someich nollim v’rofei cholim, umatir asurim, um’kayeim emunato lisheinei afar. Mi chamocha ba’al g’vurot umi chayim b’chesed, m’chayei hakol b’rachamim rabim, someich no’im v’rofei cholim.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

Mi chamocha av harachamim, zocher y’tzurav l’chayim b’rachamim; Who is like You, merciful parent, who remembers God’s creatures for life with mercy?

V’ne’eman atah lehachayot hakol. Baruch atah Adonai m’chayei hakol. Blessed are You, the fountain of life, who gives and renews life.

Atah kadosh v’shimcha kadosh u’kedoshim b’chol yom yehalelucha selah. Baruch Atah Adonai ha’melech hakadosh.

Holy are You. Your name is holy. And all holy beings hail You each day.

(On Shabbat, include the words in parenthesis)
Our God, God of our ancestors, (take pleasure in our rest) enable us to realize holiness through Your commandments, give us our portion in Your Torah, let us enjoy the good things of Your world, and gladden us with Your salvation. Refine our hearts to serve You truthfully (and help us to perpetuate, Eternal One, our God, with love and with desire, Your holy Shabbat, and may all Your people Israel, and all who treat Your name as holy, find rest and peace on this day), for You are a God of truth, and Your word is truthful and endures forever. Blessed are You, Eternal One, the sovereign power over all the earth, who raises us up to holiness (Shabbat) the people Israel and the Day of Atonement.

Be pleased, Adonai our God, with Your people Israel and accept our prayer in love, and may You find pleasure always in our worship. God who is near all who call, turn toward us and be gracious to us by sending Your spirit to us.
Shalom rav al Yisrael amcha tasim l’olam
Ki Atah hu melech adon l’chol hashalom
V’tov b’einecha l’vareich et Yisrael b’chol eit uv’chol sha’ah bisholomecha

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

Shalom rav al Yisrael amcha tasim l’olam
Ki Atah hu melech adon l’chol hashalom
V’tov b’einecha l’vareich et Yisrael b’chol eit uv’chol sha’ah bisholomecha

Grant abundant peace eternally for Israel, Your people, for You are the sovereign source of all peace. So, may it be a good thing in Your eyes to bless Your people Israel, and all who dwell on earth, in every time and hour, with Your peace.

Shloam be’er Yisrael berachah v’shalom berakassah tovah v’nikateiv lefanecha. Baruch atah, Adonai, hatov Sholom rav al Yisrael amcha tasim l’olam
Ki Atah hu melech adon l’chol hashalom
V’tov b’einecha l’vareich et Yisrael b’chol eit uv’chol sha’ah bisholomecha

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V’tov b’einecha l’vareich et Yisrael b’chol eit uv’chol sha’ah bisholomecha

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

Dear God, protect my tongue from evil, and my lips from telling lies. May I turn away from evil and do what is good in Your sight. Let me be counted among those who seek peace. May my words of prayer and my heart’s meditation be seen favorably, Beloved One, my rock and my redeemer. May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.

May the Words of My Mouth/Sanctuary Song

May the words of my mouth
And the meditations of my heart
Be acceptable to you Yah
My Rock and My Redeemer.

Life prepare me to be a sanctuary
Pure and holy, tried and true
In thanksgiving, I’ll be a living
Sanctuary for you.

Ve-asu li mikdash
Ve-shachanti be-tocham

Va-a-nach-nu ne-var-ech Yah

May-atah ve-ad o-lam.

Halleluyah, Halleluyah, Halleluyah, Hallelu (2x)

Ashamnu

אשאמה נברך זה משכחה ועד וכלתו היא

Ve-shachanti be-tocham

55
Tzararnu. Kishinu oref.

We have acted wrongly,
We have been untrue,
And we have gained unlawfully
And we have defamed
We have harmed others,
We have wrought injustice,
And we have hurt
And have lied.
We have improperly advised,
and we have covered up the truth,
and we have laughed in scorn.
We have misused responsibility
And have neglected others
And have stubbornly rebelled.

You know the universe's mysteries, the most hidden secrets of all living beings. You
search a person's innermost recesses, and you probe the depths of conscience and of
thought. Nothing is hidden from you, nothing is concealed before your gaze. So, let it
be your will, Eternal One, our God, God of our ancestors, that you may grant
forgiveness to us for all of our sins, and pardon us for all of our injustices, and let us
atone for all we have done wrong.

Kol Haneshama Reconstructionist Machzor p. 763

V'al kulam Eloha slichot s'noch lanu m'chach lanu kaper lanu.
For all these marks we have missed,
forgiving God, forgive us, pardon us, grant us atonement.

Al Chet

For the wrongs we have done before You under duress or by choice

We have wronged before You by misusing our minds.

For the wrongs we have done before You willingly or unwillingly

We have wronged before You by hardening our hearts.

For the wrongs we have done before You by confusing love with lust.
We have wronged before You openly and in private.
For the wrongs we have done before You by inflicting lasting hurts

We have wronged before You by misusing our words.
For the wrongs we have done before You by deceiving another person

We have wronged before You with malicious intent.
For the wrongs we have done before You by disrespecting our parents and teachers

We have wronged before You both intentionally and by mistake.
For the wrongs we have done before You by acts of desecrating creation

We have wronged before You with our carelessness.
For the wrongs we have done before You by not resisting the impulse to evil

We have wronged before You when we fail to do the right thing.

V’al kulam Eloha slichot s’lach lanu m’chal lanu kaper lanu
For all these marks we have missed, forgiving God, forgive us, pardon us, grant us atonement.

For the wrongs we have done before You by using people as stepping stones;

We have wronged before You for pretending to emotions we do not feel.
For the wrongs we have done by using the sins of others to excuse our own;

We have wronged by denying our responsibility for our own misfortune.
For the wrongs we have done before You by condemning in our children and our parents the faults we tolerate in ourselves;

We have wronged before You by not facing our own deficiencies.
For the wrongs we have done by passing judgment without knowing all the facts;

We have wronged before You by tale bearing.
For the wrongs we have done before You by dishonesty in our accumulations;

We have wronged by remembering the cost of things but not their value.
For the wrongs we have done by overindulging our children’s wants while neglecting their needs;
We have wronged before You by setting ourselves as poor examples.

For the wrongs we have done before You by not crying out for peace;

We have wronged before You by closing our hearts and hesitating.

For the wrongs we have done before You by not stopping evil in its tracks;

We have wronged before You by closing our hearts and hesitating.

For the wrongs we have done before You by our silence and indifference;

We have wronged before You by not speaking out to change that which is wrong.

ינעל קולות埃尔והים. סלח לנו. מעלה קפר לנו.

V'al kulam Eloha slichot s'lich lanu m'chal lanu kaper lanu

For all these marks we have missed, forgiving God, forgive us, pardon us, grant us atonement.

O God, forgive our rich nation where small babies die of cold quite legally.
O God, forgive our rich nation where small children suffer from hunger quite legally.
O God, forgive our rich nation where toddlers and school-children die from guns sold quite legally.
O God, forgive our rich nation that lets children be the poorest group of citizens quite legally.
O God, forgive our rich nation that lets the rich continue to get more at the expense of the poor quite legally.
O God, forgive our rich nation which thinks security rests in missiles rather than in mothers, and in bombs rather than in babies.
O God, forgive our rich nation for not giving You sufficient thanks by giving to others their daily bread.
O God, help us never to confuse what is quite legal with what is just and right in Your sight.

- Marian Wright Edelman

Leader: We have confronted the wrongs we have committed, and now we acknowledge the acts that inspired us to greater kindness. By recalling them, may we be moved to perform them, repeat them, to build on them, and to have them guide us toward a better existence. Keep us far from petty self-regard, from anger, impatience, despair, gossip and all bad traits. Grant us the gift of seeing other people's merits and not their faults.
All: We thank You, our God, for the many opportunities we have for doing good:
- standing up for justice when we see another mistreated.
- remembering the good in others even when we are upset with them.
- expressing gratitude to those who help us.
- giving freely to tzedakah – to charity, financial acts of justice
- apologizing to those we needlessly hurt
- returning a found object to its owner
- bringing comfort to the sick
- helping others to find work, shelter, and their own strength
- giving the gift of laughter
- embracing change when it is good
- resisting change when it is bad

Tonight we concern ourselves with teshuva, turning:
Turning from ignorance to truth,
From darkness to light,
From evil to good,
From conceit to compassion,
From self to Life,
Turning is the key to survival.
The seasons, the planets, the galaxies--
All maintain their existence through turning.
Our turning too is in the natural order of things,
Holding the key to our survival by returning us to holiness.

Rami M Shapiro

Create a Pure Heart in Me
Create a pure heart in me, Great Spirit,
Create a pure heart in me.
Create a pure heart in me, Great Spirit,
Create a pure heart in me.

And renew a true soul within me,
and renew a true soul within.
And renew a true soul within me,
and renew a true soul within.

from Navah Tehilla, a congregation in Jerusalem

Ki Anu Amecha - We are Your People
Ki anu amecha v'atah Eloheinu, anu vanecha v'atah avinu
Anu avadecha v'atah adoneinu, anu k'halecha v'atah chelkeinu
Anu nachalatecha v'atah goraleinu, anu tzonecha v'atah ro'einu
Anu charmecha v'atah notreinu, anu f'ulatecha v'atah yotzreinu
Anu rayatecha v'atah dodeinu, anu s'gulatecha v'atah k'roveinu
Anu amecha v'atah malkeinu, anu ma'amirecha v'atah ma'amireinu

We are Your people and You are our God.
We are Your children and You give us life.
We are Your servants and You are our master.
We are Your congregation and You are our only One.
We are Your heritage and You are our destiny.
We are Your flock and You are our shepherd.
We are Your vineyard and You are our protector.
We are Your creatures and You are our Creator.
We are Your companions and You are our beloved.
We are Your treasure and You delight in us.
We are Your people and You are our sovereign.
We solely acknowledge You and You bestow favor upon us.

Avinu Malkeynu – Our Parent, Our Sovereign

Our Father, our King, teach us how to make this year a new beginning.
Our Mother, our Queen, teach us how to grow
from the harshness of life.
Our Source and our Destiny, teach us how to accept
what we must accept.
Our Guide and our Truth, teach us to change what must be changed.

Our Father, our King, teach us how to face disease and death.
Our Mother, our Queen, teach us how to enjoy the gifts of life.
Our Source and our Destiny, teach us how to make peace
with our enemies.
Our Guide and our Truth, teach us how we can best help
our people Israel.

Our Father, our King, teach us how we can best help all humanity.
Our Mother, our Queen, let us find pardon for our wrongdoings.
Our Source and our Destiny, let us return to You,
wholly and completely.
Our Guide and our Truth, teach us how to help those who are ill.

Our Father, our King, let us write our names in the Book of Life.
Our Mother, our Queen, help us to find meaningful work.
Our Source and our Destiny, help us to find inner freedom.
Our Guide and our Truth, help us to learn how to love.
Our Father, our King, receive our prayers.
Our Mother, our Queen, teach us how to be good lovers.
Our Source and our Destiny, teach us how to be good parents.
Our Guide and our Truth, teach us how to be good children.

Our Father, our King, teach us how to be good friends.
Our Mother, our Queen, teach us how to be good Jews.
Our Source and our Destiny, teach us how to be good people.
Our Guide and our Truth, teach us how to be one with Your universe.

Avinu malkeinu, chaneinu va’aneinu, Ki ein banu ma-asim.
Asei imanu tzedaka vachesed V’hoshi’einu.

Avinu malkeinu, grant us justice and bring us salvation,
Grant us justice and loving kindness and bring us salvation.

Burt Jacobson

Gonna Get through This World
I’m gonna get through this world
The best I can, if I can
And I’m gonna get through this world
And I think I can.
Well I’m gonna work in this world
The best I can, if I can
And I’m gonna work in this world
And I think I can

I’m gonna get through this world
The best I can, if I can
I’m gonna work in this world
The best I can, if I can
I’m gonna get through this world
The best I can.

I’m gonna walk in this world
The best I can, if I can
And I’m gonna walk in this world
And I think I can.
I am gonna talk in this world
The best I can, if I can
And I’m gonna talk in this world
And I think I can. And I think I can.

I’m gonna walk in this world
The best I can, if I can
I’m gonna talk in this world
The best I can, if I can
I’m gonna get through this world
The best I can.
I'm gonna clean up this world
The best I can, if I can
And I'm gonna clean up this world
And I think I can.
I'm gonna leave this world behind
The best I can, if I can
I'm gonna leave this world behind
And I think I can. And I think I can.
I'm gonna clean up this world
The best I can, if I can
I'm gonna leave this world behind
The best I can, if I can
I'm gonna get through this world
The best I can.

Words by Woody Guthrie, 1945,
Music by Lisa Gutkin (The Klezmatics), 2003

Aleinu

Aleinu l'shabei'ach la'adon hakol, la'teit gedulah l'yotser b'reishit,
Shelo asanu k'goyei ha'aratzot, v'lo samanu k'imishpachot ha'adamah.
Shelo sam chelkeinu kahem v'goraleinu k'choh hamonam.

It is ours to praise the beauty of the world, even as we discern its tatteredness.
For nothing is whole that is not first rent and out of the torn we make whole again.
May we live with promise in creation's lap, redemption budding in our hands.
It is up to us to hallow creation, to respond to Life with the fullness of our lives.
It is up to us to meet the world, to embrace the whole even as we wrestle with its parts.
- Interpretive translation by Marcia Falk

Va'anachnu korim umishtachavim umodim
Lifnei melech, malchei hamlachim, hakadosh baruch hu.

Therefore we bend the knee and shake off the stiffness that keeps us from the subtle
graces of life and the supple gestures of love. With reverence and thanksgiving we
accept our destiny and set for ourselves the task of redemption.
- Interpretive translation by Rabbi Rami Shapiro
V'ne'emar, v'hayah Adonai l'melech al kol ha'aretz. Bayom hahu yihiyeh Adonai echad, u'shmo echad.

And it is written: “Adonai will reign as sovereign over all the earth. On that day shall Adonai be one, God's name be one!”

Mourners Kaddish

Yitgadal v’yitkodash sh’mei rabah

B’alma d’vra chirutei v’yamlich malchutei, b’chayeichon uv’yomeichon uv’chaiyei d’chol beit Yisrael ba’agalah uviz’man kariv. V'imru: Amen.

Y’hei sh’mei raba m’varach l’alam ul’almei almaya.

Yitbarach v’yishtabach v’yitpa’ar v’yitromam v’yitnasei, v’yit’hadar v’yitaleh v’yithalal shemei d’Kudsha B’rich hu,

Le’eila min mikol birchata v’shirata, tushb’chata v’nechemata da’amiran b’alma. V'imru: Amen.


Kaddish: Beauty of the World

Praise the world -
praise its fullness
and its longing,
its beauty and its grief.
Praise stone and fire,
lilac and river,
and the solitary bird
at the window.
Praise the moment
when the whole
bursts through pain
and the moment
when the whole
bursts forth in joy.
Praise the dying beauty
with all your breath,
and praising, see
the beauty of the world
is your own.

Marcia Falk

Olam Chesed Yibaneh

Olam Chesed Yibaneh,
ya da dai dai dai, ya da dai dai (4x)

We must build this world from love (justice, peace),
ya da dai dai di, ya da dai dai (2x)

We will build this world from love (justice, peace),
*yada dai dai dai, ya da dai dai (2x)*
Service
for
Yom Kippur Morning
Elohai Neshama

Elohai neshama shenatata bi t'hora hi.

God, the soul You have given me is pure.

Kol Haneshamah - Psalm 150

Halleluyah, hallelu el b'kodsho, halleluhu birkia uzo.

Halleluhu bigvurot - halleluhu k'rov gudlo.

Halleluhu b'teika shofar, halleluhu b'neivel v'chinor
Halleluhu b'tof umachol, halleluhu b'minim v'ugav.

Halleluhu b'tzil tzelei shama, halleluhu b'tzil tzelei t'ruah

Kol haneshamah t'halleil ya, halleluyah...

Call out to God in heaven's holy place. Exclaim to God across the firmament. Shout to God for God's mighty deeds. Proclaim to God as loud as God is great. Blast out for God with piercing shofar sound. Strum to God with sweet lute and strings. Drum to God with mighty rhythm. Dance to God with joyous abandon. Sing out to the Creator with strings and husky flute! Sing out to the Eternal with cymbals that resound! Let every living thing praise God, Halleluyah.

Nishmat Kol Chai - A Blessing for All of Creation

Nishmat kol chai t'vareich et shimcha, Adonai Eloheinu v'ruach kol basar
T'fa'eir utromeim zichrecha, malkeinu, tamid, min ha'olam ve'ad ha'olam Atah Eil.

The soul of every living thing shall bless Your name, Adonai, our God, the spirit of all flesh shall glorify and hold in reverence continually the memory of You, our sovereign one. From one eternity to another, You alone are God.
Hamelech

Hamelech yoshev al kiseh ram v’nishah:

The sovereign be praised who sits upon the high and lofty throne!
The Shechina is our intimate forever, yet with a Name exalted and holy.
Sing to Adonai, those who do justly, for praise becomes the upright.

From the mouths of the upright, comes God’s praise,
Blessing is in the words of doers of justice,
Exaltation springs from the tongues of those who do more than is required.
From the innermost parts of holy people does God’s holiness shine forth.
Chatzi Kaddish

Yitgadal v’yitkadash sh’mei rabba

B’alma divra chirutei v’yamlich malchutei b’chayeichon uv’yomeichon uvchayei
d’chol beit Yisrael ba’agala u’vizman kariv v’imru

Amen. Yehei sh’mei rabba m’VARACH l’olam ulalmei almaya yitbarach.

Yitbarach v’yishtabach v’yitpa’ar v’yitromam v’yitnasei v’yit’aleh v’yithalal
sh’mei d’kudsha

B’rich hu

L’eila ul’eila mikol birchata v’shirata tushbechata v’nechemata da-amiran b’alma
v’imru

Amen.

Let God’s name be made great and holy in the world that was created as God willed. May
God complete the holy realm in your own lifetime, in your days, and in the days of all
the house of Israel, quickly and soon. And say: Amen.

May God’s great name be blessed, forever and as long as worlds endure.

May it be blessed, and praised, and glorified, and held in honor, viewed with
awe, embellished, and revered, and may the blessed name of holiness be
hailed, though it be higher by far than all the blessings, songs, praises,
and consolations that we utter in this world. And say: Amen.
Barchu - Call to Prayer

Leader:  

Barchu et Adonai ham’vorach  

Bless the Eternal, the Source of all Blessing.

All:  

Baruch Adonai ham’vorach le’olam va’ed  

Blessed is the Eternal, the Source of all Blessing, forever.

Leader:  

Baruch Adonai ham’vorach le’olam va’ed  

Blessed is the Eternal, the Source of all Blessing, forever.

Once the World Was Perfect

Once the world was perfect, and we were happy in that world.  
Then we took it for granted.  
Discontent began a small rumble in the earthly mind.  
Then Doubt pushed through with its spiked head.  
And once Doubt ruptured the web,  
All manner of demon thoughts  
Jumped through—  
We destroyed the world we had been given  
For inspiration, for life—  
Each stone of jealousy, each stone  
Of fear, greed, envy, and hatred, put out the light.  
No one was without a stone in his or her hand.  
There we were,  
Right back where we had started.  
We were bumping into each other  
In the dark.  
And now we had no place to live, since we didn’t know  
How to live with each other.  
Then one of the stumbling ones took pity on another  
And shared a blanket.  
A spark of kindness made a light.  
The light made an opening in the darkness.  
Everyone worked together to make a ladder.  
A Wind Clan person climbed out first into the next world,  
And then the other clans, the children of those clans, their children,  
And their children, all the way through time—  
To now, into this morning light to you.

Joy Harjo
Baruch ata adonai eloheinu melech ha'olam yotzer or u'voray et hakol.

Blessed are you, Eternal One, our God, sovereign of all worlds who fashions light and creates darkness, maker of peace and creator of all.

Ahava Raba

With an abounding love, You love us, our nurturer, our God. With great compassion do You care for us. Our sovereign, just as our ancestors placed their trust in You, and You imparted to them laws of life, so be gracious to us too, and teach us. Our source, our loving parent who cares for us, be merciful with us and place into our hearts the ability to understand, to see, to hear, to learn, to teach, to keep, to do, and to uphold with love all the wisdom that is in Your Torah.

V'ha'eir aineinu b'toratecha v'dabek libeinu b'mitzvotcha
V'yacheid l'vaveinu l'ahava ul'yira et sh'mecha
V'lo neivosh l'olam va'ed
Ki b'sheim kodsh'cha hagadol v'hanora batachnu nagila v'nismecha bishu'atecha
V'havi'einu l'shalom mei'arba kanfot ha'aretz v'tolicheinu kom'miut l'artzeinu ki eil po'eil yishu'ot atah, uvanu vacharta mikol am v'lashon.
V'keiravtanu l'shimcha hagadol selah be'emet. L'hodot l'cha ul'yached'cha b'ahavah. Baruch atah Adonai oheiv amo Yisrael.

Enlighten us with Your Torah; cause our hearts to cling to Your commandments. Make our hearts one, to love Your name and be in awe of it. Keep us from shame today and always, for we have trusted in Your holy, great and awesome name. May we be glad, rejoicing in Your saving power, and may You reunite our people from the four corners of the earth, leading us with pride to our land. For You are the redeeming God and have brought us near to Your great name, to offer thanks to You and lovingly declare Your unity. Blessed are You, our God, who loves Your people Israel.

Shema

Shema Yisrael, Adonai Eloheinu, Adonai echad.

Listen, Israel – the Eternal is God, the Eternal is one.

Baruch sheim k'vod malchuto le'olam va'ed.

Blessed is the name and glory of God's realm, forever.

V'ahavta eit Adonai Elohecha b'chol l'vavcha uv'chol nafshecha uv'chol me'odecha. V'yahu had'varim ha'eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivtecha b'veitecha vadarerecha uv'shochbecha uvekumecha. Uk'shartam le'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al mezuzot beitecha uvisharecha.

And you must love The One, your God, with your whole heart, with every breath, with all you have. Take these words that I command you now to heart. Teach them intently to your children. Speak them when you sit inside your house or walk upon the road, when you lie down and when you rise. And bind them as a sign upon your hand, and keep them visible before your eyes. Inscribe them on the doorposts of your house and on your gates

L'ma'an tiz'k'ru va'asitem et kol mitz'votai viyitem k'doshim lei'loheichem. Ani Adonai Eloheichem asher hotzei'ti et'chem mei'eretz Mitz'rayim lih'yot lachhem leilohim. Ani Adonai Eloheichem. Adonai Eloheichem emet.
Thus may you remember to fulfill all My commandments and be holy to your God. I am Adonai your God who brought you out of the land of Egypt to be your God; I, Adonai, am your God. Truth.

Mi Chamocha

Mi chamocha ba'eilim Adonai. Mi kamocha nedar bakodesh.

Who is like You, Eternal One, among heavenly powers? Who is like You, awesome in splendor, doing wonders?" — Exodus 15.11

Shirah chadashah shib’chu ge’ulim l’shimcha al s’fat hayam, yachad kulum hodu v’himl’chu v’amru:

The redeemed praised You on the shore of the sea with a new song dedicated to Your name. Together they acknowledged You and declared You sovereign, saying:

Adonai yimloch l’olam va’ed.

The Eternal shall reign throughout all time.


Rock of Israel, rise in support of Israel, and liberate, as You pledged, Judah and Israel. Our Redeemer – Adonai, Master of Legions, is God’s Name – is the Holy One of Israel. Blessed are You Adonai, redeemer of Israel.

Amidah

Adonai sefatai tiftach, ufi yagid tehilatecha.

Open my lips, Eternal One, and let my mouth declare Your praise.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

Zochreinu l'chayim, melech chafetz ba'chayim, v'chatveinu b'seifer hachayim l'man'cha Elohim chayim.

Remember us for life, Sovereign who wishes us to live. Write us in the Book of Life for Your sake, Eternal God.

Melech ozer umoshi'a umagein. Baruch atah Adonai, magein Avraham v'ezrat Sarah.

Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.

Atah gibor l'olam Adonai, m'chayeihakol Atah rav l'hoshia. Morid ha'tal. M'chalkeil chayim b'chesed, m'chayeihakol b'rachamim rabim, someich no'rim v'rofei cholim, umatir asurim, um'kayeim emuna lishinei afar. Mi chamocha ba'al g'vurot umi domeh lach melech meimit um'chayeh umatzmi'ach y'shuah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can
compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

**Unetaneh Tokef - “And now we declare”**

Unetaneh tokef kedushat hayom, ki hu nora v’ayom, uvo tinaseih malchutecha, v’yikon b’chesed kisecha, v’teshev alav b’emet.

Now, we declare the sacred power of this day, for it is awesome and frightening. On it Your Sovereignty will be exalted; Your throne will be firmed with kindness and You will sit upon it in truth.

Kevakorat ro’eh edro, ma’avir tzono tachat shivto.

As a shepherd counts the flock, counting each with a staff as they pass, so we pass before You, as You count and number and account for the souls of all that live.

Adonai, Adonai, Eil rachum v’chanun, erech apayim, v’rav chesed v’emet.

Adonai, Adonai, God, compassionate and gracious. Slow to anger, abounding in kindness and faithfulness. Extending kindness to the thousandth generation, forgiving iniquity, transgression, and sin, and granting pardon.

B’Rosh Hashanah yikateivun. Uv’Yom tzom Kippur yechateimun.

On Rosh Hashanah all is written and revealed.

And on Yom Kippur the course of every life is sealed.

Ashamnu

Tzararnu. Kishinu oref.

We have acted wrongly,
We have been untrue,
And we have gained unlawfully
And have defamed
We have harmed others,
We have wrought injustice,
We have zealously transgressed,
And we have hurt
And have told lies.
We have improperly advised,
and we have covered up the truth,
and we have laughed in scorn.
We have misused responsibility
And have neglected others
And have stubbornly rebelled.
We have offended,
We have perverted justice,
We have stirred up enmity,
And we have kept ourselves from change.
We have reached out to evil,
We have shamelessly corrupted
And we have treated others with disdain.
Yes, we have thrown ourselves off course,
And we have tempted and misled.

Translation from Siddur Kol Haneshama

V-ahl Kulam

V-ahl kulam, Eloah slichot, s'lach lanu, m'chal lanu, kapehr lanu
May all we do this day, return us to the way
Forgiving and healing releasing us anew

Shema Koleinu - Hear Our Voice


Hear our voice, Eternal One, our God, and accept our prayer with mercy and good will. Turn us toward You that we might be enabled to return. Renew our days as of old. Do not cast us away from Your presence, and do not remove Your spirit from our midst. And do not cast us off as we grow old; do not forsake us when our strength departs. Give us a sign of blessing, so that anyone who bears us ill shall hesitate, for truly You, Eternal One, have always helped us and consoled us. Hear now our words and behold our contemplation. May our words of prayer and the meditations of our hearts be acceptable onto You, our God, our rock and redeemer.

Eloheinu v'Eilohei avoteinu v'imoteinu - s'lach lanu m'chal lanu kaper lanu.
Our God, and God of our ancestors, forgive us, pardon us, help us atone.

Sim Shalom

Sh'im Shalom tovah uv'rachah chein vachesed v'rachamim aleinu v'al kol Yisrael amecha.
Establish peace, goodness, blessing, grace, loving kindness and mercy upon us and upon all Israel Your people.

בטפ屆 מים ברכה ושלום ו福祉ה ברכה נביא וכר וצלחת לשלום ושלום לכל
In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

Avinu Malkeinu

Our source, our sovereign, be gracious with us and respond to us, for we have no deeds to justify us; deal with us in righteousness and love, and save us now.

Avinu malkeinu, chaneinu va’aneinu,
Ki ein banu ma-asim.
Asei imanu tzedaka vachesed
V’hoshi’einu.

Our source, our sovereign, we have done wrong in Your presence.

Avinu malkeinu, chatanu lefanecha.
Source of life, sovereign of the universe, we have done wrong in Your presence.

Avinu malkeinu, ein lanu melech eileh atah.
Our source, our sovereign, we have no one to rule over us but You.

Avinu malkeinu, aseih imanu lema’an shemеча.
Our source, our sovereign, help us for the honor of Your name.

Avinu malkeinu, chadesh aleinu shanah tovah.
Our source, our sovereign, renew for us a good year.

Avinu malkeinu, hafer atzat oy’veinu.
Our source, our sovereign, nullify the plans of any who may seek to do us harm.
Avinu malkeinu, s'lach umachal l'chol avonoteinu.

Our source, our sovereign, grant forgiveness and atonement for all of our transgressions.

Avinu malkeinu, hachazireinu bit'shuvah shleimah l'fanecha.

Our source, our sovereign, help us to return wholeheartedly into Your presence.

Avinu malkeinu, sh'lach refuah shleimah l'cholim.

Our source, our sovereign, send complete healing to all those who ail.

Avinu malkeinu, kotveinu b'seifer chayim tovim.

Our source, our sovereign, inscribe us for good fortune in the Book of Life.

Avinu malkeinu, kotveinu b'seifer ge'ulah vishuah.

Our source, our sovereign, inscribe us in the Book of Redemption and Salvation.

Avinu malkeinu, kotveinu b'seifer parnasah v'chalkalah.

Our source, our sovereign, inscribe us in the Book of Sustenance and Livelihood.

Avinu malkeinu, kotveinu b'seifer z'chuyot.

Our source, our sovereign, inscribe us in the book of Merit.

Avinu malkeinu, kotveinu b'seifer s'lichah um'chilah.

Our source, our sovereign, inscribe us in the Book of Forgiveness and Atonement.
Our source, our sovereign, let grow for us the tree of imminent redemption.

אֶבְכֵּנְנוּ מַלֶּכֶנְנוּ, זֹכֵר כְּי עֶפֶר アָנָֽחְנוּ.

Avinu malkeinu, zchor ki afar anachnu.

Our source, our sovereign, remember us, though we are made of dust.

אֶבְכֵּנְנוּ מַלֶּכֶנְנוּ, חַמְוֵל עָלֵֽינוּ עֶל עֶרֶפְלֵֽילְנוּ קִצְבֵּנְנוּ.

Avinu malkeinu, chamol aleinu v'al olaleinu v'kefnunu.

Our source, our sovereign, be merciful to us and to all our offspring.

אֶבְכֵּנְנוּ מַלֶּכֶנְנוּ, יוּשֵׁה לוֹמֵשׁ חַרְוָגִים עַל שֶׁמֶךָ.

Avinu malkeinu, ashei l'ma'an harugim al sheim kodshecha.

Our source, our sovereign, be gracious with us and respond to us, for we have no deeds
to justify us; deal with us in righteousness and love, and save us now.

אֶבְכֵּנְנוּ מַלֶּכֶנְנוּ, יוּשֵׁה לָמֵשׁ שְׁמֵךְ הַבְּיוֹדֶל הַבִּֽהְמוֹרָה שְּנִכְרָא עֵלְיוּנֵּֽנוּ.

Avinu malkeinu, ashei l'ma'an shimecha hagadol hagibor v'hanora shenikra aleinu.

Our source, our sovereign, act in memory of all those who have been killed while
honoring Your name.

אֶבְכֵּנְנוּ מַלֶּכֶנְנוּ, יוּשֵׁה לָמֵשׁ שְׁמֵךְ הַבְּיוֹדֶל הַבִּֽהְמוֹרָה שְּנִכְרָא עֵלְיוּנֵּֽנוּ.

Avinu malkeinu, chaneinu v'aneinu, ki ein banu ma-asim. Asei imanu tzedaka vachesed v'hoshi'einu.

Our source, our sovereign, act in honor of Your great and mighty, awe-inspiring name,
which has been called out over us for our protection.

Torah Service

Pitchu Li

פָּחֵהוּ לָיָה וֹצֵר עֹצֵקָה בַּמַּמָּעְלָה זוּה

Pitchu li shaarei tzedek
avo vam odeh Yah

Open for us the gates of justice/love
We will enter and give thanks to You
13 Divine Attributes of Compassion
Yud Hey, Vav Hey, Compassion and Tenderness,
Patience, Forbearance, Kindness, Awareness.

Bearing love from age to age,
lifting guilt and mistakes and making us free...

Adonai, Adonai eil rachum v’chanun, erekh apayim v’rav chesed ve’emet. Notzeir
chesed la-ala=m, nosei avon va-fesha v’chata-ah v’nakeh.

Exodus 34:6-7   English by Rabbi David Wolfe-Blank and the Aquarian Minyan

חכמKal שֵׁנְיָה יְשֵׁרָאֵל יְהֹ אֱלֹהֵֽינוּ אֶחָ דּ

חכמKal Shema Yisrael Adonai Eloheinu Adonai Echad

Hear, O Israel!  Adonai, our God, Adonai is One.

Echad Eloheinu, gadol adoneinu, kadosh v’norah shemo.

One is our God, great is our sovereign, holy and awesome is God's name.

Gadlu l’Adonai iti, un’romema shemo yachdav

Declare with me the greatness of the Infinite, together let us raise God's name.

Torah Blessing Before Reading

Reader:

ברך את יהוה ממברך
Barchu et Adonai ham’vorach.
Blessed is Adonai, who is blessed.

All:

ברוך יהוה המברך לעולם ועד
Baruch Adonai ham’vorach l’olam va’ed.
Blessed is Adonai, who is blessed, now and forever.

Reader:

ברוך יהוה המברך לעולם ועד
Baruch Adonai ham’vorach l’olam va’ed.
Blessed is Adonai, who is blessed, now and forever.

לונ אֶת חכמKal שֵׁנְיָה יְשֵׁרָאֵל יְהֹ אֱלֹהֵֽינוּ אֶחָ דּי

לונ אֶת חכמKal Shema Yisrael Adonai Eloheinu Adonai Echad

Hear, O Israel!  Adonai, our God, Adonai is One.

Echad Eloheinu, gadol adoneinu, kadosh v’norah shemo.

One is our God, great is our sovereign, holy and awesome is God's name.

Gadlu l’Adonai iti, un’romema shemo yachdav

Declare with me the greatness of the Infinite, together let us raise God's name.
Blessed are You, our God, Ruler of the universe, who has chosen us along with all other peoples and given us Your Torah. Blessed are You, Adonai, who gives us Torah. Amen.

Torah Blessing After Reading

Reader:

Surely, this Instruction which I enjoin upon you this day is not too baffling for you, nor is it beyond reach. It is not in the heavens, that you should say, “Who among us can go up to the heavens and get it for us and impart it to us, that we may observe it?” Neither is it beyond the sea, that you should say, “Who among us can cross to the other side of the sea and get it for us and impart it to us, that we may observe it?” No, the thing is very close to you, in your mouth and in your heart, to observe it.
See, I set before you this day life and prosperity, death and adversity. For I command you this day, to love Adonai your God, to walk in Godly ways, and to keep Godly commandments, laws, and rules, that you may thrive and increase, and that Adonai your God may bless you in the land that you are about to enter and possess. But if your heart turns away and you give no heed, and are lured into the worship and service of other gods, I declare to you this day that you shall certainly perish; you shall not long endure on the soil that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you this day: I have put before you life and death, blessing and curse. Choose life—if you and your offspring would live—by loving Adonai your God, heeding godly commands, and holding fast God. For thereby you shall have life and shall long endure upon the soil that Adonai swore to your ancestors, Abraham, Isaac, and Jacob, to give to them.
Birkat Hagomel

Someone who has had a life threatening experience may recite:

Baruch ata adonai eloheinu melech ha’olam hagomel l’chayim tovot shegmalani kol tov.

Blessed are you adonai, sovereign of the universe who rewards the undeserving with goodness, and who has rewarded me with goodness.

The congregation responds:

Mi shegmalach kol tov hu yigmalcha kol tov selah!

May the one who has rewarded you with goodness continue to do so, selah!

Mi Shebeirach

Mi shebeirach avoteinu, m’kor habracha l’imoteinu

May the source of strength who blessed the ones before us,
Help us find the courage to make our lives a blessing
And let us say: Amen.

Mi shebeirach imoteinu, m’kor habracha l’avoteinu

Bless those in need of healing with refuah sh’leimah
The renewal of body, the renewal of spirit
And let us say: Amen

- Debbie Friedman and Drorah Setel

Blessing before the Haftarah

Baruch Atah, Adonai, Eloheinu, melech ha’olam, asher bachar binvi’im tovim, v’ratza v’divreihem hane-emarim be’emet. Baruch Atah, Adonai, habocher baTorah uv’Moshe avdo, uv’Yisrael amo, uvin’vi’ei ha’emet vatzedek.

Blessed are You, our God, ruler of the universe, who has chosen faithful prophets to speak words of truth. Blessed are You, our God, for the revelation of Torah, for God’s servant, Moses, God’s people Israel, and for the prophets of truth and righteousness.
(14) And God said: Open up, open up, Clear a path! Clear away all obstacles from the path of My People. (15) For so says the One who dwells on high, whose Name is Holy: I dwell on high, in holiness, and therefore with the lowly and humiliated, to breathe new life into the humble, to give new life to the broken-hearted. (16) I will not do battle against you forever, I will not be angry with you forever. From Me comes the breath of life. (17) For your sin of greed I will guide you and comfort you with words of courage and of comfort for those who dwell on high, in holiness, and therefore with the lowly and humiliated, to breathe new life into the humble, to give new life to the broken-hearted. (18) I will guide you and comfort you with words of courage and of comfort for those who mourn among you. (19) Peace, peace … shalom, shalom! … to those who are far and near, says the Breath-of-Life… And I will heal you. (20) But the wicked are like a troubled sea which cannot rest, whose waters toss up mire and mud. (21) There is no peace, said my God, for the wicked.

(1) Cry out aloud, don’t hold back, lift up your voice like the shofar! Tell My people what they are doing wrong. Tell those who call themselves the “House of Jacob” their misdeeds. (2) For day after day they go out searching for Me. They take some kind of pleasure in getting to know My ways… as if they were a people that actually did righteous deeds and never ignored the just rulings of their God. They keep asking Me for the rules of justice as if they would take delight in being close to God. (3) They say: “Why is it that we have fasted,” and “You don’t see our suffering? We press down our egos … but You don’t pay attention!” Look! On the very day you fast, you keep
scrambling for wealth; on the very day you fast you keep oppressing all your workers.

(4) Look! You fast in strife and contention. You strike with a wicked fist. You are not fasting today in such a way as to make your voices heard on high. (5) Is that the kind of fast that I desire? Is that really a day for people to "press down their egos"? Am I commanding you to droop your heads like bulrush and lie around in sackcloth and ashes? Is that what you call a fast day, the kind of day that the God of the Burning Bush would wish?

(6) No! This is the kind of fast that I desire:
Unlock the shackles put on by wicked power. Untie the ropes of the yoke. Bring the poor, the outcasts, to your house. When you see them naked, clothe them; and from your own flesh and blood don't hide yourself. (8) Then your light will burst through like the dawn; Then when you need healing it will spring up quickly; then your own righteousness will march ahead to guard you. And a radiance from God will reach out behind to guard you. (9) Then, when you cry out, God will answer; then, when you call, God will say: "Here I am!" – hineini. If you banish the yoke from your midst, if you rid yourself of scornful finger-pointing and words of contempt;

(10) if you open up to the hungry and soothe the life that has been trampled, then even in darkness your light will shine out and your moments of gloom turn bright as noonday. (11) Then the Breath of Life will always be your guide, will soothe your own life in your own times of dryness and strengthen your bones when they are weary. Then you shall be like a garden given water, like a wellspring whose waters never fail. (12) Those who spring from you shall rebuild the ancient ruin and you shall lay foundations for the coming generation. You shall be called "Those who mend torn places," You shall be called "Those who build lanes to live in." (13) If you refrain from trampling this renewal time and from being busy-busy on My holy day; if you will not only call renewal time delightful but also turn far from your usual way and set aside
your business and your chatter to be yourselves, the rays by which God's Holiness glows can turn this world into a radiant joy. (14) Then indeed you will find delight in God. For then, when you have joined the lowly, I will set you with Me astride the heights of the earth. Then, when you feed others, I will let you eat your fill from what is truly due you as the heirs of Jacob. Now! … For this word comes from the Mouth that Breathes all life.

**Blessing after the Haftarah**

Бרכת אחר הַחֲפַרָה

ברוך אתה יהוה אלהינו מלך העולם. צור כלгу טפליים. תדimité בכם המודה.تكامل תנך מהאמר puerto וראה.минדהר המסים שבלבר אמת.

לשמך:

על התנוריה על המבנידר ועל המביאים (על ים השבת הזר) עלים ויהוה חכימי ומראים (לאלוהיה ולמונותיה) למלכים, על כל ולחברות, למחלקה ולחברות באת כל פניהם, לחברת ולחברות: על מכל יהוה אלהינו אחר nehו במדים ומברכים ומברכים: תכבד ברך ושלום זה: תדבר את ושם, ממלך לפני וقيقة,لجעווה עם ביד ישראל, נוספים אשומדים בכם שתייה ושם, ממלך אלה uwוכרו,امية ושם והם:

המפורשים:

Baruch atah Adonai Eloheinu melech ha'olam tzur kol ha'olamim tzadik b'chol hadorot ha'el hane'eman ha'omer v'oseh ham'daber umkayem sh'kol divarav emet vatzedek.
Al hatorah v'al ha'avodah v'al hanvi'im (v'al yom haShabbat hazeh) v'al Yom haKippurim hazeh shenatata lanu Adonai Eloheinu (l'k'dusha v'limnucha) l'chavod ul'tiferet. Al hakol Adonai Eloheinu anachnu modim lach um'v'archim otach yitbarach shimcha b'fi kol chai tamid l'olam va'ed.
Baruch atah Adonai m'kadeish (haShabbat v') Yisrael v'Yom haKippurim.

Blessed are You, Adonai, our God, ruler of the universe, rock of all creation, righteous One of all generations, the faithful God whose word is deed, who speaks and fulfills, whose every command is just and true. For the Torah, for the worship, for the prophets, and for (Shabbat and) this Day of Atonement that You, our God, gave us (for holiness and rest,) for pardon, for forgiveness, and for atonement, for honor and glory; for everything, Adonai, we thank and bless You. May Your name be blessed for ever by every living being, forever and eternally. Your word is truth, and stands forever. Blessed are You, Adonai, the sovereign of mercy and forgiveness for our wrongdoing, and for that of all Your people, the House of Israel, You who make our guilt to pass away year after year - the sovereign over all the earth, who sanctifies (the Shabbat and) the Day of Atonement.

**Let America Be America Again** (excerpts)

Let America be America again.
Let it be the dream it used to be.

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Let America be the dream the dreamers dreamed
Let it be that great strong land of love
Where never kings connive nor tyrants scheme
That any man be crushed by one above.

O, let my land be a land where Liberty
Is crowned with no false patriotic wreath,
But opportunity is real, and life is free,
Equality is in the air we breathe.

I am the young man, full of strength and hope,
Tangled in that ancient endless chain
Of profit, power, gain, of grab the land!
Of grab the gold! Of grab the ways of satisfying need!
Of work the men! Of take the pay!
Of owning everything for one's own greed!

I am the farmer, bondsman to the soil.
I am the worker sold to the machine.
I am the Negro, servant to you all.
I am the people, humble, hungry, mean—
Hungry yet today despite the dream.
Beaten yet today—O, Pioneers!
I am the man who never got ahead,
The poorest worker bartered through the years.

In every brick and stone, in every furrow turned
That's made America the land it has become.
O, I'm the man who sailed those early seas
In search of what I meant to be my home—
For I'm the one who left dark Ireland's shore,
And Poland's plain, and England's grassy lea,
And torn from Black Africa's strand I came
To build a "homeland of the free."

Who said the free? Not me?
Surely not me? The millions on relief today?
The millions shot down when we strike?
The millions who have nothing for our pay?

Out of the rack and ruin of our gangster death,
The rape and rot of graft, and stealth, and lies,
We, the people, must redeem
The land, the mines, the plants, the rivers.
The mountains and the endless plain—
All, all the stretch of these great green states—
And make America again!

_Langston Hughes_

**Lifting and Dressing the Torah**

וזאת התורה אשר שם משה לפני בני ישראל, על פי ידו בני משא.

_V’zot ha’Torah asher sam Moshe lifnei b’nei Yisrael al pi Adonai b’yad Moshe._

This is the Torah, which Moses placed before the children of Israel, by the word of the Almighty One, through the hand of Moses.

**Hachnasat Sefer Torah - Returning the Torah to the Ark**

החללה את שם יהוה, כי נשבע שם לבבו.

_y’val almato hashem l’mishmorav.

This is the Torah, which Moses placed before the children of Israel, by the word of the Almighty One, through the hand of Moses.

Let us all bless the name of God, who alone is to be exalted. God's splendor is found on earth and in the heavens. God has lifted up our people's strength. May praise reflect on all God's followers, to the children of Israel, and to all people near to God. Halleluyah.

**Aleinu**

עלינו לשבח לאדוננו כל לחות כללה לציון ברואים ישא עון כלни

מאתירתו ולא שמונים כומしましょう עדנה שא שמש חלוקו כללים

ככל המוממים:
It is ours to praise the beauty of the world, even as we discern its tatteredness.

For nothing is whole that is not first rent and out of the torn we make whole again.

May we live with promise in creation's lap, redemption budding in our hands.

It is up to us to hallow creation, to respond to Life with the fullness of our lives.

It is up to us to meet the world, to embrace the whole even as we wrestle with its parts.

Interpretive translation by Marcia Falk

Therefore we bend the knee and shake off the stiffness that keeps us from the subtle graces of life and the supple gestures of love. With reverence and thanksgiving we accept our destiny and set for ourselves the task of redemption.

Interpretive translation by Rabbi Rami Shapiro

[The One] who stretched out the heavens and founded the earth, whose realm embraces heaven's heights, whose mighty presence stalks celestial ramparts. This is our God; there is none else besides, as it is written in the Torah: “You shall know this day, and bring it home inside your heart, that Adonai is God in the heavens above and on the earth below. There is no other God.”

And it is written: “Adonai will reign as sovereign over all the earth. On that day shall Adonai be one, God's name be one!”
Mourners Kaddish

Yitgadal v'yitkadash sh'mei rabah

B'alma d'vra chirutei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chaiyei d'chol beit Yisrael ba'agalalah uviz'man kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'al'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yithalal shemei d'Kudsha B'rich hu,

Le'eila min mikol birchata v'shirata, tush'b'chata v'nechemata da'amiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.


Let God's name be made great and holy in the world that was created as God willed.
May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And say: Amen.

May God's great name be blessed, forever and as long as worlds endure.
May it be blessed, and praised, and glorified, and held in honor, viewed with awe, embellished, and revered; and may the blessed name of holiness be hailed, though it be higher by far than all the blessings, songs, praises, and consolations that we utter in this world. And say: Amen.

May Heaven grant a universal peace, and life for us, and for all Israel. And say: Amen.
May the One who creates harmony above, make peace for us and for all Israel, and for for all who dwell on earth. And say: Amen.
Achat Shaalti

אחת שאלהتي מאה כי גואמה אביה:
שבעתי ביבי כי כל ימי זיון,
לולחואת בצעים כי ליביה בכריכהל.

Achat sha-alti mei-eit Adonai otah avakeish (2x)
Shivti b'veit Adonai kol y'mei chayai,
lachazot b'no-am (b'no-am) Adonai u'l'vakeir b'heichalo (2x)

One thing I ask, I ask of You
I ask this with all my heart (2x)
That I might dwell in Your house
All the days of my life
Knowing the beauty, the beauty of You
And to dwell in Your holy place!
Yizkor
Memorial Service
Each of Us has a Name

Each of us has a name
given by God
and given by our parents
Each of us has a name
given by our stature and our smile
and given by what we wear
Each of us has a name
given by the mountains
and given by our walls
Each of us has a name
given by the stars
and given by our neighbors
Each of us has a name
given by our sins
and given by our longing
Each of us has a name
given by our enemies
and given by our love
Each of us has a name
given by our celebrations
and given by our work
Each of us has a name
given by the seasons
and given by our blindness
Each of us has a name
given by the sea
and given by our death.

Zelda

Di Zun Vet Aruntergeyn

Di zun vet aruntergeyn
hintern barg,
vet kumen a shtile di libre tsu
geyn;
vet kumen a shtile di libre tsu
geyn
tsum umet, vos zitst oif a
goldenem shteyn
un veynt far zikh eynem aleyn.
Di zun vet aruntergeyn
hintern barg,
vet kumen di goldene pave tsu
flien;

The sun will be setting behind
the mountain,
in silence approaching then love
will come softly;
In silence approaching then love
will come softly
to sorrow, that sits on a golden
stone
and weeps for itself all alone.
The sun will be setting behind
the mountain,
then the golden peacock will come flying;
We Remember Them

In the rising of the sun and its going down,
We Remember Them.

In the blowing of the wind and in the chill of winter,
We Remember Them.

In the opening of the buds and in the rebirth of spring.
We Remember Them.

In the blueness of the skies and in the warmth of summer,
We Remember Them.

In the rustling of the leaves and in the beauty of autumn.
We Remember Them.

In the beginning of the year and when it ends,
We Remember Them.

When we are weary and in need of strength,
We Remember Them.

When we are lost and sick of heart,
We Remember Them.

When we have joys and special celebrations we yearn to share,
We Remember Them.

So long as we live, they too shall live, for they are part of us.
We Remember Them.

*Rabbi Sylvan Kamens*
MEMORIAL PRAYERS

Silent Yizkor

Yizkor Elohim nishmot yakirai shehal'chu l'olamam.
Ana tih'yenah nafshoteihem tz'rurot bitz'ror hachayim ut'hi m'nuchatam kavod. Sova s'machot et panecha, N'imot bimincha netzach. Amen.

May God remember forever my________________________
Who have gone to their eternal rest.
May they be at one with the One who is life eternal. May the beauty of their lives shine forevermore.
And may my life always bring honor to their memory.

Yizkor for one well-loved
You ____________, were my___________.
I remember you now, my beloved, my friend.
I recall the days of love, companionship, and happiness we shared and the trials we overcame.
Although we are parted now, the bond that unites our souls can never be severed.
You live now and always within my heart, and you sweeten my life. I have contributed tzedaka in your memory to perpetuate the goodness which you brought to this world. May the Infinite, which has claimed you, bless you and keep you and grant you eternal peace, Amen.

Yizkor for one who may also have been a source of pain or difficulty
You ____________, were my___________.
My memories of you are both painful and pleasant.
I can neither fully embrace nor fully negate the love I feel for you.
I can fully acknowledge the many effects you had on my life and the lessons I learned in our relationship while you were alive and since your death.
I have contributed tzedaka in your memory.
I pray for increasing resolution in our connection and increasing peacefulness for your spirit.

For a father:

Yizkor Elohim nishmat avi mori (name of deceased) shehalach l'olamo ba'avur she'etein b'li neder tzedakah ba'ado. Bischar zeh t'hei nafsho tizrurah bitzror hachayim im nishmat Avraham, Yitzchak v'Yaakov, Sarah, Rivkah, Rachel v'Leah, v'im sh'ar tzadikim v'tzidkaniyot she'b'Gan Eiden. V'nomar, amein.
May God remember the soul of my father, my teacher (name of deceased) who has gone on to his eternal home. As his reward, may his soul be bound in the Bond of Life together with the souls of Abraham, Isaac and Jacob; Sarah, Rebecca, Rachel and Leah; and together with the other righteous men and women in the Garden of Eden.

In loving testimony to his life, I pledge to help perpetuate ideals important to him. Through such deeds, and through prayer and memory, is his soul bound up in the bond of life. May I prove myself worthy of the gift of life and the many other gifts with which he blessed me. May these moments of meditation link me more strongly with his memory and with our entire family. May he rest eternally in dignity and peace. Amen.

For a mother:

Yizkor Elohim nishmat imi morati (name of deceased) shehalchah l'olamah, ba'avur shee'etein ba'ali neder tzekakah ba'adah. Bischar zeh t'hei nafsah tzrarah bitzror hachayim im nishmat Avraham, Yitzchak, v'Yaakov, Sarah, Rivkah, Rachel v'Leah, v'im sh'ar tzadikim v'tzidkaniyot she'b'Gan Eden. V'nomar, amein.

May God remember the soul of my mother, my teacher (name of deceased) who has gone on to her eternal home. As her reward, may her soul be bound in the Bond of Life together with the souls of Abraham, Isaac and Jacob; Sarah, Rebecca, Rachel and Leah; and together with the other righteous men and women in the Garden of Eden.

In loving testimony to her life, I pledge to help perpetuate ideals important to her. Through such deeds, and through prayer and memory, is her soul bound up in the bond of life. May I prove myself worthy of the gift of life and the many other gifts with which she blessed me. May these moments of meditation link me more strongly with her memory and with our entire family. May she rest eternally in dignity and peace. Amen.

For a relative with he/him pronouns:

Yizkor Elohim nishmat (name of deceased):

ba'ali (husband)
ben zugi (partner)
beni (son)
achi (brother)
dodi (uncle)
z'keini (grandfather)
May God remember the soul of (name of deceased),
my husband,
my partner,
my son,
my brother,
my uncle,
my grandfather,
who has gone on to his eternal home. As his reward, may his soul be bound in the Bond of Life together with the souls of Abraham, Isaac and Jacob; Sarah, Rebecca, Rachel and Leah; and together with the other righteous men and women in the Garden of Eden. In loving testimony to his life, I pledge to help perpetuate ideals important to him. Through such deeds, and through prayer and memory, is his soul bound up in the bond of life. May I prove myself worthy of the many gifts with which he blessed me. May these moments of meditation link me more strongly with his memory and with our entire family. May he rest eternally in dignity and peace. Amen.

For a relative with she/her pronouns:

Yizkor Elohim nishmat (name of deceased):
ishti (wife)
bat zugati (partner)
batyi (daughter)
achoti (sister)
dodati (aunt)
z'keinti (grandmother)

May God remember the soul of (name of deceased)
my wife
my partner
my daughter
my sister
my aunt
my grandmother
who has gone on to her eternal home. As her reward, may her soul be bound in the Bond of Life together with the souls of Abraham, Isaac and Jacob; Sarah, Rebecca, Rachel and Leah; and together with the other righteous men and women in the Garden of Eden.

In loving testimony to her life, I pledge to help perpetuate ideals important to her. Through such deeds, and through prayer and memory, is her soul bound up in the bond of life. May I prove myself worthy of the many gifts with which she blessed me. May these moments of meditation link me more strongly with her memory and with our entire family. May she rest eternally in dignity and peace. Amen.

For martyrs, for the six million, and for innocent victims of terror:

Remember, God, the holy and pure souls of (all of my male relatives and female relatives, whether from my father's side [or] whether from my mother's side), those that were killed, those that were exterminated, those that were slaughtered and burned and drowned and asphyxiated for the sanctification of God's name, because I will - without making a vow - give charity for the memory of their souls. In recompense for this, let their souls be bound with the Binding of life (God), with the souls of Avraham Yitzchak and Ya'akov, Sarah, Rivkah, Rachel and Leah, and with the other righteous men and women in the Garden of Eden.

Yizkor Elohim nishmot (kol k'rovai ukrovotai, hein mitzad avi, hein mitzad imi)

hakdoshim v'hat'horim hein shehumtu hein shenehergu hein shenishchatu
v'shenisrefu v'shenitbe'u v'shenechn'ku al kidush Hasheim, ba'avur she'etein b'li neder tz'dakah b'ad hazkara nishmoteihem. Bis'char zeh ti'h/yeinah nafshoteihem
tzruot bitzru hachayim im nishmoteihem shel Avraham Yitzchak v'Ya'akov, Sarah Rivkah Rachel v'Leah, v'im she'ar tzadikim v'tzadkaniyot sheb'Gan Eden. V'nomar, amen.

El Malei Rachamim

Al mal'a rahmim shov b'frorimim hame'a manotah kehunah hashemah betzah kemif
miskineh bemulot kedoshim v'kohorim hakol hakhitn'hu mevirim li'shivot
yikorim v'kohorim k'khelam li'lomot. Azana/el rahmim mevirim beil
kpenik'ulamot v'zaron zurorim tehinnah at'shefim. Yihu ha'adnu ahlam
l'yonui yeshu'ul olo mevakeh le'emur amen.
Eil malei rachamim shochein bam'romim ham'tzei m'nuchah n'chonah tachat kanfei ha-shechinah b'ma'alot k'doshim u't'horim k'zohar harakiah maz'hirim l'nishmot yakireinu ukedosheinu shehalchu l'olamam. Ana ba'al harachamim hastireim b'tzel k'nafecha l'olamim utz'ror bitz'ror hachayim et nishmatam. Adonai hu nachalatam v'yanuchu b'shalom al mish'kabam v'nomar ame

God filled with mercy, dwelling in the heavens' heights, bring proper rest beneath the wings of Your Shehinah, amid the ranks of the holy and the pure, illuminating like the brilliance of the skies the souls of our beloved and our blameless who went to their eternal place of rest. May You who are the Source of Mercy shelter them beneath Your wings eternally, and bind their souls among the living, that they may rest in peace. And let us say: Amen

translation from Kol HaNeshama

Mourners Kaddish

Yitgadal v'yitkadash sh'mei rabah
B'alma d'vra chirutei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chaiyei d'chol beit Yisrael ba'agalalah uviz'man kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yithalal shemei d'Kudsha B'rich hu,
Le'eila min mikol birchata v'shirata, tushb'chata v'nechemata da'amiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.


Yitgadal v'yitkadash sh'mei rabah
B'alma d'vra chirutei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chaiyei d'chol beit Yisrael ba'agalalah uviz'man kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

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Le'eila min mikol birchata v'shirata, tushb'chata v'nechemata da'amiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

May God's name be made great and holy in the world that was created as God willed. May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And say: Amen.

May God's great name be blessed, forever and as long as worlds endure.

May it be blessed, and praised, and glorified, and held in honor, viewed with awe, embellished, and revered; and may the blessed name of holiness be hailed, though it be higher by far than all the blessings, songs, praises, and consolations that we utter in this world. And say: Amen.

May Heaven grant a universal peace, and life for us, and for all Israel. And say: Amen.

May the One who creates harmony above, make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.

**Limnot Yameynu**

Psalm 90:12

לֶמַּנְוָה יָמֵנוּ כָּל הָדוּעַ עִבְרָי אֵבָּב לְחַבֶּה.

*Limnot yameynu keyn hoda v’navi l’vav choch-ma.*

Teach us to treasure each day, That we may open our hearts to your wisdom.

_Music: Yitzhak Husbands-Hankin_

**Achat Shaalti**

אַחַת שָאַלְתִּי מֵאִית אֲדُנָּא אוֹתָה אֲבוֹאֵיש; שָׁכַבְתִּי בְּבֵיהַ יָיִן נְאָי; נַחֲזְקֵת בְּנָעִים יִנְלִבְּאָר בְּרָכִיל.

_Achat sha-alti mei-eit Adonai otah avakeish (2x)_  
_Shivti b’veit Adonai kol y’mei chayai, lachazot b’no-am (b’no-am) Adonai u’l’vakeir b’heichalo (2x)_

One thing I ask, I ask of You  
I ask this with all my heart (2x)  
That I might dwell in Your house  
All the days of my life  
Knowing the beauty, the beauty of You  
And to dwell in Your holy place!
Ne‘ilah
Concluding Service
Kol Ha’olam Kulo
גֶּלֶכֶת עַולָּמַן קֻלוֹ
גִּנָּהוּ נַעֲרָא הִאָרָא
וּכְהַהֲעַר לָא לַפָּהֲדוּ קֻלוֹ.

Kol Ha’olam Kulo
Gesher tzar me’od
V’ha-ikar lo l’hached klal.

All the world is just a narrow bridge.
And above all, and above all, is not to fear at all.

Words: Reb Nachman of Bratslav

Ne’ilah
The hinge of the year
the great gates opening
and then slowly slowly
closing on us.

I always imagine those gates
hanging over the ocean
fiery over the stone grey
waters of evening.

We cast what we must
change about ourselves
onto the waters flowing
to the sea. The sins,
errors, bad habits, whatever
you call them, dissolve.
When I was little I cried
out I! I! I! I want, I want.

Older, I feel less important,
a worker bee in the hive
of history, miles of hard
labor to make my sweetness.

The gates are closing
The light is failing
I kneel before what I love
imploring that it may live.

So much breaks, wears
down, fails in us. We must
forgive our broken promises—
their sharp shards in our hands.

Marge Piercy
Night and the River

I have seen the great feet
leaping
into the river
and I have seen moonlight
milky
along the long muzzle
and I have seen the body
of something
scaled and wonderful
slumped in the sudden fire of its mouth,
and I could not tell
which fit me
more comfortably, the power,
or the powerlessness;
neither would have me
entirely; I was divided,
consumed,
by sympathy,
pity, admiration.
After a while
it was done,
the fish had vanished, the bear
lumped away
to the green shore
and into the trees. And then there was only
this story.
It followed me home
and entered my house-
a difficult guest
with a single tune
which it hums all day and through the night-
slowly or briskly,
it doesn’t matter,
it sounds like a river leaping and falling;
it sounds like a body
falling apart.
Mary Oliver

Amidah

Adonai sefatai tiftach, ufi yagid tehilatecha.
Open my lips, Eternal One, and let my mouth declare Your praise.

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Baruch atah Adonai, Eloheinu v'Eloheinu v'imoteinu, Eloheinu v' Eloheinu v' Eloheinu v' Eloheinu. Ha'Eil hagadol hagibor v'hanora, Eil elyon, gomel chasadim tovin, v'konei hakol, v'zocher chasdei avot v'imahot, umeivi ge'ulah livnei v'neihem l'ma'an sh'mo b'ahavah.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

Zochreinu l'chayim, melech chafetz ba'chayim, v'chotmeinu b'seifer hachayim l'mancha Elohim chayim.

Remember us for life, Sovereign who wishes us to live. Seal us in the Book of Life for Your sake, Eternal God.

Melech ozer umoshi'ah umagein. Baruch atah Adonai, magein Avraham v'ezrat Sarah.

Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.

Atah gibor l'olam Adonai, m'chayeih kol Adonai rav l'hosha. Morid ha'tal. M'chalkeil chayim b'chesed, m'chayeih kol Adonai Rav l'hosha. Mi chamocha ba'al g'vurot umi domeh lach melech meimit um'chayeih umatzmi'ach y'shuah.
You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

Open for us and for all Israel our kin, in every place

The gates of enlightenment
   The gates of blessing,
   The gates of gladness,
   The gates of delight
   The gates of heaven’s splendor
The gates of voicing confession
   The gates of self worth,
   The gates of humanity
   The gates of taintlessness,
   The gates of joyful salvation
The gates of complete atonement
   The gates of lovingkindness
     The gates of mercy
     The gates of new hope
The gates of speaking forgiveness
   The gates of assistance
   The gates of providing
   The gates of tzedakah
The gates of communal strength,
   The gates of renewal,
   The gates of shalom,
   The gates of teshuvah!


In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and sealed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

Yihyu l’ratzon imrei fi, v’hegyon libi l’fanecha, Adonai tzuri v’goali.

Oseh shalom bimromav, hu ya’aseh shalom aleinu, v’al kol Yisrael, v’al kol yoshvei teiveil. V’imru amein.

Dear God, protect my tongue from evil, and my lips from telling lies. May I turn away from evil and do what is good in Your sight. Let me be counted among those who seek peace. May my words of prayer and my heart’s meditation be seen favorably, Beloved One, my rock and my redeemer. May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.

El Nora Alilah
Moses Ibn Ezra

אֵל נוֹרָא עֲלִילָה, אֵל נוֹרָא עֲלִילָה, אֵל נוֹרָא עֲלִילָה, אֵל נוֹרָא עֲלִילָה.
תְמָצְיאֵנִי לְנָפְשִׁי, בֶשָׂעַת חֵדֶשֶׁת.
מְתִי מְסַפֵּר לְיָדוֹ, לְיָדוֹ מְסַפֵּר.
שִׁפְכִיסִים לְנָפְשִׁי, בֶשָׂעַת חֵדֶשֶׁת.
רֵחְמָנָיִי מְחִילֵנִי, בֶשָׂעַת חֵדֶשֶׁת.
הָיוּ לָהֶם לְסִתְרָה, בֶשָׂעַת חֵדֶשֶׁת.
הָיוּ לָהֶם לְסִתְרָה, בֶשָׂעַת חֵדֶשֶׁת.

Eil nora alilah
Ham’tzi lanu mechilah bisha’at hane’ilah
Mt’ei mispar keru’im, lecha ayin nos’im
Umsaldim bechilah, bisha’at hane’ilah
Shofchim lecha nafsham, m’chei fish’am vechachasham
Ham’tzi’eim mechilah, bisha’at hane’ilah
Heyei lahem lesitra vechaletzeim mime’eirah
Vechotmeim lehod ulegilah, b’sha’at hane’ilah
God great of deeds, the awesome one
Grant pardon for the wrongs that we have done, in the hour of the closing of the gates.
So few, this people, summoned to You, they raise their eyes and look toward You,
Aquiver with awe, they pray to You, in the hour of the closing of the gates.
They pour their souls in prayer to You, so blot out their wrongs, their lives renew
Grant pardon to all who pray to You, in the hour of the closing of the gates.
Please be for them a shelter in need, protect them from harm, of word or deed
And seal them for splendor and for joy, in the hour of the closing of the gates.

Open for us the gates
In the hour of closing the gates
For the day is passing away
The sun is returning to set.
May we now come into your gates.
We pray, Gentle One, we pray.
Forgive us, we pray.
Have compassion for us, we pray.
Have mercy, we pray.
Hep us conquer our wrongdoings, we pray.

Vayikra b’shem adonai, vaya’avor adonai al panav, vayikra:
[Moses] called the name of The Compassionate, and the All Merciful passed by before
him and declared:

13 Attributes

Adonai, Adonai eil rachum v’chanun erech apayim v’rav chesed ve’emet. Notzehr
chesed la’alafim, nosei avon vafesha v’chata’ah v’nakei.

God who is loving and gracious, patient and abundant in kindness and truth, keep
kindness for a thousand ages, forgive sin and rebellion and transgression. And make us
pure.

Ki Anu Amecha - Because We are Your People
The piyut “ki anu amecha - for we are Your people” exemplifies the long Jewish tradition
of reveling in the variety of possible metaphors for our relationship with the
divine...Metaphors cannot capture the fullness of the Divine, but through them we
revel in its many manifestations. - Rabbi Jeremy A. Schwartz
Ki anu amecha v’atah Eloheinu, anu vanecha v’atah avinu
Anu avadecha v’atah adoneinu, anu k’holecha v’atah chelkeinu
Anu nachalatecha v’atah goraleinu, anu tzonecha v’atah ro’einu
Anu charmeecha v’atah notreinu, anu f’ulatecha v’atah yotzeinu
Anu rayatecha v’atah dodeinu, anu s’gulatecha v’atah k’roveinu
Anu amecha v’atah malkeinu, anu ma’amirecha v’atah ma’amireinu

We are Your people and You are our God.
We are Your children and You give us life.
We are Your servants and You are our master.
We are Your congregation and You are our only One.
We are Your heritage and You are our destiny.
We are Your flock and You are our shepherd.
We are Your vineyard and You are our protector.
We are Your creatures and You are our Creator.
We are Your companions and You are our beloved.
We are Your treasure and You delight in us.
We solely acknowledge You and You bestow favor upon us.

Ashamnu

Tzararunu. Kishinu oref.

We have acted wrongly, And have told lies.
We have been untrue, We have improperly advised,
And we have gained unlawfully and we have covered up the truth,
And have defamed and we have laughed in scorn.
We have harmed others We have misused responsibility
We have wrought injustice And have neglected others
We have zealously transgressed And have stubbornly rebelled.
And we have hurt We have offended,
We have perverted justice,
We have stirred up enmity,
And we have kept ourselves from change.
We have reached out to evil,
We have shamelessly corrupted
And we have treated others with disdain.
Yes, we have thrown ourselves off course,
And we have tempted and misled.

-Translation from Siddur Kol Haneshama

V-ahl Kulam

V-ahl kulam, Eloah slichot, s'lach lanu, m'chal lanu, kapehr lanu

May all we do this day, return us to the way
Forgiving and healing releasing us anew

Avinu Malkeinu

Avinu malkeinu, chaneinu va'aneinu, ki ein banu ma-asim.
Asei imanu tzedaka vachesed, v'ho'shi'einu.

Our source, our sovereign, be gracious with us and respond to us, for we have no deeds
to justify us; deal with us in righteousness and love, and save us now.

Avinu malkeinu, chatanu lefanecha.

Source of life, sovereign of the universe, we have done wrong in Your presence.

Avinu malkeinu, ein lanu melech eileh atah.

Our source, our sovereign, we have no one to rule over us but You.

Avinu malkeinu, aseih imanu lema'an shemeha.

Our source, our sovereign, help us for the honor of Your name.

Avinu malkeinu, chadesh aleinu shanah tovah.

Our source, our sovereign, renew for us a good year.
Avinu malkeinu, hafer atzat oy’veinu.
Our source, our sovereign, nullify the plans of any who may seek to do us harm.

Avinu malkeinu, s’lach umechal l’chol avonoteinu.
Our source, our sovereign, grant forgiveness and atonement for all of our transgressions.

Avinu malkeinu, hachazireinu bit’shuvah shleimah l’fanecha.
Our source, our sovereign, help us to return wholeheartedly into Your presence.

Avinu malkeinu, sh’lach refuah shleimah l’cholim.
Our source, our sovereign, send complete healing to all those who ail.

Avinu malkeinu, kotveinu b’seifer chayim tovim.
Our source, our sovereign, inscribe us for good fortune in the Book of Life.

Avinu malkeinu, kotveinu b’seifer ge’ulah v’ishuah.
Our source, our sovereign, inscribe us in the Book of Redemption and Salvation.

Avinu malkeinu, kotveinu b’seifer parnasah v’chalkalah.
Our source, our sovereign, inscribe us in the Book of Sustenance and Livelihood.

Avinu malkeinu, kotveinu b’seifer z’chuyot.
Our source, our sovereign, inscribe us in the book of Merit.

Avinu malkeinu, kotveinu b’seifer s’lichah um’chilah.
Our source, our sovereign, inscribe us in the Book of Forgiveness and Atonement.

אֲבִינֵנוּ מַלְכֵנוּ, הָצַמֵּחְנוּ לָֽנוּ, יִשְׁוַעֲהָ בְּקָרוֹב.

Avinu malkeinu, hatzmaḥ lanu y’shu’ah b’karov.

Our source, our sovereign, let grow for us the tree of imminent redemption.

אֲבִינֵנוּ מַלְכֵנוּ, זָכַרְנוּ בַּעֲפַרְנוּ.

Avinu malkeinu, zachor ki afar anachnu.

Our source, our sovereign, remember us, though we are made of dust.

אֲבִינֵנוּ מַלְכֵנוּ, חָמְלוּ אֶלֶינוּ וּזָלֵינוּ.

Avinu malkeinu, chamol aleinu v’al olaleinu v’tapeinu.

Our source, our sovereign, be merciful to us and to all our offspring.

אֲבִינֵנוּ מַלְכֵנוּ, יְשַׁעֶה לְמַעְנֵי הָרְעוֹגְוִים עֲלֵיָה שֶׁסֶּׁדֶּשֶׁא.

Avinu malkeinu, yashave le’mi’an harugim al sheim kodshecha.

Our source, our sovereign, act in memory of all those who have been killed while honoring Your name.

אֲבִינֵנוּ מַלְכֵנוּ, יְשַׁעֶה לְמַעְנֵי שְׁמָךְ הָגָדוֹל הָגְבָוָר וּהֲנִיצוּרָא שֶׁנַּקְרָא עֲלֵינוּ.

Avinu malkeinu, yashave le’mi’an shimcha hagadol hagibor v’hanora shenikra aleinu.

Our source, our sovereign, act in honor of Your great and mighty, awe-inspiring name, which has been called out over us for our protection.

אֲבִינֵנוּ מַלְכֵנוּ חַנֵּנוּ וּעֲנֵֽנוּ, קִי אֵינִי בָּנַעְיָו מְעַשֵּׂים עַשָּׁה עָמְנוּ צֵדָּה וּרְשָׁעִיָּו.

Avinu malkeinu, chaneinu va’anainu, ki eini banu ma’asim.

Asei imanu tzedaka vachesed, v’hoshe’einu.

Our source, our sovereign, be gracious with us and respond to us, for we have no deeds to justify us; deal with us in righteousness and love, and save us now.
Shnirele Perele

Shnirele perele gilderne fon meshiekh ben dovid zist oybn on halt a beckher in der rekhter hant makht a brockhe afn gantsn land.
Oi, omeyn veomen dos iz vor meshiekh vet kumen hayntiks yor.
Vet er kumen tsu forn veln zayn gute yorn
vet er kumen tsu raytn veln zayn gute tsaytn
vet er kumen tsu geyn veln di yidn in Eretz Yisroyl aynshteyn.

Ribbons, pearls, flag of gold,
Mashiach ben David sits on high,
Raises a wine-cup in his right hand
And gives his blessing upon every land.
Ameyn, ameyn, this is true and clear --
The Mashiach will come this very year.

דָּה אֶחָד וּ, יְהֹוָה אֵלֹהֵֽינוֹ וּ, רָאֵל, יְהֹוָה אֱלֹהֵֽינוֹ וּ, רָאֵל, יְהֹוָה אֱלֹהֵֽינוֹ וּ, רָאֵל
A
וּמַע יִשְׂרָאֵל, יְהֹוָה אֵלֹהֵֽינוֹ, יְהֹוָה אֱלֹהֵֽינוֹ וּ, רָאֵל, יְהוָה אֱלֹהֵֽינוֹ וּ, רָאֵל, יְהוָה אֱלֹהֵֽינוֹ וּ, רָאֵל
Y
וּלָם וֹלָם וּלָם וֹלָם וֹלָם וֹלָם וֹלָם וֹלָם
A
שֶׁה אֱלֹהִים וּלְעָלָם וּלְעָלָם וּלְעָלָם וּלְעָלָם וּלְעָלָם וּלְעָלָם וּלְעָלָם וּלְעָלָם
A
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Once:
Shema Yisrael, Adonai Eloheinu, Adonai echad.
Listen, Israel - the Eternal is God, the Eternal is one.

ברוך שם כבוד מלכותו עולמים ועדים.
3x:
Baruch sheim k’vod malchuto le’olam va’ed.
Blessed is the name and glory of God’s realm, forever.

יהוה הוא Elohim!
7x: Adonai hu HaElohim!
The Eternal is God!

תקיעת גדolah
Final Shofar blowing: Tekiah gedolah
Havdalah

Baruch atah Adonai Eloheinu melech ha`olam borei pri hagafen
Blessed are You, Eternal, Sovereign of the Universe, who creates the fruit of the vine.

Baruch atah Adonai Eloheinu melech ha`olam borei minei v`samim
Blessed are You, Eternal, Sovereign of the Universe, who creates all kinds of spices.

Baruch atah Adonai Eloheinu melech ha`olam me`orei ha’eish
Blessed are You, Eternal, Sovereign of the Universe, who creates the light of the flame.

Baruch atah Adonai Eloheinu melech ha`olam hamavdil ben kodesh l’chol.
Blessed are You, Eternal, Sovereign of the Universe, who separates the sacred from the ordinary.

 Shanah tovah!
A good year, a year of peace, may gladness reign and joy increase.

Eliyahu hanavi, Eliyahu hatishbi, Eliyahu hagiladi.
Bimheirah v’yameinu, yavo eileinu, im mashiach ben David.
May the Prophet Elijah come soon!

HaMotzi

Baruch atah Adonai Eloheinu melech ha`olam, hamotzi lechem min ha`aretz.
Blessed are You, our God, sovereign of the universe, who brings forth bread from the earth.
Alternative Readings
for the Amidah or other Inspiration for prayer

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Modim Anachnu Lach  from Mishkan T’filah
For the expanding grandeur of Creation,
Worlds known and unknown, galaxies beyond galaxies,
Filling us with awe and challenging our imaginations,
Modim anachnu lach.
For this fragile planet earth, its times and tides, its sunsets and seasons,
Modim anachnu lach.
For the joy of human life, its wonders and surprises, its hopes and achievements,
Modim anachnu lach.
For human community, our common past and future hope,
Our oneness transcending all separation, our capacity to work
For peace and justice in the midst of hostility and oppression,
Modim anachnu lach.
For high hopes and noble causes, for faith without fanaticism,
For understanding of views not shared,
Modim anachnu lach.
For all who have labored and suffered for a fairer world,
Who have lived so that others might live in dignity and freedom,
Modim anachnu lach.
For human liberties and sacred rites:
For opportunities to change and grow, to affirm and choose,
Modim anachnu lach.
We pray that we may live not by our fears but by our hopes,
Not by our words but by our deeds.
Blessed are You, Eternal One: Your name is Goodness, and You are worthy of
thanksgiving.
Baruch atah, Adonai, hatov shimcha ul’cha na’eh l’hodot.

A Kavannah for Amidah by Rabbi Sheila Peltz Weinberg
The introductory words (Psalms 51:17) of the Amidah contain paradox of divine and
human power. Our ability to be whole, upright, free, and fully alive grows as we
acknowledge and appreciate an infinitely higher source of power in the universe. This
allows us to be receptive. By acknowledging our human vulnerability, we open our
hearts to the support, compassion and faithfulness available around us.

All Wickedness will disappear: A story from Babylonian Talmud Brachot
There were once some lawless men who caused Rabbi Meir a great deal of trouble. Rabbi
Meir accordingly prayed that they should die. His wife, Beruriah, said to him, “how can
you think that such a prayer is permitted?... When sin ceases there shall be no more
wicked people. Therefor pray for them that they turn from their ways, and there will be
no more wicked people.” Then he prayed on their behalf
A Contemplation for Those Who Do Not Define Their Belief As a Belief in God

I know that the world is a place of contradiction. If I did not, why would I, one who does not define myself as a believer in God, come here today to pray with my fellow-people? It is to be with them that I have come, it is because I believe in them, in us, and in what we can create and in what we can destroy that I am driven here out of a feeling of need to be with and worship with them. If it were merely out of habit or out of guilt, I should quickly abandon this practice.

Although every day is a day for appreciating the wonder of the world, although every day is a day for fighting the good fight to perfect the world, although every day is a day to meditate and to struggle, we also need times set aside to come together as a community and to pause and celebrate our struggles and meditations.

At this moment, I am gathered here with others saying prayers apparently addressed to a transcendent God. Every day of my life I employ traditions of speech which at the same time reflect and yet do not reflect the reality I understand before me. In the morning I say, "the sun rises," and at evening I say, "the sun sets." knowing very well that the sun neither sets nor rises, and that it is the earth which is rotating. I use these words nevertheless, because they describe the feelings of dawn and dusk.

In the same way, I can still pray to the Eternal Power of our parents in the Amidah, because no matter how mistaken (from my particular point of view) was the content of Abraham and Sarah's belief, I yet appreciate the power of their belief and what it accomplished through time.

And I cannot consider myself superior to those who call their belief a belief in God just because they believe in something without proof. Even though I do not define my belief as they do, that does not mean that what I do believe in is any more probable and requires any less a leap of faith.

That is because I may be making an even greater leap of faith than they are. After all, I believe in people, and I act as if we have a hope for the future; and during a time of possible nuclear annihilation, such a belief may have even less foundation than a belief in God.

And so this day I will allow myself to say that the sun sets and rises and allow myself to say "YAH" and "Shehinah" not because they are the real things of the universe, but because they are real symbols of eternal powers in which the universe is one, and because these names reflect the feelings of awe generated by the contemplation of the infinite and of the infinitesimal, feelings generated in contemplation of the infinite and of the interaction with the cosmos, with people, with art, and with history which is yet ours to make or to end.

Rabbi David J. Cooper
Amidah: On Our Feet We Speak to You  By Marge Piercy

We rise to speak
a web of bodies aligned like notes of music.

Bless what brought us through the sea and the fire;
we are caught in history like whales in polar ice.
Yet you have taught us to push against the walls,
to reach out and pull each other along,
to strive to find the way through
if there is no way around, to go on.
To utter ourselves with every breath
against the constriction of fear,
to know ourselves as the body born from Abraham
and Sarah, born out of rock and desert.
We reach back though two hundred arches of hips
long dust, carrying their memories inside us
to live again in our life, Isaac and Rebecca,
Rachel, Jacob, and Leah. We say words shaped
by ancient use like steps worn into rock.

Bless the quiet of sleep
easing over the ravaged body, who quiets
the troubled waters of the mind to a pool
in which shines the placid broad face of the moon.

Bless the teaching of how to open
in love so all the doors and windows of the body
swing wide on their rusty hinges
and we give ourselves with both hands.

Bless what stirs us in compassion
for the hunger of the chickadee in the storm
starving for seeds we can carry out,
the wounded cat wailing in the alley,
what shows us our face in a stranger,
who teaches us what we clutch shrivels
but what we give goes off in the world
carrying bread to people not yet born.

Bless the gift of memory
that breaks unbidden, released
from a flower or a cup of tea
so the dead move like rain through the room.

Bless what forces us to invent
goodness every morning and what never frees
us from the cost of knowledge, which is
to act on what we know again and again.
All living are one and holy, let us remember
As we eat, as we work, as we walk and drive.
All living are one and holy, we must
make ourselves worthy.
We must act out justice and mercy and healing
as the sun rises and as the sun sets,
as the moon rises and the stars wheel above us,
we must repair goodness.

We will try to be holy,
We will try to repair the world given us to hand on.
Precious is this treasure of words and knowledge and deeds
that moves inside us,
Holy is the hand that works for peace and for justice,
Holy is the mouth that speaks for goodness
holy is the foot that walks towards mercy.

Let us lift each other on our shoulders and carry each other along.
Let holiness move in us.
Let us pay attention to its small voice,
Let us see the light in others and honor that light.
Remember the dead who paid our way here dearly, dearly
and remember the unborn for whom we build our houses.

Praise the light that shines before us, through us, after us.
Amein

Autumn  by Yevgeny Yevtushenko

Inside me the season is autumn
The chill is in me, you can see through me,
And I am sad, but not altogether cheerless
And filled with humility and goodness.

But if I rage sometimes
then I am the one whose rage is shedding my leaves,
and the simple thought comes sadly to me
that raging isn't really what is needed.

The main need is that I should be able
to see myself and the struggling, shocked world
in autumnal nakedness,
when even you, and the world, can be seen right through.

Flashes of insight are the children of silence.
It doesn't matter, if we don't rage aloud.
We must calmly cast off all mere noise
In the name of the new foliage.

Something has apparently happened to me,
And I am relying on nothing but silence,
When the leaves laying themselves on on another
Inaudibly become the earth.
And you can see it all, as if from a height,
When you can shed your leaves at the right time
When without passion inner autumn
Lays its airy fingers on your forehead...

How to Pray While the World Burns  By Hila Ratzabi

Go outside.
Find a patch of grass, sand, dirt.
Sit, kneel, place a hand or just
A finger to the soft earth.
Feel it pulse back.

Open your palms and divine
The words creased between.
Rub the specks of dirt
Between your fingers,
See how they cling to skin,
How they listen in their soft-rough way.

The earth will hold you better
Than God can.
God could not stop the bullets
Or the sale of weapons.
God could not block the open
Synagogue doors.

But we keep saying, Shema,
Listen.
Israel.
Our God is One.
Singular.
Invisible.
Hiding in plain sight.
But listen, Israel, our God is beneath
Our feet, between
Our fingers, coursing
Through our veins.

Our God is trapped
In the poisoned grass,
Where the blood of our brothers cries out,
Where the ants heave centuries on their backs.

Pray to the God who sharpened the tiger’s teeth,
Who stored the roar in its throat.
Pray to the God who gave you lungs and tongue
To sing and groan and hum.

I swear to you
When the leaf shivers in the wind
You have given it chills
From all its listening.

The earth hears your prayer.
There is nowhere for God to hide.
Get down on your knees and let
This precious earth soften for the weight of you.

You are held.
You are heard.
The wind pulls its blanket over your back,
Smooths the hair from your face,
Touches your cheek
With its cool, trembling hands.

A Sewn Amidah  By Lisa Lynn Veneland
Each stitch is a name, a voice, a memory, a mitzvah of old;
Each stitch connects them with me and me with mine,
Each stitch securing us in the fabric of life.
Each stitch, Holy, Holy, Holy;
Each stitch calling the Angels, who call to more,
“Come see the Holy One praised in the stitches.”
Each stitch piecing together a picture of where the next stitch will lead.
Each stitch turning back and forth; stopping where it is meant to be.
Each stitch no matter how small, how loosened, can be repaired.
Each stitch releasing stitches that have bound, separating instead of joining.
Each stitch repairing the body, the heart, the spirit; finding holes needing repair.
Each stitch placed in its proper time and place; sustaining the woven web.
Each stitch drawing the scattered fabrics in to the whole.
Each stitch loyal to the ones before it, judging its place in relationship to the pattern,
Each stitch making humble those that would damage the weave.
Each stitch connecting to the East, free of oppression and fear.
Each stitch counts, as if it were the only one; the finished piece depending only on it.
Each stitch a prayer, a call; connecting all other stitches to the hand of the tailor.

Each stitch placed with joy to serve the Holy One.
Each stitch placed in thanksgiving for the miracle of its existence in the construction,
Each stitch a moment in a time of peace, a time of beauty, a time that touches,
Each stitch.

Amen
Aug 21- by adrienne marie brown

laying in the dark
counting heroes and saviors

praying up farmers
pray up prisoners
who fight fires when healthy
but caught the virus

pray up the teachers
forced to watch their dear students
for symptoms and signs

pray up the nurses
and doctors who toil, tired
no respite in sight

pray up the parents
meditating thru kid-screams
loving thru danger

pray up the artists
creating for us laughter,
dreams, threading forward

bless organizers
beaming light and direction
from here to justice

this is how I sleep
counting gratitude and hearts
beating, surviving

aren’t we a wonder
harnessing a tomorrow
we won’t surrender
Night and the River by Mary Oliver

I have seen the great feet
leaping
into the river
and I have seen moonlight
milky
along the long muzzle
and I have seen the body
of something
scaled and wonderful
slumped in the sudden fire of its mouth,
and I could not tell
which fit me
more comfortably, the power,
or the powerlessness;
neither would have me
entirely; I was divided,
consumed,
by sympathy,
pity, admiration.
After a while
it was done,
the fish had vanished, the bear
lumped away
to the green shore
and into the trees. And then there was only
this story.
It followed me home
and entered my house-
a difficult guest
with a single tune
which it hums all day and through the night-
slowly or briskly,
it doesn’t matter,
it sounds like a river leaping and falling;
it sounds like a body
falling apart.
A Queer Amidah  By Andrew Ramer (excerpts)

Standing before You
God of all that is
we remember
that before You created the heavens and the earth
You were One and all was one.
Before you separated light from dark,
making day and night
You were One
And time was one.
Before You divided the waters above from the waters beneath,
You were One
and space was one.
And we remember
that before You created male and female in your image
You were One
and we were one.

God of Oneness
infinite, eternal
How queer of You to have created anything at all.
God of queerness
in whom are united all separations
we stand before You now
queer ourselves,
made of heaven and earth,
day and night
female and male,
together
all of us
within Your awesome holy Oneness.

One person you made, God
in Your image, female and male
undivided
as male and female
are undivided in You
blended, united.

And together
in our many different ways
we express our innate fruitfulness
varied as the colors of Your rainbow
refractions of one sacred light
we join together in community
united in heartfelt prayer
in awe of your creation
and its manifest paradoxes.
For you have said to us through one of Your ancient prophets:
My house
Shall be a house of prayer
For all peoples
ISAIAH 56:7
And so we stand
together in this earthly house
moving into silence
awesome and holy
hoping
to find You.
Amen.

Amidah for Peace, Justice, and Immigration
_Rabbi Elliott Tepperman_

**Avot**
God of our ancestors. God of immigrants. God of refugees. We are border crossers.
We tie our fate with You who cannot be contained by customs offices. You who requires no passport

**Gevurot**
You are the power that nurtures, You support the fallen, You free the captive, You give faith to those who sleep in the dust.

**Kedushah**
We call out to each other, We turn in every direction, Your holy image is the face of every human

**Binah**
Help us to act with understanding

**Teshuvah**
Return us again and again to your service

**Selikhah**
Forgive us for retreating to our own comfort, Forgive us for not taking responsibility,
Forgive us for letting little fears stop us from helping with compassion.

**Ge’ulah**
Release us from captivity, Release us from persecution, Release us from misfortune,
Help us to heal when rational arguments are insufficient.

**Refuah**
Heal the suffering that causes people to flee their homes.

**Birkat Ha-shanim**
All Bountiful one let every person live with abundance.

**Kibutz Galuyot**
Blast the great shofar for freedom
Gather in all those in exile!
Din
Restore justice with love and compassion.

Birkat Haminim
Let all wickedness be lost.

Tzadikim
Protect all the righteous people fleeing war and fleeing poverty. Be with those seeking safety and seeking security.

Binyan Yerushalayim
Build everlasting peace in Jerusalem.

Yeshu’ah
Plant your help in every land.

Kabbalat Tefillah
Hear our voice! Hear the voice of refugees Hear the voice of immigrants Help us hear your voice

Avodah
Take pleasure YHVH in our work. Lovingly accept our prayer.

Hoda’ah
Modim anakhnu lach We give thanks to you

Birkat Shalom
Sing Oseh Shalom

These words introduce the current legislative agenda of the Movement for Black Lives. You can find the full proposal at breatheact.org.

WHAT IS THE BREATHE ACT?

Imagine schools free of police and full of trained counselors and restorative-justice programs, where all our children are kept safe and their needs are met.

Imagine easy access to trained, trauma-informed interventionists who can be called on in domestic-violence situations and who are equipped to facilitate long-term safety, healing, and prevention.

Imagine 911 operators dispatching unarmed mental-health experts instead of police in situations involving behavioral health crises, and callers being allowed to request responders that connect to the gender identity of the person in crisis.
Congregation Tikkun v'Or Core Values

The core values of Congregation Tikkun v'Or are best described by three words: Spirit, Community, and Justice.

Spirit
At heart, our community embraces living with compassion (rachamim), love (chesed), awe (yirah), gratitude (hakarat hatov), joy (simcha) and generosity (nedivut) - Jewish spiritual values that nurture our congregation and each of us as individuals.

We treasure the richness and complexity of our community. Our wide diversity of beliefs and relationships to God are a source of strength and learning. Our congregation is a safe place to share our faith and our doubt as we support one another in our search for meaning and purpose in our lives.

We offer an array of member and rabbi-led religious services on Shabbat and holidays, and educational programs for children and adults.

Community
A caring and loving community, we sanctify and celebrate significant moments in our lives within the framework of Jewish ritual and values.

We take to heart “my house is a house of prayer for all people” (Isaiah 56:7) and seek to include, rather than exclude. We welcome interfaith families, LGBTQ people, and others who have been denied full acceptance in the broader community. We treasure the members of our congregation who are not Jewish and celebrate the interfaith character of our community.

The final word of the Shema - echad, all one - resonates as we join hands with other faith communities, community organizations and activist groups to fulfill our shared values.

Justice
Inspired by the Prophetic tradition and the historical experience of the Jewish People, we are dedicated to the pursuit of justice and peace, locally and globally. The Torah teaches that humankind was created in God's image and we honor this inherent godliness in each person.

Toward that end our community actively seeks to promote racial and economic justice for all, resist Islamophobia, encourage education and dialogue about Israel and Palestine, support refugees in our community, feed the hungry, and protect the environment.

We are dedicated to justice, equality, human rights, and security for people all over the world, and specifically for all Israelis and Palestinians. We are committed to an open and respectful dialogue about these issues and welcome those who feel excluded or silenced by other Jewish communities because of their opinions. Our congregation is enriched by the multiplicity of views of our members.

Spirit, Community and Justice are integrated into all aspects of the life of our congregation. May we be blessed to witness the day when “love and truth will meet, justice and peace will kiss.” Psalms 85:11