



# Congregation Tikkun v'Or

Ithaca Reform Temple  
Spirit • Community • Justice

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Issue 233: Spring 2023

5783 כסלו טבת שבט

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***Rabbi Shifrah Tobacman***

**דברי הרבא**

Dear TvO Community,

As I begin writing this message, snow flurries are falling and drifting like confetti amidst the silhouetted trees outside my window. And although we're in central New York, and Jewish tradition was born in a very different climate, I'm reminded of how Judaism turns our attention to the seasons.

Jewish practice includes a prayer for rain in the winter, because that's what our ancestors needed for crops to grow and life to be sustained in this season. During the Amidah prayers we refer to God as "*mashiv ha-ruach u-morid ha-gashem* — that which causes the winds to blow and the rains to fall." Our ancestors prayed in this way because they couldn't always depend on that rain to come.

So for what are we praying here in the cold winter of Ithaca, or Syracuse, or in whatever place we find ourselves? How do we find inspiration for *tikkun ha-nefesh* (healing of the self, of the spirit), and *tikkun olam* (healing of the world)? How can we sustain ourselves, and thrive, in an uncertain world?

Perhaps the answer is partially in winter itself. Winter is a time for garlic bulbs to lie dormant beneath the ground, and for fish to sleep beneath the frozen surface. The Talmud says sleep is one sixtieth of death, but this idea isn't about dying. It's about about regeneration. Sleep is about our systems slowing down enough to regenerate, to be re-enlivened. It's a time when life slows down in our gardens and in the fields, and despite the ongoing busy-ness of many of our lives, winter weather may slow us down as well. And in that slowness, that relative stillness, new life, new dreams, can germinate. Take time to enjoy the stillness of a new snow, or a cozy night under the covers. Ask yourself for what you are longing, and share your longings with a friend or confidant. All your problems may not be resolved. But new ideas or insights might make themselves known, might come to your awareness so you know where to look as they grow toward the surface, as they become clearer.

Winter is also a time for snow and "Ithacation." A time when we bundle up against the cold to go about our daily lives, and take out our warmer bed linens. And it's a time when the warmth of friends and community can be especially helpful. Call a friend or family member to chat, spend some time together. Join us at TvO as we engage in our Climate Justice Initiative (check out the community gatherings on December 4 and February 5, described in this newsletter). Feed your soul at a Shabbat service, Small Sparks program, or educational program.

And if you're looking for a little extra spiritual fuel for your journey through winter, try saying this daily blessing from the same part of the Amidah in which the prayer for rain is found:

*Baruch atah Adonai (YaH, HaVaYaH, Shekhinah ...),  
Blessed are You, Source of Life,  
M'chayeih ha-kol  
that which gives life to all.*

***Shabbat and Holidays***

שבת וחגים

Check your weekly TvO email for more details on all services. If there is a Zoom link in the email, the service is on Zoom. If there is a Zoom link *and* a sign-up for in-person attendance, it is a hybrid program. Contact [info@tikkunvor.org](mailto:info@tikkunvor.org) to be added to the email list. The schedules are also updated regularly on the TvO Facebook page and website, [www.tikkunvor.org](http://www.tikkunvor.org). Please note that for the next few months, Friday evening services will begin at 7 p.m.

Friday, December 2, 7:00 pm	Kabbalat Shabbat	Barbara Regenspan and Beth Cohen
Friday, December 9, 7:00 pm	Kabbalat Shabbat	Kitah Vav/Zayin (6th and 7th grade) with Michael Margolin and Kenny Berkowitz
Saturday, December 10, 10 am	Shabbat morning	Rabbi Shifrah
Friday, December 16, 7:00 pm	Kabbalat Shabbat	Peter Silberman and Chris Xenakis
Friday, December 23, 7:00 pm	Kabbalat Shabbat	Rabbi Shifrah
<i>No services December 30</i>		
Friday, January 7, 7:00 pm	Kabbalat Shabbat	<i>Leader TBA</i>
Friday, January 13, 7:30 pm	Kabbalat Shabbat	<i>Leader TBA</i>
Saturday, January 14, 10 am	Shabbat morning	Rabbi Shifrah
Friday, January 20, 7:00 pm	Kabbalat Shabbat	Rabbi Shifrah <i>*see next page</i>
Friday, January 27, 7:00 pm	Kabbalat Shabbat	<i>Leader TBA</i>
Friday, February 3, 7:00 pm	Kabbalat Shabbat	Rabbi Shifrah
Saturday, February 4, 10 am	Shabbat morning	Rabbi Shifrah
Friday, February 10, 7:00 pm	Kabbalat Shabbat	<i>Leader TBA</i>
Friday, February 17, 7:00 pm	Kabbalat Shabbat	Rabbi Shifrah and Michael Margolin with Mona Kallander
Saturday, February 18, 10 am	Shabbat morning	Rabbi Shifrah and Michael Margolin with bat mitzvah Mona Kallander
Friday, February 24, 7:00 pm	Kabbalat Shabbat	<i>Leader TBA</i>

***Torah Study***

תורה

Join Carol Shama in looking at the weekly *parasha* (Torah portion), comparing translations and sharing our own responses and commentaries. No Hebrew or prior Torah study required. All are welcome to join in person at TvO.

Saturdays at 11 am: December 3, January 7, and February 11.

**Contemplative Morning Services: Tuesdays from 8:30-9:30 a.m.**

This weekly morning service, alive with music, poetry, prayer, quiet contemplation and a sense of community, has become a weekly anchor for many of us in these uncertain times.

Led by Lauren Korfine, Diana Levy, and Judy Saul. All are welcome!

Check your TvO weekly email or contact [info@tikkunvor.org](mailto:info@tikkunvor.org) for the Zoom link.

## ***Extra-Musical Kab Shab: Friday, January 20, 7 pm***

Parshah: Va'era: An extra-musical Kabbalat Shabbat (welcoming of Shabbat) with Lauren Korfine, Miranda Phillips, Jennie Lavine, and Rabbi Shifrah. Lots of music, and a brief juicy dvar about Yocheved, the inspiring mother of Miriam, Aaron, and Moses. Watch your email for more information and the Zoom link if you cannot attend in-person.



### **SEEKING ZOOM ANGELS**

Do you like to attend Shabbat services online but would like to find a way to help out? Have you become a Zoom expert (or even just have a basic understanding of how it works)? If so, the Avodah Committee would like to talk to you about joining the cadre of Zoom angels – those who are the official online hosts for a service.

Complete instructions/training available; you really don't have to know how to do it already!

Contact [info@tikkunvor.org](mailto:info@tikkunvor.org) for more information and to volunteer.

*You are invited to celebrate with us as  
Mona Kallander  
is called to the Torah  
And takes on Jewish responsibilities as a b'mitzvah  
Saturday, February 18, 2023 at 10 a.m.*

*Amy Aisen Kallander and George Kallander*

**Current guidelines  
for all b'mitzvah services at TvO:**  
ask for only invited guests to be in-  
person, with all others welcome to join  
on Zoom  
Please join us in celebrating  
with our young Jewish scholars!  
Links will be in the e-news  
close to each service.

## **Chanukah Celebrations: Sunday, December 18**

### **FIRST NIGHT OF CHANUKAH: Sunday, December 18, 5:30 – 6 p.m. (online only)**

Grab your menorah and two candles, and join online for a communal first night candle-lighting with Rabbi Shifrah! Bring your favorite Chanukah song to share, or sing along with others, all from the comfort of home.

### **SIXTH NIGHT OF CHANUKAH: Friday, December 23**

**Candle-lighting and BYO dinner, 6-7 p.m. (in person at TvO only)**

**Kabbalat Shabbat, 7-8:30 p.m. (in person and online) with Rabbi Shifrah**

Welcome Shabbat with joyful song, prayer, community, and celebration as we enjoy the glow of the Chanukah lights.

Zoom links will be in an upcoming email or contact [info@tikkunvor.org](mailto:info@tikkunvor.org)



### **CHANUKAH RESOURCES**

Union for Reform Judaism: <https://urj.org/jewish-holidays/hanukkah>

Reconstructing Judaism: <https://tinyurl.com/42sz765c>

18 Doors (Interfaith Families): <https://18doors.org/18doors-guide-to-hanukkah/>

PJ Library: <https://pjlibrary.org/hanukkah>

## **Jewish Learning Program: Sunday, January 22, 3-5 p.m.**

### ***What's A Nice Jewish Girl Like You Doing In A Place Like This? Jews, Prison and Spirituality***

For the last twenty-eight years Elaine Leeder has been working in prisons, first at Elmira Correctional Facility, then San Quentin, and now in prisons all over the state of California. Her teaching, then running self-help groups and now doing Victim/Offender Dialogues, has shown her that there is redemption, remorse and contrition behind the walls. People can be transformed even in the most oppressive of circumstances.

Leeder will discuss the Jewish values like Teshuvah, Chesed and Tikkun Olam that deeply inform her work. She will describe the forgiveness she sees in victims (or victims' families) for some of the most horrendous of crimes like murder, kidnapping, rape and robbery. Her presentation will focus on real situations that will inspire and touch you and you in profound ways. Her own growth has been deeply informed by these powerful stories.

## **Adult Education with Rabbi Shifrah: How Many Names Are There?**

### **A Conversation about What We Believe, What We Call God, and How We Decide**

**Wednesday, January 25, 7-8:30 p.m. On Zoom only**

Judaism has many names for God. Traditionally, Adonai and Elohim are the most frequently used names in prayer. But God is also known by El Shaddai, Shekhinah, Havayah, YaH, Yod-Hei-Vav\_Hei, HaMakom, Ruach Kol Chai, El, Ha-Rachaman, and many other names. In Kabbalah, there are at least 72 mystical names for God. In Islam, people speak of there being 99 names for God, many of which are quite similar to Names used in Judaism. How do you like to think of God, and what name or names do you like to use? Why does that resonate with you? What's it like for you when you're praying in a service, and a different name is used from the one you expect, prefer, or are accustomed to? Let's talk about it!

Contact [info@tikkunvor.org](mailto:info@tikkunvor.org) or check your email for the Zoom link

## **Feeding the Hungry: Machil Re'avim**

**מאכיל רעבים**

Tikkun v'Or helps St. John's Community Services provide meals to those who need, by making 60 lunches for the 4th Thursday of each month.

September lunch providers: Wilensky Family

October: Robin and Ed Dubovi, and Harriet London

November: Melissa, Peter, Louis, and Sonia Enns

If you would like to help please contact Dorothy Debbie at [dorothynotwork@gmail.com](mailto:dorothynotwork@gmail.com) or 272-3893. For those of you who would like to help out but can't make the lunches, you can still contribute financially by donating to the **TvO Feeding the Hungry Fund** to used to reimburse the person who buys the supplies.

## Jewish Learning Experiences

בית ספר תיקון ואור

**Jewish Learning Experiences at TvO** has been so busy! We started off with High Holiday youth services, building and decorating the Sukkah, and then celebrating Simchat Torah and all our new students. We then learned Israeli dancing with Nomi Talmi, celebrated the ancient Ethiopian Jewish holiday of Sigd, and pretended we were at a Jewish overnight camp, with “A Day at Camp” with Temple Beth-El. Want to know more about Jewish summer camp? Contact [naomi.wilensky@tikkunvor.org](mailto:naomi.wilensky@tikkunvor.org)

Games we are playing for chugim (electives) include Jewish Jenga (say the Hebrew number on the block when you take it off the tower), Jewish Jump Rope (with Hebrew rhymes), and Jewish Jigsaw Puzzles.

Coming up this month, we’ll be talking with author Dori Weinstein, playing music with klezmer musician Jennie Lavine, and celebrating Chanukah.

**Kitah Bet/Gimel** כיתה ב/ג (grades 2/3) students celebrate Shabbat every week. They’ve made kiddush cups, candleholders, and challah covers as they learn the brachot (blessings).

**Kitah Daled/Hey** כיתה ד/ה (grades 4/5) students and Morah Chavah (Miranda) led a rousing Shabbat service in November. They have been learning about Jewish communities around the world. They like to sing *Hinei Ma Tov* in the tune used by the Ugandan Abuyadaya community, and a Columbian tune for *Adon Olam*.

The **Kitah Vav/Zayin** כיתה ו/ז (grades 6/7) class is leading services on Friday, December 9 and on Saturday, February 4. Bnai mitzvah families should also note that there is a family meeting on Sunday, January 22 after JLE

Vav/Zayin students study the weekly parasha, including the tests of Abraham, the life and death of Sarah, and the ladder in the dreams of Jacob. Games (a term used loosely, as these are completely creatively invented ways of reinforcing ideas while having kids run around with some direction!) have included Glissando, a musical variant of Tug of War (in honor of violinist Itzhak Perlman) and Dance of Death, with respect to ethnographer Shloyme Rappoport (S. Ansky) and stories of the dybbuk.

In the midweek class, they’ve been talking about the midterms elections, climate change, and issues that are most important to them. They are working diligently (mostly in chavruta / pairs and small groups) on reading and understanding prayers they will be leading in their upcoming class service.

### ITHACA NO’AR

No’ar means teenager in Hebrew, and this program is open to all Jewishly-identified teens in Ithaca (regardless of affiliation or prior involvement). Ithaca No’ar has been crafted with teen input and the educational leadership of both Tikkun v’Or and Temple Beth-El. Contact [naomi.wilensky@tikkunvor.org](mailto:naomi.wilensky@tikkunvor.org) for enrollment information.



## ***TvO's Climate Justice Initiative***

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### ***B'YACHAD: TOGETHER***

Two special events to launch TvO's Climate Justice Initiative

**Sunday, December 4, 3-5 p.m.** (At TvO and online)

**Sunday February 5** Tu-B'shevat (details TBA)

*We know, we feel, we are living with* the environmental, climate, social, and political challenges of these times, and we don't always know the best way to effectively, courageously and lovingly address these long term and urgent needs. But we do know bold action is needed now and into the future, for our sake, the sake of future generations, and all who live on our beloved planet. The good news is that we can address these challenges together.

This year TvO is launching a Climate Justice Initiative. spearheaded by our newly formed Climate Justice Council. Our intention is to lift up, integrate, and advance the values of climate justice in various aspects of our personal and congregational lives.

Congregational priorities include:

- how we make purchasing decisions;
- how we care for and partner with "our" land in regenerative ways;
- incorporating climate justice themes into JLE and bnei mitzva curricula;
- incorporating climate justice themes into Shabbat services, holiday celebrations, adult education, and other community events;
- working in coalition with local and/or national groups to promote efforts toward climate justice.

We have formed a Climate Justice Council to help steer this effort, and we will be having two special gatherings this winter so the community can identify how to proceed in ways that are effective and inspiring - making the most of the whole community's talents.

Participation has a way of sustaining and replenishing us as individuals and a community. Our kavanna (sacred intention) is to move in ways that are meaningful and impactful, with as many of us as possible bringing our unique interests, skills, and energy to the process.

Anne Rhodes, a longtime friend of TvO and outreach and education coordinator on sustainability with the Cornell Cooperative Extension, will join us for two special sessions on Sunday, December 4, from 3-5 p.m., and Sunday February 5 for the holiday of Tu B-shevat. We'll envision possibilities, learn about options, and figure out ways we can move forward.

*B'yachad, together.*

In Community,

Rabbi Shifrah

Sue Merkel and Laurie Willick (Co-Presidents, on behalf of the Board)

Members of the Climate Justice Council:

Sherry Altman

Ruth Atkin

Carolina Cositore

Will Fudeman

Omega Hollies

Holly Hutchinson

Lois Levitan

Shane

Elan Shapiro

## ***Presidents' Words***

דברי הנשיא

Dear TvO Members and Friends,

As we settle into our roles as Co-Presidents, we find ourselves, as members, feeling an abundance of gratitude for the Tikkun v'Or community, but in our leadership roles, we are specifically thankful for those who helped to create TvO and for those who work tirelessly to keep it running.

It's been a busy several months since our tenure began. Shabbat in the Park was fun and well attended. Our high holiday services were inspiring and warm with a wonderful mix of voices and perspectives. Our students are engaged in learning and creative activities, and we are excited that 10 of them will celebrate their B'Mitzvahs this year! Tikkun v'Or was also able to consecrate our land at Greensprings Cemetery, in a particularly moving ceremony; we have already sold out our first round of plots (we've arranged for more to be available!). And we also want to thank those in the congregation who have made a point of assisting sick members in need of support and love.

As all of this unfolds, we are struck by how it truly takes a village to keep TvO running. While TvO does have paid employees who work really, really hard, the nature of a community-based congregation is that so much of what happens for our community is created and implemented by our community. Our most sincere thanks to all our committee members and volunteers who have helped us welcome new members, lead services and programs, lead us in song, celebrate and grieve with us, take care of our building.

We are thrilled at this point to move into a phase of more interaction and socialization. We now have more in-person services, more programs, more people in the building. And while this means celebrating more as a community, it also means we need more volunteers to join work groups and to help with events. Through the liaisons, we will be asking for your help in lightening the load. Whether you join a committee or workgroup, volunteer to help clean up after a service, or do Zoom tech support for a service, no matter how much or little time you have to spare, we hope that everyone will give of their time.

We also need those who are able to donate money. Our founders and past presidents created a warm and welcoming community. They picked a magical spot for our building, with views that rival the best in Ithaca. They built an open space for us to gather, to celebrate, and to learn together. And honestly, that space is in need of repair. In the near future, we will be replacing the worn and stained carpeting, fixing the leaks in the roof, and repairing and repainting the exterior. Our Torah is also in need of repair.

This is hard for us to ask. It always feels awkward to talk bluntly about money, but we are committed to doing so, because the more everybody understands exactly what expenses TvO has, the more our community will understand the actual cost of failing to support something so valuable. We ask that you take these needs into consideration as you pay dues (if you have not already done so) and as you donate.

As Co-Presidents, we understand what a gift it is to be part of this amazing TvO community, with all its complexity, beauty, and joy. Our founders saw what could be possible and together, over the years, we built something truly special. We hope that, as a community, we can honor that gift, build upon it, and pass it on to those who have yet to walk through our doors.

As the days get darker and colder, we hope that you all find warmth and light.

Warmly,

Laurie and Sue

## **Volunteer in the Community**

**Ithaca for Ukrainian Refugees Welcome Circle** is a group of residents of Ithaca, New York who are participating in the U.S. Government's United for Ukraine program in conjunction with HIAS (Hebrew Immigrant Aid Society), providing support for Ukrainians fleeing the war and helping them to make a new home in Ithaca. We are raising funds to support families and help get them settled. Our commitment will last at least six months and up to two years. We have been matched with a young Ukrainian mother and her three little boys, who are presently living in a single room in Warsaw, Poland. We have filed paperwork with the U.S. Customs and Immigration Services to be the sponsor of this family and the family has received authorization to travel to Ithaca. We are presently obtaining housing and furnishings and preparing to welcome them here sometime after Thanksgiving.

The family will need medical services, food, English language training, government benefits, friendship, socializing with other Ukrainians, in addition to lodging and transportation to the U.S.

All contributions are tax deductible and will be used in full to support the family. Find out more at <https://sites.google.com/view/ithacacares/home>

### **LOAVES & FISHES OF TOMPKINS COUNTY SEEKING VOLUNTEERS**

During these times, it has been more challenging to fill our volunteer schedule. Please consider joining our Amazing Volunteer Team!

Volunteer Shifts Available:

Monday, Wednesday & Friday: 9 – 11:30 a.m. or 11:30 a.m. – 2 p.m.

Tuesday & Thursday: 2:30 - 5 p.m. or 5 – 7:30 p.m.

Covid Safety Protocols Observed

For more information, please email: [info@loaves.org](mailto:info@loaves.org) or visit [loaves.org](http://loaves.org)

## **Many Thanks**

רב תודה

Thanks to:

*Recent Shabbat leaders:* Rabbi Shifrah Tobacman, Anne Brous, Annie Wexler and Tony Gaenslen, Peter Silberman and Jen Kagan, Miranda Phillips, Lauren Korfine, Jennie Lavine, and the students of kitah dalet/hey (4th and 5th grade);

*Recent Zoom angels:* Peter Silberman, Beth Cohen, Abby Thomas, Miranda Phillips, Naomi Wilensky;

Lauren Korfine and Marne Oshae for adding music to so many of our services;

Miranda Phillips for leading a Small Sparks program on giving;

Martha Armstrong, Jeff Bercuvitz, and Shane Shine for leading a Small Sparks program to help us imagine sustainable and creative uses of the TvO spaces.

It seems to have been a long time ago, but we want to again acknowledge all those who helped during the High Holidays: <https://tinyurl.com/42dzaf52>

## ***Tribute Cards***

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Tributes cards have been sent:

- In honor of Julia's bat mitzvah, to Julia Kleinberg & the whole Philips-Kleinberg family  
From Suzanne Aigen
- In memory of Howard, to Harriet London  
From Annie Wexler and Tony Gaenslen  
From Suzanne Aigen
- To Miranda Phillips  
In appreciation of the work of the High Holidays Committee, from the Gozan-Keck family  
In appreciation of her hours and hours of volunteer work organizing for HHD services, from  
Joe Yavitt and Sue Merkel
- To Lauren Korfine in appreciation of her leadership guiding so magnificently though YK services,  
From Joe Yavitt and Sue Merkel  
From the Gozen-Keck family
- To Naomi Wilensky and family, in memory of her brother Adam  
From Suzanne Aigen  
From the Willick / Zentner Family  
From Beth Cohen  
From Annie Wexler and Tony Gaenslen

*Tribute cards are an easy way to acknowledge lifecycle events (simchas, yahrzeits, memorials, expressions of appreciation and thanks), while reinforcing our community connections, and supporting our financial needs.*

*Each card sent is a donation to our synagogue. For more information, contact Sherry Burford at <[sherry@tikkunvor.org](mailto:sherry@tikkunvor.org)> or at (607) 319-4982.*

## ***Condolences***

**תנחומים**

Tikkun v'Or sends our condolences to Harriet London and family. Howard London, beloved husband of Harriet London, passed away on Friday, September 23, 2022. Howard was the father of Sarah Pangburn and Josh London, father-in-law of Brett Pangburn and Jennifer London and grandfather of Annabelle Pangburn, Nate London and Nick London. He was well loved and will be missed forever.

TvO sends condolences to Naomi Wilensky on the death of her brother, Adam Joshua Pine, (Avraham Yehoshua ben Henach Shalom v'Sarah Chanah). He was a guitar player/teacher with unfulfilled dreams of being a rock star, an uncle who gave unusual but useful Chanukah presents, and a loyal friend to many. He loved cats and dogs and '70s cartoons. He was especially grateful for the extra years he lived after a heart attack and surgery in 2016, and used that time to get closer to family and friends.

May their memories be a blessing.

## ***Bereavement Support Group***

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If you are in need of planning or support, please reach out:

Email the Bereavement Support Group at: [BereavementSupport@tikkunvor.org](mailto:BereavementSupport@tikkunvor.org). This email includes Rabbi Shifrah and Naomi Wilensky as well as other members of the Bereavement Support Group. You can also email Rabbi Shifrah directly at: [rabbishifrah@tikkunvor.org](mailto:rabbishifrah@tikkunvor.org).

If you prefer to not use email, please call Rabbi Shifrah or a member of the group:

- Rabbi Shifrah cell: 607-229-6747; TvO office: 607-256-1471.

More information is also available on our [website](#).

## ***Donors***

תודה

### ***Many thanks to our recent donors:***

#### *Building Fund:*

Patricia and Robert Libby

#### *High Holidays:*

The Gordan Family

Vally Kovary

Debra Bercuvitz

Robyn Bem

Hanna Tulis

Richard Rubin

Jeremy Eule

Max Shron

Stacia Zabusky

Mark & Judith Bercuvitz

Mitchell Grossman

Beth McKinney

Rebecca Lowenstein-Harting

Diane Swords

Glasberg Behavioral Consulting Services, for the welcome to Rosh Hashanah services

Ann Wexler & Tony Gaenslen, in honor of Lauren Korfine, Michael Margolin and Azemeira

Eric & Kathryn Maroney, with thanks for joyful and Neshama filled services

Carole Resnick & Debra Gertz, in gratitude for the congregation and for the New Year

Laurence Willick, inspired by the Rosh Hashanah speech by Laurie Willick

Sue Loewenstein & Ernst Harting, with thanks for being able to join remotely

Judy Saul & Regi Teasley, with special thanks to Lauren Korfine for her leadership of the Yom Kippur services

Yochanan & Dina Kushnir, in appreciation for being able to participate in our Rosh Hashanah services with their granddaughter, Maya

Pamela Frank, with appreciation for being able to share the Rosh Hashanah services on Zoom, with her daughter, Abby Thomas, and for the Yom Kippur services

#### *Yizkor Donations:*

Corinne Stern

Marc & Gretchen Barr

Janie Carasik

Peter & Sherry Burford

Julia Bentley-Macdonald, In memory of her dear daughter, Karen Boxenhorn

#### *General Fund*

Bridget Meeds

Deborah Miller, in memory of Howard London

Harriet London, with gratitude

#### *Nediv Lev*

Richard & Lise Rosenfield

#### *Audio Equipment Fund*

Carol Chernikoff, in honor of Lauren Korfine for the new sound system

Thanks to the [IAUJC](#) (Ithaca Area United Jewish Community) for continued support to our Jewish Learning Experiences program.



**Ithaca Area United Jewish Community**  
 in cooperation with the Jewish Federation of Binghamton  
 will hold a virtual showing of the documentary film "The Automat"

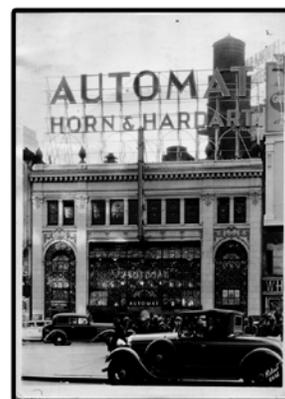
Registration is required prior to Wednesday, December 7  
 A 72-hour link will be distributed to registrants in the afternoon of Thursday, December 8.  
 A discussion with the film's director and producer, Lisa Hurwitz,  
 will take place on Zoom on

**Sunday, December 11, at 5:30 pm**

Registration is free, but donations are welcome. Go to [www.jfjb.org](http://www.jfjb.org) or  
<https://events.idonate.com/theautomat> to register.

**Elissa Sampson, Visiting Scholar in Cornell's Jewish Studies program, and urban geographer, will moderate the discussion**

"The Automat" tells the history of the restaurant chain Horn and Hardart, which served food to millions of New Yorkers and Philadelphians for more than a century. Found by Joseph Horn and Frank Hardart in 1888, it was said to have revolutionized the nation's restaurant scene "with comfortable interiors, quality food and state of the art technology for the early 20th century. The chain welcomed those who had been ignored, including immigrants, the working-class, Blacks and women, all of whom were often not welcome in restaurants."





The Ithaca Area United Jewish Community wishes you a  
***Happy and Healthy New Year!***

The activities of our board and committees have continued through spring, summer and fall of 2022:

- The Holocaust Education Speakers Bureau engaged with 4 local school districts, engaging approximately 500 students. We thank Celia Clement, Gale Halpern and Roald Hoffmann for meeting with the students and informing them of family experiences during the Holocaust.
- The IAUJC Campership Committee awarded financial assistance to the families of 6 children, making it possible for them to enjoy time at a Jewish summer camp. The camperships totaled \$10,200. These funds came from direct donations as well as the Ascher Endowment.
- The PJ Library has been active throughout the year. We distributed Purim gift bags in the spring, and then organized two in-person events in local parks. One event in July, celebrated the monthly holiday of Rosh Chodesh. Our event in October, celebrated the high holidays and Simchat Torah in particular.

IAUJC is dedicated to supporting vibrant Jewish life here in Ithaca as well as helping Jews globally and supporting Israel. At this time, donations to our Local Fund, in support of our local Jewish organizations would be most welcome, so that we can continue to provide the same level of support as in previous years.



# Horizons

## CAREER COACHING

for college students, young professionals,  
and career transitioners

**Sherry Burford, M.S., C.P.R.W.**  
607.319.4982 sherry@horizonscareercoaching.com

[www.horizonscareercoaching.com](http://www.horizonscareercoaching.com)



**B. Beth Cohen, Ph.D.**  
Licensed Psychologist  
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## ***Welcoming Committee***

ועד החברות

Welcome to all our newest members:

Gili Chupak and Cindy Katz, Aya and Noga  
Gavin Sacks and Amanda Garris and Channi  
Ava Mailloux  
Stephen and Carole Shulman  
Carolina Sitrin

We love to welcome and get to know our new members. For more information contact Lois Levitan, [loislevitan@gmail.com](mailto:loislevitan@gmail.com).

## ***Contact Us***

Tikkun v'Or Office: 607-256-1471 office [info@tikkunvor.org](mailto:info@tikkunvor.org)

Rabbi Shifrah Tobacman 607-229-6747 cell [rabbishifrah@tikkunvor.org](mailto:rabbishifrah@tikkunvor.org)  
Administrative Coordinator & JLE Director Naomi Wilensky [naomi.wilensky@tikkunvor.org](mailto:naomi.wilensky@tikkunvor.org)  
Bookkeeper Sally Ezra [sally.ezra@tikkunvor.org](mailto:sally.ezra@tikkunvor.org)  
Presidents Laurie Willick and Sue Merkel [presidents\\_22@tikkunvor.org](mailto:presidents_22@tikkunvor.org)

*Contact information for other board members and committee chairs can now be found on the TvO members-only section of the website. If you are a member and do not yet have the password for this section, contact [info@tikkunvor.org](mailto:info@tikkunvor.org)*

## ***Rabbi Shifrah***

רב שפרה

**OFFICE HOURS:** Rabbi Shifrah's regular office hours are from 2-6 p.m. on Wednesday and Thursday. Congregants can also contact the rabbi directly if they'd like to schedule an appointment, either during regular hours or at another time (such as weekday evenings or Sundays). Contact [rabbishifrah@tikkunvor.org](mailto:rabbishifrah@tikkunvor.org) or call/text 607-229-6747. R. Shifrah is generally not available on Monday and Tuesday, except in the case of an emergency.

The TvO newsletter is now published quarterly, providing a preview of upcoming events, information from TvO committees, and thanking all those who have been involved in the community.

More time-sensitive details will be provided through:

- Weekly enews. contact [info@tikkunvor.org](mailto:info@tikkunvor.org) to be added to the list
- TvO members' listserv [listserv-moderator@tikkunvor.org](mailto:listserv-moderator@tikkunvor.org)
- TvO website [www.tikkunvor.org](http://www.tikkunvor.org)
- TvO website section for members' only. Contact [info@tikkunvor.org](mailto:info@tikkunvor.org)
- TvO [Facebook page](#)

Congregation Tikkun v'Or  
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**Tikkun v'Or Welcomes  
Interfaith Families!**

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