

PREVIOUS TVO B'NAI MITZVAH PROJECTS

IN THE COMMUNITY

- Built shelters and benches at Lime Hollow Nature Center
- Built and stocked neighborhood food pantry
- Supported new immigrant family with food shopping and babysitting
- Volunteered at the SPCA
- Trained a service dog to visit with senior citizens
- Worked with Cornell Cooperative Extension on area projects (Ithaca Children's Garden, Beechtree Center, Tompkins County Library)
- Met with local Muslim organizations and planning cross-cultural conversations
- Harvested food at Danby Youth Farm
- Longview – visiting residents, playing music, training a dog to be a certified visitor
- Drop-In Center – working with underserved children, providing sports equipment & instruction
- Family Reading Partnership - Book drives and volunteering
- Loaves and Fishes – serving food
- Friendship Donation Network – working in the food pantry
- St John's Soup Kitchen – serving meals
- Cancer Resource Center – knitting hats for cancer patients, walk-a-thon
- Cornell Equestrian Center - Working with kids and horses
- The Learning Web – variety of service programs, tutoring
- Bears for Kids – made stuffed bears and delivered to kids with chronic illnesses
- Internship at Planned Parenthood
- Magic and reading at the library

RAISING AWARENESS (research, presentations at TVO and in community, fundraisers)

- Created a video game about climate change
- Created website about mental health and depression
- Wrote and circulated petition about immigration to present to legislators
- Raising awareness of human trafficking and child labor
- Protecting endangered animals, primate rescue
- AIDS, TB & Malaria in Africa (collected money for mosquito tents and solar cookers)
- Supported Epilepsy Foundation
- Litter and environmental concerns (including highway cleanup)
- Created video presentation for Smoke-Free Tompkins

OTHER

- Wrote a booklet about divorce from kids' perspective
- The Global Fund, AIDS, uniforms for girls' education in Ethiopia – online fundraising
- Habitat for Humanity – built houses locally and in New Orleans

Generally looking for ideas?

<http://rac.org/advocacy/issues/>

<http://globaljsam.ning.com/action/page/show?id=2209962%3APage%3A258>

http://www.goodpeoplefund.org/For_Students

http://www.juf.org/tweens/bb_mitzvah.aspx

www.dosomething.org

www.whatkidscando.org

www.idealists.org/kt/youthorgs.html

Mitzvah Magic by Danny Siegel

Kids Who Make A Difference, by Joyce M. Roche, Marie Rodriguez, & Phyllis Schneider

Doing Mitzvah: Mitzvah Projects for Bar/Bat Mitzvah, by Rabbi Ronald H. Isaacs and Rabbi Kerry M. Olitzky

Kids Guide to Social Action: How to Solve the Social Problems You Choose-And Turn Creative Thinking into Positive Action by Barbara Lewis

LOCAL ORGANIZATIONS:

The Learning Web:	275-0122	www.learning-web.org
Cornell Cooperative Extension:	272-2292	www.ccetompkins.org
Tompkins Community Action		www.tcaction.org
Ithaca Free Clinic	330-1253	
Southeast Asian Refugee Assistance Program at GIAC		
	277-6833	
Southside Community Center:	273-4190	
Multicultural Resource Center:	272-2292	
Ithaca Children's Garden	272-2292	https://www.ithacachildrengarden.org/
Sustainable Tompkins		www.sustainabletompkins.org
PRI (Museum of the Earth)	273-6623	
Sciencenter	272-0600	info@sciencenter.org
Family Reading Partnership		www.familyreading.org
Child Development Council	273-0259	www.childdevelopmentcouncil.org
Literacy Volunteers:	273-0634	www.lvanys.org
Tompkins County Public Library:	272-4557	
Cayuga Nature Center	273-6260	www.cayuganaturecenter.org
Finger Lakes Land Trust	275-9487	info@fltl.org

Local organizations fighting hunger and homelessness

The Ithaca Kitchen Cupboard (IKC) 273-2400

Friendship Donations Network www.friendshipdonations.org

Loaves and Fishes. 272-5457 www.loaves.org
Kids under age 14 must be accompanied by an adult. Loaves and Fishes provides free meals each weekday to everyone who comes; there are no income restrictions. Lunches are provided Monday, Wednesday, and Friday, and dinners are provided on Tuesday and Thursday.

Foodnet/Meals on Wheels 266-9553 www.foodnet.org/lunch.htm

Nursing homes and senior programs

Lakeside Nursing Home: 607-273-8072

Oak Hill Manor: 607-272-8282

Reconstruction Home (Beechtree Care Center): 607-273-4166

Office for the Aging 607-274-5482
Friendly Visitors Program through the Tompkins County Office for the Aging The program matches homebound seniors with volunteers of all ages who regularly visit, provide support and companionship.