



Congregation Tikkun v'Or

Ithaca Reform Temple
Spirit • Community • Justice

Issue 232: September - October - November 2022

Presidents' Words

דברי הנשיא

Hello to all,

As new co-presidents, we are very aware of all the “newness” happening in the next few months—a new year, a new “Tapestry of Offerings,” a new feeling of community as we begin to open up to in-person activities. We hear over and over again how lovely it is to see each other “outside of the box,” to sing together, to share together.

We have many new initiatives happening, a few of which are highlighted here.

Thanks to Naomi Wilensky, Elly Frankel and Joan Friedman for getting our members-only website up and running. We hope the information posted there about committee and Board initiatives will help you feel more connected. If you haven't yet checked it out, please do so for more details about what is happening at Tikkun v'Or.

To facilitate the Tapestry of Offerings, we have a new task force working on identifying visiting rabbis and scholars to lead services and hold adult education classes. And to support that effort, and all our efforts, there is a fundraising group working to provide us the means to fulfill our wants and needs.

We will unfortunately have some significant needs in the coming year, as our building is aging and needs some tender loving care. The Board will be identifying critical projects soon. If you have ideas or concerns, please let us know.

For now, we wish you compassion and insight as you prepare for the upcoming Holidays. We look forward to our coming together, in person and on Zoom. May you all have a good and sweet new year.

*Shana Tovah u'metukah,
Laurie and Sue*

L' Shanah Tovah
Have a sweet year!



Check your weekly TvO email for more details on all services. If there is a Zoom link in the email, the service is on Zoom. If there is a Zoom link *and* a signup for in-person attendance, it is a hybrid program. Contact info@tikkunvor.org to be added to the email list. The schedules are also updated regularly on the TvO Facebook page and website, www.tikkunvor.org.

Friday, September 2, 7:30 pm Kabbalat Shabbat (Welcoming Shabbat)

Led by Julia Kleinberg with her grandmother Rabbi Lenore Bohm

Saturday, September 3, 10 am Shabbat morning

Bat Mitzvah: Julia Kleinberg, daughter of Miranda Phillips and Bobby Kleinberg

Friday, September 9, 7:30 pm Kabbalat Shabbat

Friday, September 16, 7:30 pm Kabbalat Shabbat

Saturday, September 17, 7:30-9 pm Selichot with Rabbi Shifrah

Selichot: Contemplative Preparation for the High Holidays, at TVO, and on zoom

A sweet quiet ritual of song, poetry, and writing to help us prepare for the High Holidays. We'll consider what we'd like to focus on this season as we do our teshuvah, the healing and forgiveness that return us to aspects of ourselves and others that we hope to reclaim, renew, or re-member.

Friday, September 23, 7:30 pm Kabbalat Shabbat

Sunday, September 25 Rosh Hashanah

Monday, September 26 Rosh Hashanah

Friday, September 30, 7:30 pm Kabbalat Shabbat

Tuesday, October 4 Yom Kippur - Kol Nidre

Wednesday, October 5 Yom Kippur

Friday, October 7, 7:30 pm Kabbalat Shabbat

Friday, October 14, 7:30 pm Kabbalat Shabbat Led by Rabbi Shifrah

Saturday, October 15 Havdalah in the Sukkah *Details TBA*

Friday, October 21, 7:30 pm Kabbalat Shabbat

Friday, October 28, 7:30 pm Kabbalat Shabbat led by Peter Silberman

Friday, November 4, 7:30 pm Kabbalat Shabbat

Led by Mirdanda Phillips, Lauren Korfine, and Jennie Lavine

Friday, November 11, 7:30 pm Kabbalat Shabbat Led by Rabbi Shifrah

Friday, November 18, Kabbalat Shabbat

Led by Miranda Phillips and the students of kitah dalet/hey (4th and 5th grade)

Saturday, November 19, 10 am Shabbat morning service Led by Rabbi Shifrah

No services scheduled for November 25

Contemplative Morning Services: Tuesdays from 8:30-9:30 a.m.

This weekly morning service, alive with music, poetry, prayer, quiet contemplation and a sense of community, has become a weekly anchor for many of us in these uncertain times.

Led by Lauren Korfine, Diana Levy, and Judy Saul. All are welcome!

Check your TvO weekly email or contact info@tikkunvor.org for the Zoom link.

The complete **TvO High Holiday Guide** is available on our [website](#) and in community emails. To be added to the email list or for more information, contact info@tikkunvor.org

All are welcome at Congregation Tikkun V'Or's Rosh Hashanah and Yom Kippur services. Membership and tickets are never required. However, *registration is required for in-person services, and seating is limited.*

Unless otherwise noted, High Holiday services are in-person at TvO and on Zoom.

ROSH HASHANAH

Sunday, September 25

9:30-11 am Youth Service

6:45-8:30 pm Evening Service

Monday, September 26

9-11 am Morning service

12-2 pm Community Apples and Honey picnic and taslich at Stewart Park

YOM KIPPUR

Tuesday, October 4

6:45 pm Kol Nidre

Wednesday, October 5

9 am -12 pm Morning service

1-2 pm Youth service in person and on Zoom (concurrent with yoga and meditation)

1-1:30 pm Yoga on Zoom only

1:45-2:15 Meditation on Zoom only

2:30-4:15 pm Isaiah Challenge

4:30-5:15 pm Avodah

5:30-6:15 pm Yizkor

6:15-7:15 pm Neilah / Havdalah

*Come celebrate with us
as our daughter
Julia Kleinberg
is called to the Torah as bat mitzvah,
Shabbat Shoftim,
September 3, 10 AM
We're excited to celebrate with you!
-Miranda Phillips and Bobby Kleinberg*

**Current guidelines
for all b'mitzvah services at TvO:**
ask for only invited guests to be in-person, with
all others welcome to join on Zoom
on Friday evenings at 7:30 pm
and Saturday mornings at 10 am.
Please join us in celebrating
with our young Jewish scholars!
Links will be in the e-news close to each service.

Jewish Learning Experiences

בית ספר תיקון ואור

Jewish Learning Experiences at TvO begins on Sunday, September 11 for students in Bet-Zayin (2nd-7th grade), **Saturday, September 17 for Family JLE** (grades K-1), and **Wednesday, September 14 for the midweek class** (vav-zayin / 6th-7th grade)

We are thrilled to be welcoming back teachers Rabbi Tziona Szajman (gan-alef / Family JLE and bet/gimel / 2nd-3rd grade), Miranda Phillips (dalet-hey / 4th-5th grade), and Kenny Berkowitz and Michael Margolin (vav-zayin / 6th-7th grade).

This year we are looking forward to returning to weekly Tefillah (morning prayer services) and chugim (electives), as well as adding many special events and guests.



Note that there will **not** be regular JLE classes on these dates, but we hope that all students and families will join us:

Sunday, September 25, 9:30-11 am No JLE: **Rosh Hashanah Youth Service**

Monday, September 26, 12-2 pm TVO **Rosh Hashanah Picnic at Stewart Park**

Sunday, October 2 No JLE: **Feed My Starving Children MobilePack**

(sign up info coming soon)

Wednesday, October 5, 1-2 pm **Yom Kippur Youth Service**

Sunday, October 9, 10 am - 12 No JLE: **Family Sukkot Shake-Up**. Families of all ages invited to help build and decorate the sukkah, shake a lulav, and smell an etrog!

Also:

Friday, November 18 Shabbat service led by Dalet/Hey

Friday, December 9 Shabbat service led by Vav/Zayin

Saturday, February 4 Shabbat service led by Vav/Zayin

Bnai mitzvah families should note these dates:

Wednesday, September 14, 4:30 - 6 pm First midweek class

Sunday, September 18, 12-1 Family meeting with Michael Margolin and Naomi Wilensky

Saturday, October 1 BMitzvah in the Forest: Check your emails for details!

Sunday, November 13, 10:30-12 pm Family meeting with Rabbi Shifrah

Sunday, January 22 Family meeting TBD

JLE Registration is still open! Fill out the form [online](#)

Or email naomi.wilensky@tikkunvor.org

[Tuition assistance](#) is available through a grant from Ithaca Area United Jewish Community (IAUJC).

ITHACA NO'AR

No'ar means teenager in Hebrew, and this program is open to all Jewishly-identified teens in Ithaca (regardless of affiliation or prior involvement). Ithaca No'ar has been crafted with teen input and the educational leadership of both Tikkun V'Or and Temple Beth-El. Contact naomi.wilensky@tikkunvor.org for enrollment information.

Many Thanks

רב תודה

Thanks to:

Recent Shabbat leaders: Rabbi Shifrah Tobacman, Anne Brous, Miranda Phillips. Lauren Korfine, and Jennife Kramer, Faith Rogow, Annie Wexler and Tony Gaenslen,, Michael Margolin

Recent Zoom angels: Peter Silberman, Beth Cohen, Abby Thomas, Miranda Phillips
Lauren Korfine and Marne Oshae for adding music to so many of our services;
Lise and Richard Rosenfield for being our Torah rollers for so many services;
Shawn Murphy and his crew for cleaning the ceiling cobwebs and changing the high light bulbs at TVO. Look up and see the great work they did!

Mazel tov!

מזל טוב

- * Mazel to Dalia Bosworth and Bram Elia on becoming bnai mitzvah!
- * Kol Hakavod to Jennifer Savran Kelly on the release of her new book, Endpapers. [Pre-orders](#) now available.
- * Congratulations to Owen Thomas on becoming an Eagle Scout!

Feeding the Hungry: Machil Re'avim

מאכיל רעבים

Tikkun v'Or helps St. John's Community Services provide meals to those who need, by making 60 lunches for the 4th Thursday of each month.

June lunch providers: Alita Howard, and Obie & Rennie Smolenski, the Milstein-Touesnard family, the Enns family, and Dorothy Debbie.

July: Nina Cummings & Doug Stayman and Ann Hoffman & Brian Heltsley

August: Harriet and Howard London and their granddaughter Annabelle Pangburn and the Debbie family

If you would like to help please contact Dorothy Debbie at dorothynotwork@gmail.com or 272-3893. For those of you who would like to help out but can't make the lunches, you can still contribute financially by donating to the **TvO Feeding the Hungry Fund** to used to reimburse the person who buys the supplies.

Rabbi Shifrah

רב שפרה

OFFICE HOURS: Rabbi Shifrah's regular office hours are from 2-6 p.m. on Wednesday and Thursday. Congregants can also contact the rabbi directly if they'd like to schedule an appointment, either during regular hours or at another time (such as weekday evenings or Sundays). Contact rabbishifrah@tikkunvor.org or call/text 607-229-6747. R. Shifrah is generally not available on Monday and Tuesday, except in the case of an emergency.

Bereavement Support Group

If you are in need of planning or support, please reach out:

Email the Bereavement Support Group at: BereavementSupport@tikkunvor.org. This email includes Rabbi Shifrah and Naomi Wilensky as well as other members of the Bereavement Support Group. You can also email Rabbi Shifrah directly at: rabbishifrah@tikkunvor.org.

If you prefer to not use email, please call Rabbi Shifrah or a member of the group:

- Rabbi Shifrah cell: 607-229-6747; TvO office: 607-256-1471.

More information is also available on our [website](#).

Donors

צדקה

Many thanks to our recent donors:

General Fund
Bridget Meeds

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Roberta Wallitt
Holly Hutchinson
Susan Fast
Rachael & Elan Shapiro

Joel & Joan Abrams
Ira Kamp & Marne O'Shae
Shawn Murphy

And:
A group of anonymous donors providing matching gifts
Miranda Phillips & Bobby Kleinberg, *towards a new sound system*

Thanks to the [IAUJC](#) (Ithaca Area United Jewish Community) for grants benefitting education, especially the scholarship fund.

Mark your calendars, and check your emails for details:

Sunday, September 11, 12 - 2 pm Welcoming Gathering at TvO for new and prospective members. For more information contact Lois Levitan, loislevitan@gmail.com.

Sunday, September 11, 5-7 pm Consecration ceremony

at [Greensprings Cemetery](#), 293 Irish Settlement Rd., Newfield

Led by Rabbi Shifrah and Lauren Korfine

TvO has now secured two adjacent sections at Greensprings Natural Cemetery for burials of members and their families. It's customary in Jewish tradition to consecrate cemetery areas by reciting or singing special blessings and psalms while circumnavigating the site. In this way we clarify our community's *kavannah* (sacred intention) to honor the dead (*kavod ha-meitim*) and comfort the mourners (*nichum ha-aveilim*.) As we engage in this ritual, we'll also have the opportunity to honor the sanctity of all life, as represented by the 120 acres of meadowland habitat and 10 acres of woodland preserved by Greensprings. We're delighted that Greensprings' manager Michelle Menter will be joining us as well. All are welcome.

To RSVP, contact Martha.j.armstrong@gmail.com

Thursday, September 22, 6-8 pm Brews for Jews

[Liquid State Beer Hall](#), 620 W. Green St, Ithaca

Purely social, this is an event for people who appreciate beer and people who appreciate people who like beer. We will gather, drink beer (and other liquids also available in premises, and chat. Food available from [Silo Food Truck](#). Contact Alita with any questions at alitaoward@gmail.com No RSVP necessary!



Saturday, October 15 Havdalah in the Sukkah at TvO

Join Miranda for music and havdalah under the stars!



Sunday, October 30 and November 6 at TvO

Faith Rogow will offer a two-part Jewish Learning Program, "The Continuing Challenges of Modern Jewish Feminism: Balancing Continuity, Authenticity, and Legacies." Faith has a PhD in Jewish and Women's Studies and lived through some of the history she will be sharing.

Saturday, November 19, 3:30-5 pm Small Sparks: What Gives? with Miranda Phillips

It's a Jewish tradition to give – to friends and family, and to people in need. It reminds us how many ways there are to give. We'll reflect: How do you like to give? What's meaningful to you about the ways you give? Are there simple ways you could tie your giving to your Jewish life to make one or the other even more meaningful? We'll also explore resources and challenges around giving.

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Congregational Leadership

מנהיגות

Rabbi	Shifrah Tobacman	607-229-6747 cell	rabbishifrah@tikkunvor.org
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	Shane (Catherine) Shine	828-252-7775	shaneshine59@gmail.com
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Jewish Education Committee	<i>open</i>		
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Racial Justice Committee (Jewish Confronting White Supremacy)			
	Michael Margolin	518-755-5931	michael.j.margolin5@gmail.com
Program Committee	<i>open</i>		
Welcoming Committee			
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	Jennifer Kagan	315-415 1932	jkagan@twcny.rr.com

The TvO newsletter is now published quarterly, providing a preview of upcoming events, information from TvO committees, and thanking all those who have been involved in the community.

More time-sensitive details will be provided through:

- Weekly enews. contact info@tikkunvor.org to be added to the list
- TvO members' listserv listserv-moderator@tikkunvor.org
- TvO website www.tikkunvor.org
- TvO website section for members' only. Contact
- TvO [Facebook page](#)

Congregation Tikkun v'Or
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**Tikkun v'Or Welcomes
Interfaith Families!**

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