



Congregation Tikkun v'Or

Ithaca Reform Temple
Spirit • Community • Justice

Issue 231: July-August 2022

סיון - תמוז - אב 5782 - Sivan - Tammuz - Av

Presidents' Words

דברי הנשיא

As the new co-presidents of Tikkun v'Or, we thought we would take this opportunity to introduce ourselves.

Sue Merkel: My husband Joe Yavitt and I have been members of TvO for over 25 years. I was raised Catholic, and learned about Judaism along with my sons, Ben and Max, as they grew up with TvO's religious school. I have already worn the president's hat once before (maybe 2006-2008?) and converted to Judaism sometime in that tenure. For me, this congregation has been a source of learning about Judaism, a community of friends, and a reminder of what is important in life.

Outside of TvO, I taught microbiology to thousands of Cornell undergraduate students. Now newly retired, I am looking forward to doing all the things that had to wait while I was working.

Laurie Willick: I joined TvO with my husband Alexi Zentner and our two children Zoey and Sabine after moving here from the midwest in 2006. I work as a school psychologist for the Ithaca City School District. Currently, I work at Cayuga Heights Elementary School. The work is both challenging and rewarding. Growing up, I went to religious school at a large Reform synagogue in St. Louis, and spent summers at Camp Sabra, a Jewish summer camp in the Lake of the Ozarks. I have been a member of the TvO Board for several years and have enjoyed getting to know so many amazing folks. TvO has been a wonderful community for me and my family and I am happy to give back to the community by serving as co-president.

Both of us are excited to shepherd Tikkun v'Or through its next stage of developing the "Tapestry of Offerings" as our diligent volunteers work with Rabbi Shifrah to provide a range of events and services that speak to the diverse interests of our congregation. We are delighted that we can now offer more in-person events, and we look forward to seeing you all face-to-face!

Shabbat and Holidays

שבת וחגים

Check your weekly TvO email for more details on all services. If there is a Zoom link in the email, the service is on Zoom. If there is a Zoom link *and* a sign up for in-person attendance, it is a hybrid program. Contact info@tikkunvor.org to be added to the email list. The schedules are also updated regularly on the TvO Facebook page and website, www.tikkunvor.org.

Friday, July 1, 7:30 pm Kabbalat Shabbat (Welcoming Shabbat) *Led by Anne Brous*

Friday, July 8, 7:30 pm Kabbalat Shabbat (Welcoming Shabbat)

Led by Michael Margolin and Dalia Bosworth

Saturday, July 9, 10 am Shabbat morning **Bat Mitzvah:** Dalia Bosworth

Led by Rabbi Shifrah and Michael Margolin

Friday, July 15, 7:30 pm Kabbalat Shabbat (Welcoming Shabbat)

Led by Michael Margolin and Bram Elia

Saturday, July 16, 10 am Shabbat morning **Bat Mitzvah:** Bram Elia

Led by Rabbi Shifrah and Michael Margolin

Friday, July 22, 7:30 pm Kabbalat Shabbat (Welcoming Shabbat) *Leader TBA*

Friday, July 29, 7:30 pm Kabbalat Shabbat (Welcoming Shabbat) *Led by Faith Rogow*

Friday, August 5, 7:30 pm Kabbalat Shabbat (Welcoming Shabbat) *Leader TBA*

Saturday, August 6, 7:30-9 pm Tisha b'Av service *Led by Rabbi Shifrah*

Saturday, August 13, 10 am Shabbat morning *Led by Rabbi Shifrah*

Friday, August 19, 6 pm Shabbat in the Park at the large pavilion in Stewart Park

Friday, September 2, 7:30 pm Kabbalat Shabbat (Welcoming Shabbat)

Led by Rabbi Lenore Bohm with her granddaughter Julia

Saturday, September 3, 10 am Shabbat morning **Bat Mitzvah:** Julia Phillips

Rabbi Shifrah

רב שפרה

OFFICE HOURS: Rabbi Shifrah's regular office hours are from 2-6 p.m. on Wednesday and Thursday, Congregants can also contact the rabbi directly if they'd like to schedule an appointment either during regular hours or at another time (such as weekday evenings or Sundays). Contact rabbishifrah@tikkunvor.org or call/text 607-229-6747. R. Shifrah is generally not available on Monday and Tuesday, except in the case of an emergency.

Contemplative Morning Services: Tuesdays from 8:30-9:30 a.m.

This weekly morning service, alive with music, poetry, prayer, quiet contemplation and a sense of community, has become a weekly anchor for many of us in these uncertain times.

Led by Lauren Korfine, Diana Levy, and Judy Saul. All are welcome!

Check your TvO weekly email or contact info@tikkunvor.org for the Zoom link.

Mazel tov!

מזל טוב

Mazel to Tsadia Bercuvitz and Sonia Enns on becoming bnai mitzvah!

Many Thanks

רב תודה

Thanks to:

Rabbi Shifrah for leading us for Shabbat services and adult education.

Recent Shabbat leaders: Michael Margolin, Miranda Phillips, Lauren Korfine, the students of kitah daled/hey (4th and 5th grade), Peter Silberman

Lauren Korfine and Marne Oshae for adding music to so many of our services;

Lise and Richard Rosenfield for being our Torah rollers for so many services;

Recent Zoom angels: Faith Rogow, Mihal Ronen, Rebecca Brenner;

Small Sparks leaders: Chris Xenakis, Annie Wexler, Carol Shama.

Welcoming Committee

ועד החברות

We love to welcome and get to know our new members. For more information contact Lois Levitan, loislevitan@gmail.com.

*Lara Estroff and David Bosworth
invite you to join us as our daughter*

Dalia Charlotte

Is called to the Torah as a Bat Mitzvah

Saturday, July 9th, 2022

10 AM

Anthony Elia & Melanie Lefkowitz

invite you to join us as

Abraham (Bram) Elia

is called to the Torah

as a bar mitzvah,

Saturday July 16, 10 am.

Come celebrate with us

as our daughter

Julia Kleinberg

is called to the Torah as bat mitzvah,

Shabbat Shoftim,

Sept. 3, 10 AM.

We're excited to celebrate with you!

-Miranda Phillips and Bobby Kleinberg

Current guidelines for all bmitzvah services

at TvO ask for only invited guests

to be in-person, with all others

welcome to join on Zoom

on Friday evenings at 7:30 pm

and Saturday mornings at 10 am.

Please join us in celebrating

with our young Jewish scholars!

Links will be in the e-news close to each service.

Jewish Learning Experiences

בית ספר תיקון ואור

Register now for 2022-2023 / 2783 JEWISH LEARNING EXPERIENCES
For students in Gan-Zayin (kindergarten-7th grade) fill out the form [online](#).

Or email naomi.wilensky@tikkunvor.org

[Tuition assistance](#) is available through a grant from Ithaca Area United Jewish Community (IAUJC).



ITHACA NO'AR

No'ar means teenager in Hebrew, and this program is open to all Jewishly-identified teens in Ithaca (regardless of affiliation or prior involvement). Ithaca NO'AR has been crafted with teen input, as shared with the educational leadership of both Tikkun V'Or and Temple Beth-El. The schedule (every other Sunday, 5-7 pm) was designed with the flexibility to accommodate busy student schedules, and each session will include dinner and a chance to socialize with friends. Ithaca NO'AR is a place where teens can discuss relevant current events and topics with Jewish peers in a safe, nurturing space. Opportunities to participate in hands-on projects and learn from a variety of talented educators abound.

Contact naomi.wilensky@tikkunvor.org for enrollment information.

Let's All Come to the
good food.
great community. **Table**

Thursday, August 25th
6:30pm - 8:30pm

Myers Park in Lansing, Pavilion "B"

Interfaith Community Dinner
Dinner is FREE & All are Welcome!
Hosted by Congregation Tikkun v'Or

Please Bring a Vegetarian Dish-to-Pass

The Interfaith Communities of Greater Lansing/Ithaca and Lansing Community Members invite you to meet new friends and share a vegetarian dish-to-pass.
No time to make a "dish"? Please be our guest!
Interested in co-hosting? More information? Contact: AdultMinistries@LansingUnited.org @interfaithcommunity

Lansing

LANSING UNITED METHODIST CHURCH

Congregation Tikkun v'Or
Ithaca Beth-El Temple
700 E. University Avenue

الحدي AL HUDA
Ithaca, NY

Donors

צדקה

Many thanks to our recent donors:*General Fund**In memory of Arthur Birnbaum:*

Nancy Goody
 Michael & Barbara Rosevear
 Jonathan Plotkin & Barbara Brenner
 Holly Hutchinson,
in memory of her mother, Jean Hutchinon
 Diane Swords
 Bridget Meeds

Nediv Lev

Corinne Stern
 Laurie Willick & Alexi Zentner
 Samuel & Carol Shama
 Mihal Ronen & Bruce McKee
 Leslie Adelson & Larry Bieri, Larry
 Nomi Talmi
 Robin & Edward Dubovi
 J. Mitchell Grossman
 Jonathan Plotkin & Barbara Brenner
 Ethan & Rachel Ash
 Gavin Sacks & Amanda Garriss
 Mark Lenzenweger & Lauren Korfine
 Ann Wexler & Tony Gaenslen
 Fran Markover & Ron Schoneman
 Miranda Phillips & Bobby Kleinberg
 Michael Dorf & Sherry Colb
 Judith Saul & Regi Teasley
 Peter Silberman & Jennifer Kagan
 Beth Cohen

Melissa & Peter Enns
 Susan Silbert & Jeffrey Toohig
 Alita Howard & Karl Smolenski
 Joseph Yavitt & Sue Merkel
 Carol Chernikoff
 Eleanor Frankel & Thomas Frank
 Carole Resnick & Debra Gertz
 Denice Cassaro
 Bruce Fabens & Diana Levy
 Sherry Altman
 Julie Gozan & Tom Keck
 Seth & Margaret Soulstein
 Faith Rogow
 Robyn Bem

Rabbi's Discretionary Fund

Lansing Funeral Home, in memory of Arthur
 Birnbaum

Received at Klezmer Program:

Sally & Gregory Ezra
 Sara Pines
 Vilasini Mills
 Frances & Andrew Chernow
 Mark Lenzenweger & Lauren Korfine
 Ilya Shmulenson & Valerie Kaiser
 Lois Levitan & Martha Armstrong

Thanks to the [IAUJC](#) (Ithaca Area United Jewish
 Community) for grants benefitting education,
 especially the scholarship fund.

After this issue, the TvO newsletter will be published quarterly, continuing to provide information from other TvO members, a preview of upcoming events, and thanking all those who have been involved in the community.

More time-sensitive details will be provided through:

- Weekly enews. contact info@tikkunvor.org to be added to the list
- TVO members' listserv listserv-moderator@tikkunvor.org
- TVO website www.tikkunvor.org
- TVO website section for members' only. Contact
- TVO Facebook page <https://www.facebook.com/Congregation-Tikkun-vOr-Ithaca-Reform-Temple-103546029690057>

Condolences

תנחומים

Tikkun v'Or sends our condolences to Denice Cassaro, on the death of her beloved partner Kim Snow, mother of Kami Snow.

Tikkun v'Or sends our condolences to Richie Holtz and Ellie, the family of Carol Ornstein, a former member of TvO. May her memory be a blessing.

Tikkun v'Or sends our deep condolences to Jonathan Plotkin, Barbara Brenner, and their daughters on the death of Jonathan's beloved mother Cecile.

May their memories be a blessing.

Bereavement Support Group

If you are in need of planning or support, please reach out:

Email the Bereavement Support Group at: BereavementSupport@tikkunvor.org. This email includes Rabbi Shifrah and Naomi Wilensky as well as other members of the Bereavement Support Group.. You can also email Rabbi Shifrah directly at: rabbishifrah@tikkunvor.org.

If you prefer to not use email, please call Rabbi Shifrah or a member of the group:

- Rabbi Shifrah cell: 607-229-6747; TvO office: 607-256-1471.

Feeding the Hungry: Machil Re'avim

מאכיל רעבים

Tikkun v'Or helps St. John's Community Services provide meals to those who need, by making 60 lunches for the 4th Thursday of each month.

Thanks to those who made lunches in April: Ozzie Sachs & Christine Evans & Dorothy Debbie.

Thanks to Nina Cummings, Doug Stayman, and the Debbie family for making lunches for St John's Community Center in May.

If you would like to help please contact Dorothy Debbie at dorothynotwork@gmail.com or 272-3893. For those of you who would like to help out but can't make the lunches, you can still contribute financially by donating to the **TvO Feeding the Hungry Fund** to used to reimburse the person who buys the supplies.



Ithaca Area United Jewish Community strives to represent and support a broad spectrum of our local Jewish community. We have a hard working board of trustees, several of whom are retiring and relocating. We are in search of new members who are passionate about celebrating our traditions, and ready to work with other who represent all facets of our community and support the pillars of the IAUJC:

- * Supporting a thriving local Jewish community
- * Engaging the next generation
- * Caring for Jews in need, locally and globally
- * Supporting a vibrant Israel

If you would like to learn more about serving on our board, please email info@iaujc.org

Help Support a Ukrainian Family to Resettle in Ithaca!

An exciting opportunity is arising for community members to help sponsor a Ukrainian refugee family. Marjorie Hoffman is looking for a few dedicated people to help create a WELCOME CIRCLE for a family (not yet identified). This work will be in conjunction with HIAS, an international rescue organization, and in cooperation with Ithaca Welcomes Refugees and other local organizations.

The Welcome Circle team will be made up of 5 to 8 passionate people who are willing to devote at least six months to assisting this family. Special skills and experience in the following areas are especially useful:

- * Legal assistance
- * Counseling/Social work
- * Housing knowledge
- * Healthcare systems
- * School systems

In addition to the Welcome Circle inner team members, there will be tasks from large to small, in need of assistance. Financial support will also be required. A dedicated fund is being set up at Temple Beth El. If you would like to participate or make a pledge for the fund, please contact Marjorie@twcny.rr.com. Thank you so much!

• BAGELS • SMOKED FISH • SALADS • PASTRY • BREAD • CATERING

ITHACA BAKERY



Visit all our Ithaca locations!
N. Meadow Street
Triphammer Mall
College Ave. • N. Aurora St.
East Hill Plaza

COLLEGETOWN BAGELS

www.ithacabakery.com



B. Beth Cohen, Ph.D.
 Licensed Psychologist
george@bbethcohenphd.com
 Phone 607-319-5778, Fax 607-319-5779

George J. Dillmann, Practice Manager
 118 North Tioga St., Suite 401, Ithaca, NY 14850
 Located in TC3 Tioga Place on the Ithaca Commons
www.bbethcohenphd.com

floOF Collage party!
 Your Family Art-Making Studio • ages 2-102
 7 days a week by appointment

Corinne Stern
 Chief Artist and Brush Washer
csstern_135@earthlink.net
www.floofcollageparty.wordpress.com
www.facebook.com/floofcollageparty

135 Burleigh Dr.
 NE Ithaca, NY 14850
607-279-3512 cell

Healing Arts of the Finger Lakes

Will Fudeman, Lic.Ac., C.S.W.



- Acupuncture
- Counseling
- Chinese Herbs

www.willfudeman.com
 109 S. Albany Street • Ithaca, NY 14850 • 607-272-8390



Elan and Rachael Shapiro
 211 Rachel Carson Way
 Ithaca, New York, 14850

607-275-0249
 607-592-8402
www.frogsway-bnb.com

spectacular views, trails and pond • family friendly • bright peaceful rooms
 close to town and surrounding sites • located at EcoVillage at Ithaca

Horizons

CAREER COACHING

for college students, young professionals,
 and career transitioners

Sherry Burford, M.S., C.P.R.W.
 607.319.4982 sherry@horizonscareercoaching.com

www.horizonscareercoaching.com

Nancy Young LMT

The
 Pathway
 to
Radiant Health

Advanced CranioSacral
 Therapy
 Therapeutic Massage
 Energy Balancing



Second Blossom Center
 Trumansburg, NY 14886
 (607) 387-3020

LGBTQ+ YOUTH GROUP Wednesdays 4:30-5:30 pm, Tompkins County Public Library

Tompkins County Public Library, in partnership with Planned Parenthood of Greater New York, hosts a weekly, in-person LGBTQ+ Youth Group in the Makerspace. Teens in 6th through 12th grade who are lesbian, gay, bi, trans, queer, or questioning are invited to meet in a safe and supportive space to talk about sexuality, sexual orientation, or gender. There will be crafts, games, and/or movies, and teens can also just come to hang out!

More information at TCPL.

Congregational Leadership

מנהיגות

Rabbi	Shifrah Tobacman	607-229-6747 cell	rabbishifrah@tikkunvor.org
Administrative Coordinator & JLE Director			
	Naomi Wilensky	607-256-1471 office	naomi.wilensky@tikkunvor.org
Bookkeeper	Sally Ezra	607-256-1471 office	sally.ezra@tikkunvor.org
BMitzvah Coordinator	Michael Margolin	518-755-5931	michael.j.margolin5@gmail.com
President			
	Laurie Willick	607-319-4235	presidents_22@tikkunvor.org
	Sue Merkel	607-279-0081	presidents_22@tikkunvor.org
Vice-President	Martha Armstrong	607-592-0356	Martha.j.armstrong@gmail.com
Past-President	Nomi Talmi	607-273-1309	presidents_20@tikkunvor.org
Scribe	Joan Friedman		friedman.joan@gmail.com
Treasurer	Alita Howard	607-342-2820	alitahoward@gmail.com
At-Large Board Members			
	Melissa Enns	607-319-4681	moenns@gmail.com
	Jennifer Savran Kelly	607-319-4063	
	Shane (Catherine) Shine	828-252-7775	shaneshine59@gmail.com
Action Against Hunger Committee	Dorothy Debbie		dorothynotwork@gmail.com
Avodah Committee			
	Anne Brous	607-229-2592	Anne@ithacabakery.com
	Peter Silberman	607-273-5414	silbermanp@gmail.com
Bereavement Support Group	Judy Saul	607-273-4086	BereavementSupport@tikkunvor.org
Building Committee			
	Anne Brous	607-272-5535	Anne@ithacabakery.com
	Shawn Murphy	607-351-7898	smurphesf@gmail.com
Caring Committee	Carol Shama	315-480-6365	csshama462@gmail.com
Finance Committee			
	Ira Brous	607-272-5535	ira@ithacabakery.com
	Doug Stayman	607-280-8975	dms43@cornell.edu
Jewish Education Committee	<i>open</i>		
Justice in Israel/Palestine Committee	Lois Levitan	607-592-0356	loislevitan@gmail.com
Racial Justice Committee (Jewish Confronting White Supremacy)			
	Michael Margolin	518-755-5931	michael.j.margolin5@gmail.com
Program Committee	<i>open</i>		
Welcoming Committee			
	Lois Levitan	607-592-0356	loislevitan@gmail.com
	Jennifer Kagan	315-415 1932	jkagan@twcny.rr.com

For updated calendar information,
 call 607-256-1471
 or check <www.tikkunvor.org>
LIKE us on Facebook!

Congregation Tikkun v'Or
 PO Box 3981
 Ithaca NY 14852



**Tikkun v'Or Welcomes
 Interfaith Families!**

Issue # 231 Tikkun v'Or Newsletter published bi-monthly
 by Congregation Tikkun v'Or, *Ithaca Reform Temple*
 Mailing address: P.O. Box 3981, Ithaca, New York 14852
 Location: 2550 N. Triphammer Road, Ithaca
 (607) 256-1471 info@tikkunvor.org <www.tikkunvor.org>

Contents תוכן

From the Co-Presidents.....	1
Shabbat and Holidays.....	2
Many Thanks.....	3
Welcoming.....	3
Jewish Learning Experiences (JLE).....	4
Ithaca No'ar.....	4
Mazel tov.....	4
Donors.....	5
Condolences.....	6
Bereavement Support Group.....	6
Feeding the Hungry.....	6
IAUJC.....	7
Community Ads.....	8
Congregational Leadership	9